

CORE SERVICES included in all Tiers

(Non-member cost @\$35 per session)

Sound Bed Therapy

- Deep nervous system regulation
- Reduces stress, anxiety, and overwhelm
- Enhances brainwave coherence and relaxation
- Improves sleep quality
- Supports emotional release and mental clarity

Infrared Sauna

- Promotes deep detoxification through sweating
- Improves circulation and cardiovascular health
- Reduces inflammation and joint stiffness
- Supports weight loss and metabolism
- Enhances skin health and collagen production

Red Light Therapy

- Stimulates cellular repair and regeneration
- Boosts mitochondrial energy (ATP production)
- Reduces pain and inflammation
- Improves skin tone, elasticity, and healing
- Supports muscle recovery and performance

HaloTherapy (Salt Therapy)

- Clears respiratory pathways and lungs
- Reduces inflammation in airways
- Supports immune system function
- Helps with allergies, asthma, and sinus issues
- Promotes skin healing (eczema, psoriasis)

Hydrogen Therapy

- Powerful antioxidant—neutralizes free radicals
- Reduces oxidative stress and inflammation
- Supports brain health and cognitive clarity
- Enhances energy and cellular hydration
- Aids in recovery and anti-aging processes

Rhythmic Lymphatic Detox

- Stimulates lymphatic drainage and flow
- Reduces swelling, puffiness, and stagnation
- Supports immune system detoxification
- Enhances circulation and tissue oxygenation
- Promotes deep relaxation and fluid balance



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◆ BioMat Full-Body Infrared Restoration

A passive, full-body therapy combining far infrared heat, negative ions, and crystal technology to support deep cellular restoration and nervous system reset.

- Deep Cellular Activation – Far infrared heat penetrates deeply into the body, supporting circulation, oxygen delivery, and tissue repair
- Natural Pain & Inflammation Relief – Helps ease muscle tension, joint discomfort, and chronic inflammation without force or medication
- Nervous System Reset – Negative ion technology supports a parasympathetic state, calming stress and promoting deep relaxation
- Enhanced Detoxification – Gentle heat stimulates lymphatic flow and sweating, supporting the body's natural elimination pathways
- Improved Sleep & Recovery – Reduces cortisol, supports deeper sleep cycles, and accelerates recovery from stress and physical strain
- Crystal-Enhanced Energy Balance – Amethyst and tourmaline amplify infrared effects while promoting grounding and energetic harmony
- Effortless Healing Experience – Simply lie down and allow the body to restore, regulate, and recharge—no effort required

⚡ Pulsetto™ Vagus Nerve Therapy

Nervous System Regulation & Stress Recovery Technology

- Direct Vagus Nerve Activation – Gentle stimulation supports the body's primary calming pathway, helping shift from stress (fight-or-flight) into healing (rest-and-digest)
- Rapid Stress & Anxiety Relief – Encourages a parasympathetic response, reducing overwhelm, tension, and mental fatigue
- Improved Sleep Cycles – Supports deeper, more restorative sleep by calming the nervous system and reducing nighttime cortisol patterns
- Heart–Brain Coherence Support – Helps regulate heart rate variability (HRV), improving resilience, emotional balance, and overall adaptability
- Enhanced Mood & Emotional Stability – Supports neurotransmitter balance linked to calm, clarity, and improved outlook
- Focus & Cognitive Clarity – Reduces mental noise and supports improved concentration and decision-making
- Non-Invasive Nervous System Reset – No drugs, no downtime—just targeted stimulation that works with the body's natural design



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✨ PREMIUM SERVICES



Cellular Renewal Chamber™ *(Signature Experience)*

\$75 per 30 min session

A multi-sensory healing environment combining Himalayan salt, copper geometry, and jade-heated therapy to activate deep cellular renewal.

- Enhanced Detoxification – Heat and mineral-rich salt promote sweating and natural elimination pathways
- Improved Circulation – Jade heat increases blood flow, delivering oxygen and nutrients to cells
- Fluid Balance Support – Salt's osmotic properties help reduce temporary fluid retention and stagnation
- Nervous System Reset – Copper and the pyramid structure support grounding and deep relaxation
- Skin Rejuvenation – Mineral contact and sweating support clearer, healthier-looking skin
- Cellular Energy Support – Improved circulation and heat activation enhance mitochondrial function
- Muscle Relaxation & Pain Relief – Gentle heat softens tissue and reduces tension
- Immune & Environmental Support – Copper and salt contribute to a cleaner, supportive environment
- Stress Reduction – Promotes parasympathetic (healing) activation
- Whole-Body Renewal – Aligns structure, minerals, and heat to support the body's natural repair processes



Ionic Foot Detox

\$50 per 30 min session

- Draws out toxins and heavy metals
- Supports liver and kidney detox pathways
- Enhances energy and vitality
- Reduces inflammation and fluid retention
- Promotes overall system balance



Hyperbaric Oxygen Therapy (HBOT)

\$125 1 hour Session

- Increases oxygen delivery to tissues
- Accelerates healing and tissue repair
- Reduces inflammation and swelling
- Supports brain health and neurological recovery
- Enhances energy, endurance, and vitality



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✨ Additional SERVICES (not included in membership)

🧑 Axis Alignment (Structural Alignment Therapy)

\$100 per 30 min session (\$750 for 10 pack)

- Restores proper posture and body alignment
- Relieves nerve impingement and chronic pain
- Improves mobility, flexibility, and balance
- Reduces muscular tension and stress patterns
- Enhances whole-body structural integrity

