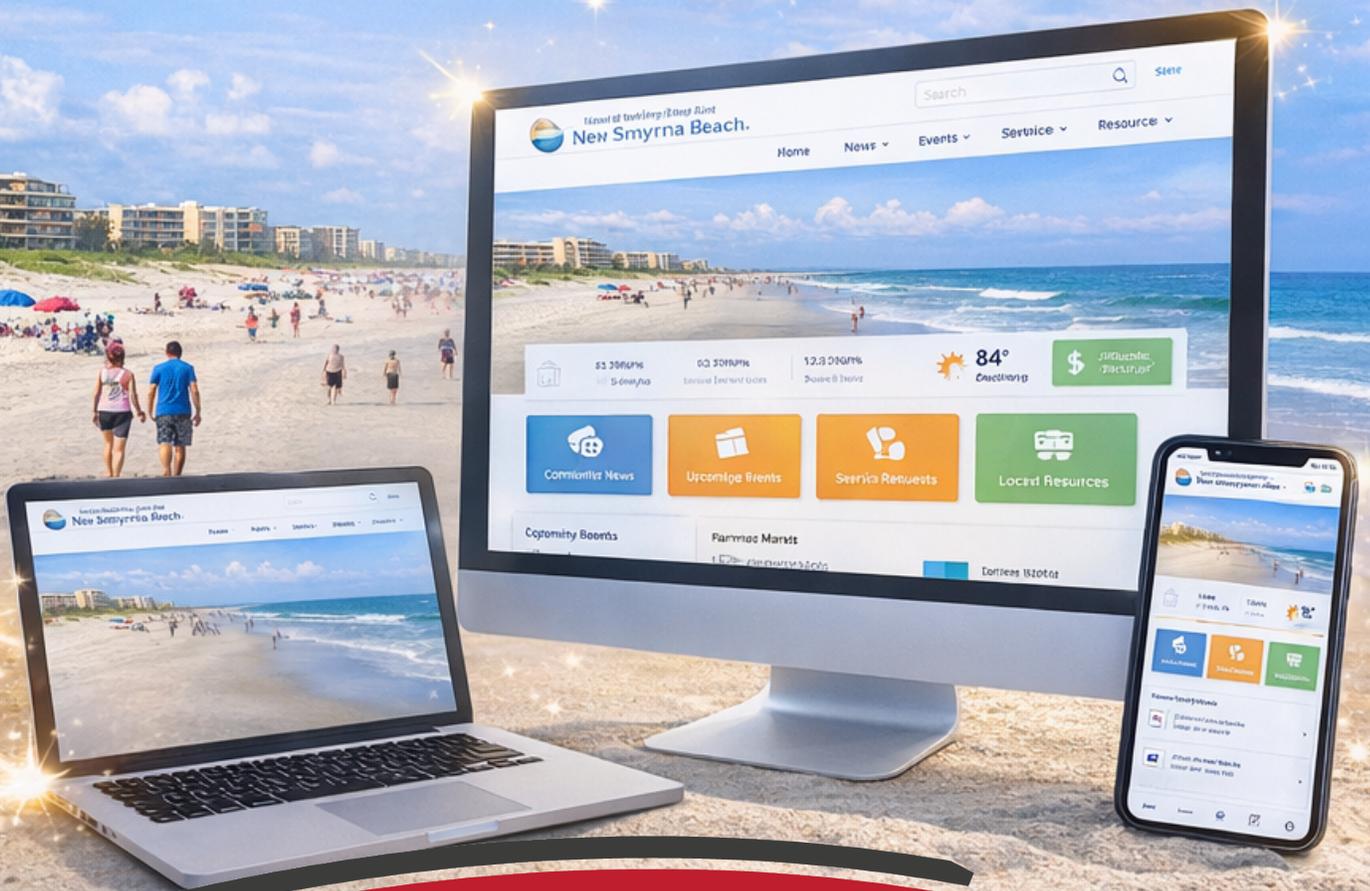


# COMMUNITY PORTAL

DISCOVER THE AMAZING ONLINE HUB FOR  
NEW SMYRNA BEACH!



**FIT LIFE** NSB

**Ever feel like ‘living active’ should be easier?**

**Do you love an active life or are looking to improve?**

**Finding the right people, the right time, and the right place can sometimes feel scattered and just a struggle.**

**Facebook groups get buried in ads.**

**Random texts get lost.**

**Meetups come and go.**

**Friends are busy at different times and plans change.**

**What if there was one simple place built just for fit-minded locals in New Smyrna Beach to connect, have activities, suggest ideas, and turn “we should do that sometime” into “see you there”?**

# What Is the Fit Life NSB Community Portal?

The Fit Life NSB Community Portal is a private, members-only online hub designed **specifically for local people who want to live actively and connect with others.**

Think of it as the command center for active living in New Smyrna Beach.

