



EXITING EDUCATOR · FREE RESOURCE

Your Exit Roadmap

A 30-Day Action Plan for Teachers Ready to Make the Leap

Exiting Educator



YOUR EXIT ROADMAP

The 4 Phases of Your First 30 Days

Leaving teaching is not a single moment. It is a process. This roadmap breaks your first 30 days of intentional exit planning into four clear phases. Each phase builds on the last. Work through them in order, at your own pace, and use the checklist on the next page to track your progress.

1

WEEK 1 · Days 1–7

Get Clear on Your Why

- Write your honest answer to: 'Why do I want to leave teaching?'
- Separate burnout from calling. Are you running away or running toward something?
- Define what your ideal life looks like 2 years from now in vivid detail.
- Identify your top 3 fears about leaving and write a reframe for each one.
- Tell one trusted person about your plans. Accountability starts here.

2

WEEK 2 · Days 8–14

Know Your Numbers

- Calculate your monthly expenses. (The real number, not the optimistic one).
- Determine your Freedom Number: how much you need saved before you can leave.
- Review your current savings and set a monthly savings target.
- Research your health insurance options post-teaching.
- Open a dedicated 'Freedom Fund' savings account this week.

3**Choose Your Path****WEEK 3 · Days 15–21**

- Identify your top 3 marketable skills from your teaching career.
- Research 2 to 3 business models that excite you (courses, coaching, consulting, freelancing).
- Validate your idea: search for others doing it and confirm people pay for it.
- Write one sentence describing your post-teaching offer or business.
- Set a realistic exit date — even a rough target changes everything.

4**Take Your First Real Step****WEEK 4 · Days 22–30**

- Create or refine your LinkedIn profile to reflect your new direction.
- Build or begin one income-generating asset (a product, a service page, a first post).
- Tell your audience or network something real about what you are building.
- Set your 90-day business goal and write it somewhere you see it daily.
- Celebrate! You have done the thing most people only talk about.

Remember: progress over perfection. One brave step per day compounds into an extraordinary life. You do not have to have it all figured out. You just have to start.

YOUR EXIT ROADMAP 30-Day Checklist

Print this page and keep it somewhere visible. Check off each item as you complete it. Every checkmark is a step toward the life you are building.

WEEK 1

Get Clear on Your Why

- Write your honest 'why I want to leave' statement
- Write a reframe for each fear
- Separate burnout from entrepreneurial calling
- Tell one trusted person your plans
- Describe your ideal life 2 years from now
- Read one story of a teacher who made the leap
- List your top 3 fears about leaving
- Set a daily 30-minute 'exit planning' block

WEEK 2

Know Your Numbers

- Calculate your real monthly expenses
- Research post-teaching health insurance
- Determine your Freedom Number
- Open a dedicated Freedom Fund account
- Audit your current savings
- Set up a small automatic monthly transfer
- Set a monthly savings target
- Identify one expense you can reduce now

WEEK 3

Choose Your Path

- List your top 3 marketable teaching skills
- Identify your ideal customer or client
- Research 2 to 3 post-teaching business models
- Find 3 people already doing what you want to do
- Validate your idea with a quick market search
- Set a realistic target exit date
- Write your one-sentence business description
- Share your idea with one accountability partner

WEEK 4

Take Your First Real Step

- Update your LinkedIn profile
- Write your goal somewhere you see daily
- Create or begin one income-generating asset
- Schedule a weekly business review on your calendar
- Share something real about what you are building
- Join one community of exiting or exited educators
- Set your 90-day post-exit business goal
- Celebrate — you started. That matters.

READY TO GO DEEPER?

How to Transition from Full-Time Teacher to Full-Time Entrepreneur Guide

You have started your Exit Roadmap. Now get the complete, step-by-step blueprint for making the leap — covering everything from choosing your business model and building your financial bridge to setting your exit date and navigating your first 90 days as a full-time entrepreneur.

WHAT'S INSIDE:

- ✓ 7 in-depth chapters covering the complete transition journey
- ✓ The 'Replace Your Salary' formula so you know exactly when you can leave
- ✓ The 3 non-negotiable milestones to hit before handing in your notice
- ✓ A 90-day post-exit game plan so you never feel lost after leaving
- ✓ Bonus worksheets: Teacher Superpower Audit + Freedom Number Calculator

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Click the link here: **Transition Guide**

You were brave enough to imagine a different life. Now let's build it — together.