🚿 Colon Hydrotherapy

\$150 1 hour Session

- Cleanses the colon and removes waste buildup
- Supports gut health and microbiome balance
- Reduces bloating and digestive discomfort
- Enhances nutrient absorption
- Promotes detoxification and clarity

👐 Manual Lymphatic Drainage

- \$150 per 60 minute full body session
- \$50 per 15 minute facial session
- Gentle, rhythmic technique to stimulate lymph flow
- Reduces swelling, edema, and fluid retention
- Supports detoxification and immune function
- Enhances post-surgical healing and recovery
- Improves skin tone and reduces puffiness
- Relieves congestion and promotes whole-body circulation
- Calms the nervous system and promotes deep relaxation

👐 Pelvic Floor ElectroMagnetic Recovery System

- 12 sessions (2 weekly) - \$1500
- Strengthens pelvic floor muscles without invasive procedures
- Improves bladder control and reduces urinary incontinence
- Enhances core stability and postural support
- Supports recovery after childbirth or pelvic trauma
- Improves circulation and neuromuscular activation in the pelvic region
- Enhances sexual health, sensitivity, and function
- Reduces pelvic pain and muscular dysfunction
- Re-educates brain-to-muscle communication pathways



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Yoni Steaming (Vaginal Steam Therapy)

\$50 for 30 minute Session

A gentle, herbal steam practice designed to support feminine wellness, circulation, and restoration.

- Supports pelvic circulation and tissue nourishment
- Promotes relaxation of the uterine and pelvic region
- May help reduce menstrual discomfort and cramping
- Supports postpartum recovery and healing
- Encourages natural cleansing and moisture balance
- Enhances connection to the feminine body and rhythms
- Deeply calming for the nervous system



Symphony of the Cells™ Aromatherapy Session

\$100 for 1 hour session with Aromatic Touch Sensory

Targeted essential oil applications designed to support specific body systems through structured, neurological, and energetic pathways.

- Supports targeted body systems (immune, respiratory, digestive, neurological, endocrine)
- Promotes deep relaxation and nervous system regulation
- Enhances cellular communication and signaling pathways
- Supports detoxification and natural elimination processes
- Helps reduce inflammation and oxidative stress
- Encourages immune system balance and resilience
- Supports respiratory function and oxygen utilization
- Enhances circulation and lymphatic flow
- Assists in reducing physical discomfort and muscular tension
- Promotes emotional balance and stress relief
- Supports brain health, focus, and cognitive clarity
- Encourages hormonal balance and endocrine support
- Enhances the body's innate healing response
- Complements other therapies for deeper, synergistic results



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Comprehensive Bio-Terrain Analysis

\$350 per Analysis (includes 30 min consult, personal electrodermal patches, & Personal imprint)

A non-invasive assessment designed to identify underlying imbalances, stressors, and contributors affecting the body's internal terrain. (Hair, finger nail, saliva swab - biological samples required)

- Identifies root contributors to symptoms rather than masking them
- Assesses energetic and functional imbalances across body systems
- Detects stressors such as toxins, pathogens, and environmental influences
- Provides insight into organ system stress and priority support areas
- Supports personalized, targeted wellness protocols
- Enhances precision in detoxification and restoration strategies
- Tracks progress and response to therapies over time
- Helps uncover hidden patterns contributing to chronic conditions
- Supports nervous system and energetic regulation awareness
- Empowers informed decision-making in your healing journey
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Energy Medicine Therapy

\$200 1 hour Session

- Balances the body's energetic systems
- Identifies root causes of dysfunction
- Supports emotional and trauma release
- Enhances vitality and life force flow
- Promotes deep healing beyond symptoms

NeuroCode Therapy

\$200 1 hour Session

- Rewires neurological patterns and responses
- Supports brain-body communication
- Addresses root causes of chronic conditions
- Enhances cognitive function and clarity
- Facilitates lasting behavioral and emotional change

Core Release Therapy

\$175 for 45 min Session

- Releases stored trauma at the cellular level
- Resolves emotional root causes of physical symptoms
- Restores nervous system regulation
- Enhances inner awareness and healing capacity
- Reconnects body, mind, and spirit



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Instant Response Remedies \$20 (Members \$15)

Personalized Frequency-Based & Botanical Support for Rapid System Regulation

- **Rapid System Support** – Provides immediate, targeted support for acute stressors affecting the body
- **Personalized Remedy Matching** – Custom-selected combinations based on your unique terrain and current needs
- **Emotional & Mental Balance** – Supports mood regulation, stress relief, and emotional resilience
- **Immune System Support** – Assists the body in responding to viral, bacterial, and environmental stressors
- **Gut & Microbiome Support** – Includes targeted gut nosodes to support digestive balance and microbial harmony
- **Detoxification Support** – Helps the body respond to toxins, mycotoxins, and environmental exposures
- **Energetic & Informational Support** – Works on subtle signaling pathways to support whole-body communication
- **Gentle & Non-Invasive** – No harsh interventions; designed to work with the body's natural intelligence
- **Supports Acute & Chronic Patterns** – Can be used for immediate needs or ongoing terrain support
- **Enhances Other Therapies** – Complements energy medicine, detox protocols, and neurological therapies

What's Included

- **Bach Flower Remedies** – Emotional and stress pattern support
- **Australian Bush Flower Essences** – Deep emotional and energetic balancing
- **Homeopathic Remedies** – Hundreds of options for precise, individualized support
- **Gut Nosodes** – Targeted microbiome and digestive system support

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Lifestyle Community**