A single place where locals can:

- Discover activity opportunities
- Suggest new ideas
- RSVP to events
- Collaborate with others
- Find people who enjoy the same activities

Everything is organized in one clean dashboard.

No ads.

No clutter.



Just real people planning real activities.

Your activity hub for everything happening in the Fit Life NSB community.

See real portal Snippets on the last page!

# We call it 'The Fit Shack!'



# Find Your Activity Crew Instantly

Inside the portal, activities are organized into easy-to-navigate groups.

Examples include:

- Paddle Boarders
- Walkers & Bridge Walkers
- Pickup Sports
- Runners
- Cyclists
- Beach Fitness
- Kayakers and more...

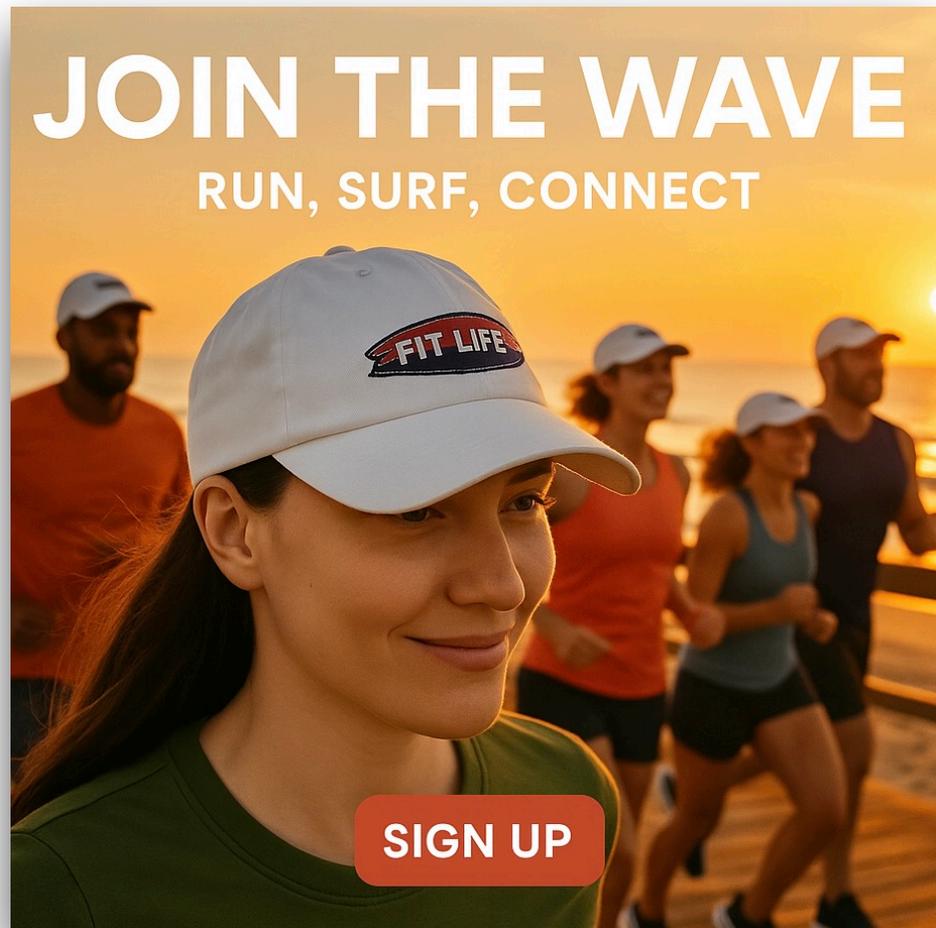
And more as the community grows.

You simply jump into the category you enjoy and see who else wants to join.

No searching.

No endless scrolling.

**Just people who enjoy the same activities as you.**



# A Full Year of Activity Inspiration

The portal also includes a **year-round activity calendar**.

40+ already planned activities.

Many activities will be created ‘off the cuff.’

You can plan ahead or join something spontaneous.

Either way, there are always opportunities waiting.



# What People Say

Here's what some locals are already saying about the Fit Life NSB idea.

