



*I've been working with Renee for about two and a half years now, and honestly, she came into my life right when I needed her most. I was in a space where I didn't feel confident, I didn't know who I was as a person or as a leader, and I definitely didn't feel like I had a voice.*

*From our very first session, I immediately felt her warmth. Renee has this beautiful, calming energy that just makes you feel safe. She creates a space where you can take a breath, be yourself, and know you're seen and supported. She's so attentive, so understanding, and just has this light about her that shifts the energy in the best way.*

*What I love most is that Renee isn't your typical coach. She's a strategist, a visionary. She can see things in you that you can't always see in yourself. And the way she helps you reframe your thoughts and speak life over yourself? That's powerful.*

*Because of Renee, I went from feeling stuck and unsure to walking in clarity and purpose. I'm more confident in my voice, my leadership, and who I am as a woman. I'm so grateful for her coaching, her heart, and her leadership. If you're looking for a coach who truly sees you and helps you rise, Renee is it.*

Kind regards,

**Brittany Russell (she/her)**

Energy & Embodiment Coach

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