ORTHOPAEDIC & MSK RADIOLOGY

January 14 - 24, 2026

ANTARCTICA

Expedition & CME/CPD Conference: 'Breaking the Ice'

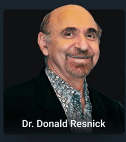
Limited numbers - 50 Delegates + Partners
Family Members Welcome!

REGISTER YOUR INTEREST TO ATTEND

Dr. John M Tokish

Dr. Joseph Abboud

Dr. Mark Anderson



Orthopaedic Keynote Speakers

MSK Keynote Speakers

Schedule & Itinerary
Conference Costs
Cabin Selection
About the Ship
Inclusions & Extras
REGISTER TO ATTEND

Bring your Partner/Spouse, Family & Friends with you!

Besides the daily expedition activities & tours, we're sailing aboard a luxurious expedition ship, which has something for everyone, including: L'Occitane Spa; Sauna; Boutique Gift Store; Library; Multiple Lounges; Restaurant Dining; Luxury En-suite Cabins with in-room TV/Movies; Daily Expedition Talks/Presentations by onboard Naturalists; and so much more.

You'll be happy to know that Conference lectures are scheduled in between the normal Antarctic Expedition activities, so attending Delegates will enjoy all that the Antarctica Expedition Program has to offer, along with their family and friends.

REGISTER YOUR INTEREST TO ATTEND

*" Life is not measured by the number of breaths we take,
but by the moments that take our breath away. "*

DR CHRISTOPHER RISTO
Chairman of Radiology, Tufts University School of Medicine
at Tufts Medical Center Radiologist-in-Chief
01:47
It's, it's like bucket list vacation,

2min Testimonial Video:
Hear from Delegates about their experience on a recent Radiology CME/CPD Conference & Expedition to Antarctica, coordinated by Blue Horizon Conferencing.

Quark Expeditions
WHY ANTARCTICA

Letter from Course Director, Dr Derek Papp (US)

Dear Colleagues and Friends,

You are invited to join an extraordinary Conference & Expedition going to one of the most beautiful and remote locations on earth - Antarctica!

For this meeting, we are combining Orthopaedics and Musculoskeletal Radiology which is highlighted by our internationally renowned **Orthopaedic Keynote Speakers, Dr. John Tokish (US) & Dr. Joseph Abboud (US)** and **MSK Keynote Speakers, Dr Donald Resnick (US) and Dr Mark Anderson (US)**.

This will be an intimate group of only 50 delegates + travel partners. You are also welcome to book additional rooms for more family and/or friends to join you.

To enquire to join, please add your name, email and phone number by clicking any of the 'Register Your Interest' buttons on this page.

Cabin Suite bookings are on a 'first come, first served' basis' so please be sure to enquire to join as soon as possible to avoid missing the opportunity to attend this event.

Please see all details of our Conference & Expedition below.

Our conference coordinator team, Jay Duncanson & Samantha Wyatt (Blue Horizon Conferencing) are available to answer any questions you might have. Jay can be reached at jay@bhconferencing.com.

This once-in-a-lifetime Accredited CME activity.

We would love you to join us for this unique and unforgettable experience at the bottom of the world.

Warm regards,

Derek Papp, MD.

REGISTER YOUR INTEREST TO ATTEND

Speaker Biographies

Dr. John M Tokish

John M. (JT) Tokish is a Staff Consultant at the Mayo Clinic Arizona, in Scottsdale, where he is a Professor of Orthopedic Surgery, Vice Chair of Orthopedic Research, Director of the Orthopedic Sports Medicine Fellowship, and was the 42nd President of AANA.

He is a graduate of the United States Air Force Academy, where he was an All-Conference Linebacker, Academic All-American, 4-yr Letterman, and Team Captain. He graduated medical school from the University of Washington, completed Orthopedic Surgical Residency at the University of Arizona, and did his fellowship in Sports Medicine at the Steadman Hawkins Clinic in Vail, Colorado.

Upon completion of his training, he was assigned back to the USAF Academy as team physician, beginning work on Aug. 22, 2001. Three weeks later, 9/11 occurred. USAFA was selected to provide the first Responding surgical team, and Dr. Tokish served as commander of the Mobile Field Surgical Team, in theatre on Oct. 6, 2001, with US combat operations beginning the next day. He was deployed the first time for 6 months, and re-deployed to Baghdad, Iraq for a second tour in 2006, where he again commanded the Mobile Field Surgical Team, and was Chief of Orthopedic Surgery at the Baghdad International Airport Field Hospital.