**“This is exactly what NSB needed. A simple place where active people can actually connect and make things happen.”**

**“The activity ideas alone are awesome. It gives me motivation to try new things.”**

**“I'm excited to see this grow. Having a crew of active locals will be amazing.”**

As the community grows, these experiences will only get better.

The portal simply makes it easier for people who enjoy active living to find each other.

## What will you be saying?

# Who the Fit Life NSB Portal Is Perfect For

**This community is perfect for people who:**

- **Enjoy being active outdoors**
  - **Want to meet positive local people**
  - **Like trying new activities**
  - **Appreciate a healthy lifestyle**
  - **Prefer real experiences over social media scrolling**
- **Looking for more good healthy things to do.**
- **FOMO people**

If that sounds like you, the Fit Life NSB Community Portal will feel like home.

**And it is 100% FREE**

**There may be a subscription in the future,**

**lock in your FREE deal now.**

# Join the Fit Life NSB Community Portal

**Getting started takes less than two minutes.**

## **Step 1**

Visit

<https://fitlifensb.com/join>

## **Step 2**

Enter name and email

## **Step 3**

Start exploring the portal and meeting active locals.

Let's make New Smyrna Beach even more active together.

# A couple screenshots from the portal



**Big Annual Event, Beach Day...**  
 11:00 AM - 1:00 PM 6th Jun 2026



**Spring Break is here! Watch out for...**  
 12:00 PM - 1:00 PM 13th Mar 2026

The Beach Registered

### Description

Watch out for the craziness in town! We will hosting some 'Beach Promo Days' where pe

Fit Life NSB Community

Home

Announcements

Field Days

Fit Beach Days

Golfers

NSB Bridge Walkers

Paddlers

Runners

Socials and Vibe Times

Surfys



**Paddle Board Adventure**  
 10:00 AM - 11:30 AM 04/19/2026, EST

Others Free

1 guests



**Pickleball Eve**  
 6:00 PM - 8:00 PM 14th May 2026

701 OAKWOOD AVE, New Smyr... Free

### Description

Detweiler Park. If you are going to play sometime, play tonight with the crew. Bring a chair water paddle balls.



**Flagler Ave Wine Walk**  
 2:00 PM - 5:00 PM 25th Apr 2026

January 2026



**New Years Plunge!**  
 10:00 AM - 10:30 AM 01/01/2026, EST

Others Free

0 guests

Week Month



**Fit Beach Day. If your thinking...**  
 10:00 AM - 11:00 AM 3rd Jan 2026

https://storage.googleapis.com... Free

### Description

If you want to hit the beach, today can be a day with the crew. Make the first hour super active. Football throws, soccer kicks, lunges, push ups, runs etc and then can tone it down. Bring your own beach toys and beach

0 guests

Register



## Fit Beach Day Quick Guide



A casual, fitness-inspired beach meetup to move, play, connect, and enjoy the NSB lifestyle. Show up, get active, and have fun with whoever is there.

- Morning crew: **10:00 AM**, Afternoon crew: **2:00 PM**.
- **Location:** Just south of Toni & Joe's (Oakwood Ave) is the goal.
- Backup Parking: Detweiler Park if beach is closed.

### BRING STUFF LIKE:

- Football, soccer ball, volleyball + net, Spikeball, paddleball, boards etc.
- Beach towel or mat, Bluetooth speaker
- Water, snacks, drinks, sunscreen, hats, etc

### THE ~ FLOW:

- Arrival:
- Say hello, set up
- Loosen up, light tosses/kicks

### Phase 1 - Casual:

- Football routes
- Soccer passing
- Paddleball
- Volley warm-ups

### Phase 2 - Group Games:

- Volleyball
- Beach football
- Soccer (3v3 / 4v4)
- Spikeball, Anything!

### Solo / Waiting Options:

- Jog or beach run
- Jumping jacks, push-ups, squats, burpees
- Core work, stretch - be active.

### Optional:

- Anyone can lead a small workout, run, stretch etc.

### AFTER:

- Cool down + stretch
- Beach hangout: music, drinks, chill time

### TIPS:

- Don't overthink it — just show up
- Plan to have fun even if turnout is small
- Mix teams to meet new people
- Hydrate & take breaks
- Leave no trace (clean up)
- Food: casual for now

### After: Waves / POINTS:

Send photos + a short comment to earn Catch Waves points.

**PUBLIC:** Guests welcome, send to [FitLifeNSB.com](https://FitLifeNSB.com) to join.

# What are you waiting for?

<https://fitlifensb.com/join>

