



Dr. Shamini Jain — Speaker Bio

A photograph of Dr. Shamini Jain, a woman with long dark hair, wearing a blue sleeveless top and a small microphone. She is holding a small black device in her right hand and gesturing with her left hand. The background is dark with blue light patterns.

Dr. Shamini Jain — Speaker Bio

Dr. Shamini Jain is a clinical psychologist, award-winning scientist, bestselling author, and international keynote speaker exploring the emerging science of healing, human potential, and the mind-body connection.

She is the Founder of the Consciousness and Healing Initiative (CHI), a global collaborative advancing the science and practice of healing, and an adjunct professor in the Department of Family Medicine at the University of California, San Diego, where she is active in the UCSD Center for Integrative Health. Her research spans psychoneuroimmunology, integrative health, and biofield science, examining how psychological, biological, social, and consciousness-based factors influence health and well-being.

Dr. Jain is the author of the bestselling, two-time award-winning book *Healing Ourselves: Biofield Science and the Future of Health*. Her teaching and research have been featured by TIME, CNN, GAIA, Good Day LA, TEDx, and a half dozen documentary films, including *The Energy That Heals* documentary, of which she was an executive producer.

As a speaker and teacher, Dr. Jain brings a rare combination of rigorous science, clinical psychology, Eastern wisdom, and practical healing tools—translating complex ideas into powerful insights and practices that people can immediately apply to their health, leadership, and lives. Her talks invite audiences to rethink what healing means, understand the science behind our innate capacity for resilience and connection, and discover practical ways to prevent burnout and support greater mental health, vitality, and fulfillment.

She regularly speaks and teaches at conferences, corporations, universities, and leading retreat centers including Esalen, Omega Institute, and Sivananda Ashram.

Dr. Jain holds a B.A. in Neuroscience and Behavior from Columbia University and a Ph.D. in Clinical Psychology from the San Diego State University/UC San Diego Joint Doctoral Program, with specialized research training in psychoneuroimmunology and cancer prevention.

Short Speaker Bio



Dr. Shamini Jain is a clinical psychologist, award-winning scientist, bestselling author, and international keynote speaker at the forefront of the science of healing. She is the Founder of the Consciousness and Healing Initiative (CHI) and an adjunct professor at UC San Diego.

Her work bridges clinical psychology, psychoneuroimmunology, integrative health, biofield science, and wisdom traditions to explore how we can activate our innate capacity for healing and flourishing. She is the author of the two-time award-winning book *Healing Ourselves: Biofield Science and the Future of Health*, and her work has been featured by TIME, CNN, GAIA, TEDx, and numerous documentary films.

As a speaker and teacher, Dr. Jain brings a rare combination of rigorous science, clinical psychology, Eastern wisdom, and practical healing tools—translating complex ideas into powerful insights and practices that people can immediately apply to their health, leadership, and lives. Her talks invite audiences to rethink what healing means, understand the science behind our innate capacity for resilience and connection, and discover practical ways to prevent burnout and support greater mental health, vitality, and fulfillment.