Dr. Tokish remained at the Air Force Academy as Chief of Sports Medicine and Head Team Physician until 2009. He was transferred to Luke AFB, AZ for one year, and then to a joint assignment to Tripler Army Medical Center, where he was Orthopedic residency director. During that time he served as President, Society of Military Orthopedic Surgeons, and co-founded the "Disaster Response Course", a skills training and verification program founded to ensure volunteers on the USNS Comfort were appropriate for deployment to the Haiti disaster.

Medicine. He served as the Team Orthopedic Surgeon for the Arizona Coyotes from 2018-2023, and founded the Orthopedic Sports Medicine fellowship, where he remains director.

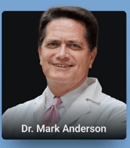
Over his Orthopedic career, Dr. Tokish has authored over 200 peer-reviewed publications, 50 book chapters, 3 texts, and given over 500 national and international presentations. He holds 5 patents in Orthobiologics and serves on the scientific advisory boards for several technology companies. He was the Inaugural co-chair of the Neer Circle of the ASES and is the Chair of the Biologics Association Registry and Biorepository (BARB). He has received the COL Brian Allgood Memorial Award for military leadership, the Houghston Award for the most outstanding paper published in AJSM, the Aircast award for outstanding basic science contribution at the AOSSM annual meeting, the Mayo Clinic Arizona Research faculty of the year award, and Teacher of the Year awards from the Wilford Hall, Tripler, and Mayo Clinic residencies. In 2023-24, he will served as President of the Arthroscopy Association of North America (AANA). He has mentored over 100 residents and fellows over his career.

Dr. Joseph Abboud

Dr. Abboud is a Board Certified Orthopaedic Surgeon and specializes in the treatment of patients with shoulder and elbow disorders. He is an internationally recognized authority on the treatment of shoulder and elbow disorders. He is a Professor of Orthopaedic Surgery at the Sidney Kimmel Medical College of Thomas Jefferson University and a core member of the teaching faculty for Rothman Orthopaedics

Dr. Abboud has published over 250 peer reviewed publications, given over 600 invited lectures nationally and internationally, and published several textbooks and numerous book chapters. He has received the prestigious Neer award and Burkhardt award for excellence in research.

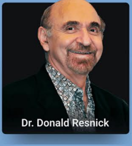
Dr. Abboud performs a wide variety of simple and complex surgical procedures on the shoulder and elbow including arthroscopic surgery (e.g. rotator cuff repairs, instability surgery) comprehensive fracture care, as well as shoulder and elbow replacement(arthroplasty) procedures. Dr. Abboud is most proud of the fact that he has been caring for patients throughout the Philadelphia region and the Northeast region of the United States. Patients seek out his care from all regions of the United States and overseas. His goal is to always provide each patient with exceptional personalized care.



Mark W. Anderson, M.D is Professor of Radiology and Orthopaedic Surgery as well as the Harrison Distinguished Teaching Professor of Radiology at the University of Virginia Health Sciences Center.

Dr. Anderson is co-author or co-editor of five books, "Keats' Atlas of Normal Roentgen Variants That May Simulate Disease," "Musculoskeletal MRI," "Imaging of Bone and Joints," "Sectional Anatomy by MR and CT," and "Musculoskeletal Imaging Cases," and has also written numerous book chapters and scientific articles.

Dr. Anderson's true passion is teaching, and in addition to lecturing at several national and international conferences each year he has had the privilege of teaching at the AFIP/AIRP since 2001.



Donald .L Resnick, MD is a Professor Emeritus of Radiology and former Chief of Musculoskeletal Imaging at the University of California, San Diego (UCSD).

Professor Resnick graduated nearly 200 clinical bone fellows from the United States and Canada, and about 500 research fellows, many from Europe, Asia and South America, especially Brazil. Many of these fellows have assumed an academic position since then.

He was also chief of the osteoradiology section of the Veterans Administration Medical Center in San Diego from 1977 to 1990.

Professor Resnick has given more than 1,200 presentations and has made outstanding scientific contributions as an author of 861 articles, 25 books and chapters, and 59 invited articles and chapters. His work has been recognized by several publication awards and book grants.

He has delivered many national and international named lectures, undertaken over 150 visiting professorships and won numerous honors and awards, including the Gold Medal of the American Roentgen Ray Society and Gold Medal of the American College of Radiology. He has also twice given the Annual Oration at the meeting of the Radiological Society of North America (RSNA) and twice appeared on the Sunday Night Film Panel of that society.

