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Click “Make a Copy”.

Then change the Title of YOUR Copy in the upper left corner to:
“{Your Name} Portal 6: Unleash Your Creative Muse Play Sheet”.

Go through the playsheet, completing each practice.

Click the checkbox once you have completed each practice.

Go to the SHARE button in the upper right corner,

Click “Anyone with the link”,

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Go to our [FB Group](#) and share your link,

With a comment on how these practices worked for you,
what came up for you, any challenges you faced, any breakthroughs that you had.

- 1- Co-Create commUNITY**
- 2- The Sacred Ceremonial Creatrix Template**
- 3 - Abundance Codes Activation**
- 4- The Radical Truth Teller**





Co-Create commUNITY

After reading the manual pages for this section,
please answer the following journal prompts in the manual
AND the ones below.

- 1. What is my vision for the community I want to create?**
- 2. What values are important to me, and how can they be reflected in the community's culture?**
- 3. What inspired me to take the initiative to build a community?**
- 4. How do I want members of the community to feel when they are a part of it?**
- 5. What unique strengths and skills do I bring to the community leadership role?**





6. What challenges or fears do I anticipate in creating this community, and how can I overcome them?

7. What type of support do I need to make this community thrive, and how can I seek it?

8. What kind of activities or gatherings do I envision for the community to foster connection?

9. Who are the potential members of this community, and what might they be seeking?

10. How can I create an inclusive space that welcomes diverse perspectives and backgrounds?





11. What rituals or traditions would add meaning and continuity to the community experience?

12. How can I balance structure and flexibility to meet the evolving needs of the community?

13. What will success look like for me in building and sustaining this community?

14. How do I plan to handle challenges or conflicts within the community in a constructive way?

What self-care practices will I prioritize to ensure I am nurturing myself while nurturing the community?





The Ceremonial Creatrix Template

Have you ever wondered about the special ingredients needed to create a sacred container? What does it take to create a sacred space for all participants to feel welcomed and at home?

How can you create a sacred ceremonial container that attendees inJOY and receive the benefits intended by the ritual or ceremony?

After 30+ years of creating gatherings, events and ceremonies, I have gained a lot of insights into the key ingredients of creating a sacred ceremonial container.

LET US BEGIN...

1: Creating the foundation for a powerful sacred ceremony container:

A- Set your intention: What do you want to create? What are you celebrating or what energy are you working with? Full Moon, New Moon, Solstice, Equinox, Birthday, A Rite of Passage, BlessingWay, a Memorial or Celebration of Life, etc.

Be clear on what the ceremony is for and the intentions you have for it.





B- Visualize the sacred container: What does it look like? What does it feel like?

Where will it be? Who do you want there? What are the results you would like to see the participants receive?

C- Discover what the container is for: Is it for personal healing? Collective? Both?

Are you raising awareness for a particular 'cause'?

D- Create your invitation: What is the look and feel of the offering? Create images that activate something within the hearts of your community members.

E- Invite others into action: Write your initial invitation. Who is this for? Why do they want to be involved? What might they receive from being involved? How can they be involved in this co-creation?

F- Follow up with your invitations: Who is going to be your co-creators? Who is going to simply participate? Assemble your dream team and put out your call to action.

G- Receive “Feed Forward” to modify your call to action so that your invitation truly speaks to those you are calling into the container.

H- Edit your invitation and BIRTH it into existence. Send it out and Share it with others.





2- Creating the Sacred Ceremonial Container:

A- Setting Sacred Space: Go to the location of the sacred container (in person or virtual), set up the 'space'. Is it a circle? Cushions on the ground? Decorate it for the vibration you intend to create.

B- Dress with intention: Determine what is going to help you and your guests feel uplifted, empowered and comfortable. Invite yourself and your participants to wear something appropriate for the ceremony.

Do you want everyone to wear white during a full moon ceremony? Or all red during a Moon Cycle Rite of Passage for a young woman?

Perhaps that is a 'power piece' of jewelry or headdress that you feel called to wear, that would help you feel a certain way or carry a certain energy

C- Build the Altar: You can do this personally or make it a collective collaboration. Include sacred items that will assist in amplifying the energy of the space.

Include flowers, fruit, crystals, statues, photos, etc. Invite others to share their items. For example: At 11.11 we invited folks to write out their 'gratitude' to hang in the 'gratitude tree' on the land. The intention is to have a place of gratitude on the property, where people can come a revisit what they were grateful for and add more gratitude during each visit.