Professor Resnick has held numerous professional positions such as President of the International Skeletal Society and Chairman of several committees within the International Skeletal Society (ISS) for over 20 years.

His list of over 40 awards and honors includes the Diagnostic Imaging Magazine's 20 Most Influential People in Radiology, Medical Imaging Industry's Top 10 Radiologists, twice-awarded AuntMinnie.com, Most Effective Radiology Educator, and an Honorary Doctorate from the University of Zurich. D.r Resnick is a renowned lecturer, having a profound impact on residents, fellows, and the radiology community throughout the world.

Dr Derek Papp

Course Director: Dr Derek Papp

Previous CME/CPD Adventure Conference Events hosted by Dr Derek Papp, facilitated by Blue Horizon Conferencing:

2019 Antarctica Orthopaedic CME/CPD

2023 Arctic Orthopaedic CME/CPD

2024 African Safari Orthopaedic CME/CPD

Dr Derek Papp is an orthopedic sports medicine physician with Baptist Health Orthopedic Care, Assistant Professor of Orthopaedic Surgery at Florida International University, and a team physician for the Baltimore Orioles.

He attended the Johns Hopkins School of Medicine and stayed there for his internship and residency training in orthopedic surgery.

After doing a sports medicine fellowship at Doctors Hospital in Coral Gables, he returned to Baltimore and served as part-time orthopaedic surgery faculty at the Johns Hopkins Hospital.

His clinical interests include sports medicine, the throwing shoulder, and elbow.

On a fun note, he served as MLB's venue physician in Seoul, Korea during the 2017 World Baseball Classic as well as in Mexicali, Mexico during the 2016 qualifier.

He has been a member of the Major League Baseball Team Physicians Association since 2014.

Appeared regularly on South Florida PBS' "The Health Channel" as both a host and expert guest.

Scientific Program and agenda to be announced.

Space is limited -

We only have 50 double occupancy cabins for this conference.

** Travel companions & additional family members are welcome.*

ENQUIRE TO JOIN

Why Quark?

"Since 1991, and our first-ever tourism transit of the Northeast Passage, Quark Expeditions has been blazing trails in Polar adventure travel.

This is just one reason we're a uniquely qualified company to ensure a trip of a lifetime."

Bitten by the Polar Bug
Watch later
Share
Watch on YouTube

Conference Schedule & Expedition Itinerary

Our MSK Radiology CME/CPD Conference promises to be a comprehensive educational program including lectures and problem based learning discussions.

***Scroll down for Conference Package Pricing, with details of all that's included.**
****PLEASE NOTE:** *Hotel stay in Buenos Aires is additional based on how many nights you decide to book.*

January 12 - 14th : Hotel Stay at Palacio Duhau - Park Hyatt, Buenos Aires on route to Ushuaia

Hotel Stay at Palacio Duhau - Park Hyatt, Buenos Aires

We recommend a couple nights stay on route to Ushuaia.

Fly into and stay for a couple of nights stay in Buenos Aires, to recharge and enjoy this virbant city before we all fly together down to Ushuaia to board Quark Expeditions, *'World Explorer'* for our Antarctic adventure.

About Buenos Aires:

• This city is the capital of Argentina and home to 13 million people.

• It is the most visited city in South America.

• January is the warmest annual month in Buenos Aires - average daily temperatures fluctuate between 20°C (68°F) & 30°C (86°F).

January 14th / Day 1 : Arrive & overnight Ushuaia, Argentina - the world's most southern town.

With a population of more than 63,000, Ushuaia is the southernmost city in the world. Although the city has grown during the past few years, it retains an easygoing and accessible feel.

Surrounded by the sea to the south and the mountains to the north, Ushuaia is a spectacular departure point for your Antarctic adventure.

If you arrive early, you can spend time in nearby Tierra del Fuego National Park, enjoy Argentine wines and barbecues in the city, or visit the many boutiques and cafés before you leave for your expedition to Antarctica.

Day 2: Embark the ship - World Explorer

Embarkation will occur in the late afternoon, after which your vessel will sail through the historic Beagle Channel.

This famous channel transects the Tierra del Fuego archipelago in the extreme south of South America.

Expect an air of anticipation as you depart — the next time you'll see land, you'll be on the world's most southern continent!

Day 3 & 4: Crossing the Drake Passage / Conference Schedule

SOUTH ATLANTIC
SOUTH PACIFIC
South America
Falkland Islands (Malvinas)
Cape Horn
DRAKE PASSAGE
SOUTHERN OCEAN
South Shetland Isl.
Antarctic Peninsula
Weddell Sea

Your days at sea are filled with presentations led by your Expedition Team who will prepare you for the wildlife, geology and history that will greet you upon your arrival. In between presentations spend time on deck looking for wildlife or chatting with your shipmates over a drink at the bar.

Conference schedule to be announced.

Day 5 - 8: South Shetland Islands and Antarctic Peninsula

Once the Antarctic Convergence is left in our wake, you will truly begin your Antarctic adventure. It is perhaps the first sight of land itself that is embraced as the true beginning of any Antarctic expedition. You will begin to appreciate why this region has long captivated the attention of explorers and travelers alike.

Every time we visit Antarctica, we witness something new or unexpected, which means that your expedition will be unlike any other—creating a unique, personal experience.

You will take daily Zodiac excursions from the ship to explore local bays, channels and landing sites. With wildlife always at the forefront of our minds, you will visit penguin rookeries, scout for humpback and minke whales, and search for a number of southern seal species, including the cunning leopard seal.

The majesty of the Antarctic Peninsula's mountains will enchant as you scramble up snowy pathways to vantage points offering you 360° views of your surroundings. One of these in particular, in Danco Island, affords us the opportunity to visit a penguin colony high up on a ridge. Here, you'll have the choice between hiking to the island's summit or spending time sitting quietly on a pebbled beach, enjoying the antics of curious penguins.

If you're feeling extra adventurous, participating in the Polar Plunge swim is about as crazy as it gets!

Amid the serene silence of Antarctica, noisy interludes become indelible memories, such as penguins squabbling over prized pebbles, or the boom and crack of a calving glacier in Neko Harbour.

Each day will be different, having been carefully crafted by your Expedition Team to entertain and educate you about this wonderful part of the world.

Conference schedule to be announced.

Day 9 & 10: Crossing the Drake Passage / Conference Schedule

The journey back across the Drake Passage provides final opportunities to enjoy the crisp Antarctic air. Spend time on the deck, watching for seabirds and scouting for whales, enjoy presentations by your Expedition Team, or simply relax and reminisce about your experiences.

Conference schedule to be announced.

Day 11: Disembarkation in Ushuaia

You will arrive in Ushuaia in the morning, which allows for you to continue your adventure on land or catch your flights home.

Conference & Expedition Costs

What will it cost for Delegates and their partners/travel companions to join the Conference & Expedition?

Cabin Selection and Rates

We have **2 x different cabin options** of varying cost / price per person on offer: **Verandah Suite** and **Infinity Suite**.

Please scroll down to view all cabin options and rates / pricing.

***Please Note:** *For the Infinity suite option, we have very limited availability so please do enquire to book and let us know your cabin preference ASAP.*

Veranda Suite: US$15,467 per person – double occupancy (Regularly US$18,495pp)
Infinity Suite: US$15,467 per person – double occupancy (Regularly US$18,495pp)

Verandah Suite:

OUR CONFERENCE GROUP RATE:
US$15,467 per person (double occupancy)

NORMAL RETAIL RATE:
US$18,495 per person (double occupancy)

Featured in each cabin: A sitting area with sofa, refrigerator, TV and state of the art "info-tainment" system. Private bathroom with shower.

**All meals, on-board activities and all programmed daily excursions are included in this rate - please see 'Inclusions' for a more detailed list.*

I'D LIKE TO ENQUIRE TO BOOK A VERANDAH SUITE

Infinity Suite:

OUR CONFERENCE GROUP RATE:
US$15,467 per person (double occupancy)

NORMAL RETAIL RATE:
US$18495, per person (double occupancy)

Featured in each cabin: A sitting area with sofa, refrigerator, TV and state of the art "info-tainment" system. Private bathroom with shower.

**All meals, on-board activities and all programmed daily excursions are included in this rate - please see 'Inclusions' for a more detailed list.*

I'D LIKE TO ENQUIRE TO BOOK AN INFINITY SUITE

Payment Schedule & Cancellation Policy:

Deposits: To confirm reservations on all Quark products a deposit of 30% of the gross per person rate is required at time of booking. The deposit can be paid by bank transfer or by credit card.