D- Begin to Create the Container: This can be done before the group arrives, as they arrive or after they arrive, or all three.

Cook the food, if there is a planned shared meal. Set the table, so to speak.

Burn Palo Santo, sage, incense.

Light candles. Say a prayer. State the intention for the container.

3- Co-create the Sacred Circle:

A- CEREMONY OPENING: Create the opening, whether it is calling the corners, the directions, the elements, archangels, ancestors, ascended masters, etc.

Each ceremony could call for a different kind of opening, depending on the ceremony and its' intentions. Speak aloud what the purpose of the container is for, claim it.

Some times one person can guide this piece AND some circle participants inJOY being included in this process.

For instance, some people like to have the opportunity to speak into the space, whether you ask them all to say their name, where they are from, and what their intention is for





being a part of the container. OR asking folks to say one word or a phrase to add to the mix (popcorn style).

You can include music, toning, etc.

B- BODY OF THE CEREMONY: This is where the real work of the container occurs.

This is the most crucial part of the ceremony. This is what the attendees came here to experience.

Please note:

You can create a short outline to refer to periodically to stay on point. You can include a “timeline” and how long each portion of the ritual/ceremonial elements are intended to last, this way, you can be sure to cover all of the things you mean to and in a timely manner.

Be mindful that this is all just an outline or guideline and to be open to the flow and the magic of what is going to unfold.

C- CEREMONY CLOSING: Create the closing, wrap it up, tie it all up with a nice bow.

Thank the corners, elements, ancestors, archangels, ascended masters- everything/ everyone you invited into the circle at the beginning, thank them and allow them to come to completion.



If you would like, you can

Allow others to share their experience, speak into the space, give them an opportunity to come to completion as well. You can include music, toning, etc.

Some people include a group tone, OMs or some collective toning.

This seals the container and provides a powerful way to feel closure.

Do your best to make sure that the intention of the ceremony container was realized and everyone walks away with some sort of value for participating.

4- Follow up/ Integration:

A- Some people choose to share a meal or snacks and give the community time to 'integrate' the work, process it, share their feelings about it, etc.

B- Encourage everyone to be gentle with themselves over the next several days, as the work of the ceremony integrates and they venture back into life and the 'default world'.

When we walk away from a very uplifting experience, we can end up going through a



'low point' or 'dip' in the coming days. This is part of the process as well. Invite folks to take it easy, take walks in nature, take salt water baths, journal, reflect, etc.

C- As the host of the sacred circle, you may want to check in with folks after some time has passed, to see how they have integrated the ceremony. Even ask them for any 'feed forward' they would like to provide to you, to make any improvements for future experiences.

D- Take some time to write out your own experience and how you can make improvements. What worked? What didn't work? What would you do differently? Etc.

(room to write)





Abundance Codes Activation

After you experience the Abundance Codes Activation for the first time or anytime you choose to cultivate this as an ongoing practice, here are several journal prompts you can write on.

1. Reflect on the sensations you felt during the Abundance Codes Activation. What images, colors, or emotions stood out to you the most?
2. Imagine your ideal abundant life. What does it look like, and how does it feel? Consider aspects like relationships, career, health, and personal growth.
3. What limiting beliefs about abundance have you been holding onto? Write them down, and then challenge each belief with a positive and empowering counterstatement.
4. In what areas of your life do you currently experience abundance? These could be small moments or significant aspects. Celebrate and acknowledge them.





5. Describe the golden sphere at the center of your chest. What qualities or symbols represent your personal Abundance Code? How does it influence your energy?

6. Consider the idea of giving and receiving. How comfortable are you with receiving abundance from the universe? What actions can you take to be more open to receiving?

7. Explore the concept of gratitude. List three things you are grateful for in this moment and three things you anticipate being grateful for in the future.

8. Think about your relationship with money. How does it align with your vision of abundance? What changes can you make to create a healthier and more abundant financial mindset?





9. Visualize yourself taking inspired action toward your goals. What steps can you commit to taking in the coming days to align with your vision of abundance?

10. Write a letter TO your future self, expressing gratitude for the abundance that has manifested in your life. Describe the achievements, experiences, and relationships that bring you joy.

11. Write a letter FROM your future self, assuring you that all that you dream of is coming true and you will get to the abundant and prosperous place that you envision.

Portal 6 Resources

[Course Dashboard](#)





[The Direct link to the live video: Sacred Ceremonial Creatrix Template](#)

[True Purpose: book by Tim Kelley](#)- this is the book I'm reading right now and I absolutely love it!