Final Payments: Deposits and payments for pre-expedition and post-expedition services are specific to each item and are explained and communicated at time of purchase. A 30% voyage deposit per person is due at the time of booking to secure your cabin (deposits are refundable less a US$1,250pp admin fee) The second payment of 40% will be due mid November, 2024 with the final balance being due by mid June, 2025. You will receive further details about how to pay this at a later date.

Late payments: All late payments are subject to a penalty of 1.5% interest per month, or 18% per annum. Quark reserves the right to cancel any booking that is not paid within 120 days of departure or deny boarding on any unpaid balances.

Days and date prior to Expedition start, per person Cancellation Fees:

Please Note:

Should delegates need to transfer their Expedition ticket to a different person due to unforeseen circumstances, we have arranged for you to be able to do so. A US$1250 fee will apply.

Cancellations received 180 days or more prior to departure, are refundable less an administrative fee of minimum US$1250, AU$1600, £830, €1100 per person. If cancellation is received between 179 days and 120 days, the voyage deposit is forfeited.

If cancellation occurs less than 120 days prior to departure, all payments are forfeited. If full payment has not yet been received, the full penalty will still apply and any unpaid balance is due immediately. To protect your investment, Quark Expeditions highly recommends that you obtain adequate trip cancellation insurance.

All requests for cancellation must be received in writing.

What is included as part of my Conference & Expedition experience?

Inclusions:

CPD / CME hours .

Lectures will be run in between the normal Antarctica itinerary and scheduled activities.

You will not be missing excursions by attending the conference program.

Antarctica Expedition Highlights - Zodiac landings (included)

During our expedition you'll be setting foot, not only on the Antarctic Peninsula but on the Antarctic Continent itself.

Not only a chance to get a picture of yourself on a continent not too many people get to set foot on, but endless opportunities to experience the wildlife of this beautiful part of the world, up close.

Antarctica Expedition Highlights - Snowshoeing (included)

Something fun to quite literally 'walk a mile in someone else's shoes'. The explorers of yesteryear would have had to do all their explorations by snowshoe.

This activity allows us to experience what it might have been like for them and see things from a slightly different perspective.

Antarctica Expedition Highlights - Zodiac water tours (included)

Yes, we're sailing on a ship, enjoying the beauty that is Antarctica from it's decks and from within its luxurious comforts.

But it is just as amazing to feel the crisp Antarctic air on your face, and feel the thrill of exploring at sea level by zodiac, often with the opportunity to approach wildlife in it's own natural habitat.

The Zodiacs give accessibility where the ship can't quite reach, which is why they are a favourite amongst guests visiting Antarctica.

Antarctica Expedition Highlights - Polar Plunge (included)

Whilst plunging into Antarctic waters may seem like a ridiculous notion - this is a must do!

You'll find the crew is well trained in making sure this once-in-a-lifetime experience is as fun and enjoyable as possible!

Antarctica Expedition Highlights - Walking/Hiking (included)

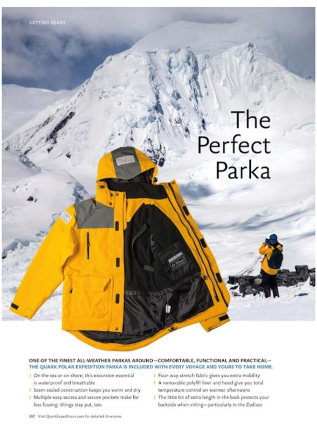
By being on a ship, you truly get to enjoy the unique perspective of seeing Antarctica by sea, but being on land offers another amazing perspective.

You can really imagine how brave the first explorers of the Antarctic must have been, walking amongst giant mountain peaks, and gain a real appreciation for the wildlife that survives in such a wild environment.

And there is more to explore on the land than you might think...

Complimentary 3-in-1 Quark Expeditions® Parka

Please Note: Your Parka is provided to you by Quark, and is complimentary. The Body Basics (pictured right) is the suggested additional attire you should bring to ensure your comfort over the course of the Expedition and Voyage.



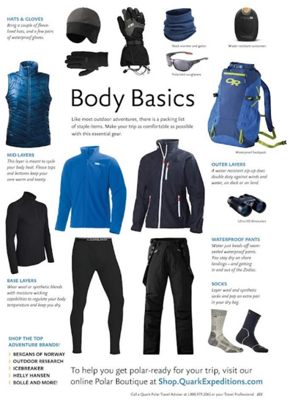
GETTING READY

The Perfect Parka

ONE OF THE FINEST ALL-WEATHER PARKAS AROUND—COMFORTABLE, FUNCTIONAL AND PRACTICAL—THE QUARK POLAR EXPEDITION PARKA IS INCLUDED WITH EVERY VOYAGE AND YOURS TO TAKE HOME.

- On the sea or on shore, this excursion essential is waterproof and breathable
- Seam-sealed construction keeps you warm and dry
- Multiple easy-access and secure pockets make for less fussing: things stay put, too
- Four-way-stretch fabric gives you extra mobility
- A removable polyfill liner and hood give you total temperature control on warmer afternoons
- The little bit of extra length in the back protects your backside when sitting—particularly in the Zodiacs

202 Visit QuarkExpeditions.com for detailed itineraries



Body Basics

Like most outdoor adventures, there is a packing list of staple items. Make your trip as comfortable as possible with this essential gear.

HATS & GLOVES
Bring a couple of fleece-lined hats, and a few pairs of waterproof gloves.

MID LAYERS
This layer is meant to cycle your body heat. Fleece tops and bottoms keep your core warm and toasty.

BASE LAYERS
Wear wool or synthetic blends with moisture-wicking capabilities to regulate your body temperature and keep you dry.

OUTER LAYERS
A water-resistant zip-up does double duty against winds and water, on deck or on land.

WATERPROOF PANTS
Water just beads off seam-sealed waterproof pants. You stay dry on shore landings—and getting in and out of the Zodiac.

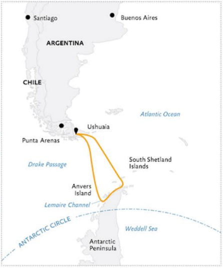
SOCKS
Layer wool and synthetic socks and pop an extra pair in your dry bag.

SHOP THE TOP ADVENTURE BRANDS!
- BERGANS OF NORWAY
- OUTDOOR RESEARCH
- ICEBREAKER
- HELLY HANSEN
- BOLLÉ AND MORE!

To help you get polar-ready for your trip, visit our online Polar Boutique at Shop.QuarkExpeditions.com

Call a Quark Polar Travel Adviser at 1.888.979.2061 or your Travel Professional 203

Quark Expeditions® World Explorer Ice-class Ship



Quark Expeditions® reveals the latest addition to its Antarctic fleet – World Explorer, its fastest and finest expedition ship to date.

Inaugural Voyage: March, 2019 **Capacity:** 176 guests **Year Built:** 2019 **Crew:** 125 **Length:** 413 feet

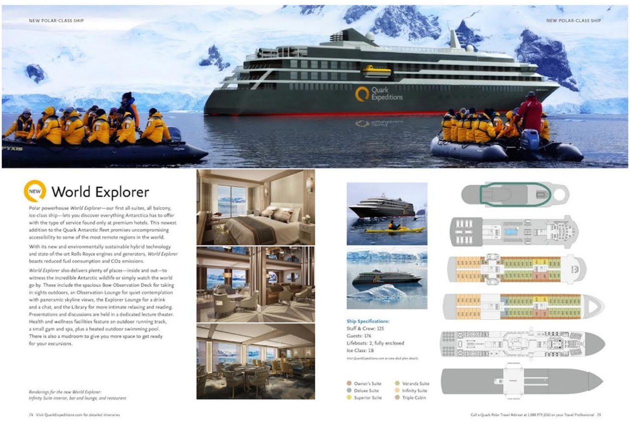
As a hybrid polar-capable ice class 1B expedition vessel it is able to run on electric motors that minimise noise, meaning travelers can fully immerse themselves in the pristine, natural wonders of Antarctica with only the sound of cracking ice. The environmentally friendly hybrid propulsion system of the ship allows for lower CO2 emissions by incorporating state-of-the-art Rolls Royce diesel/electric engine technology.

“As the world leader in remarkable polar adventures, we constantly explore new ways to enhance the traveler experience,” says Quark Expeditions® President Andrew White. “With two powerful Rolls Royce engines and six tiers of deluxe accommodations featuring balconies across all suites, World Explorer is Quark’s fastest and finest ship to date.

From an outdoor running track and heated pool to an exclusive spa and sauna, passengers will enjoy touches of luxury throughout their authentic polar expedition.”

Polar Experts Since 1991-

Since 1991, Quark Expeditions has specialized in expedition cruising to the Arctic and Antarctica, in ships with ice-strengthened hulls or in icebreakers. Polar travelers will enjoy unparalleled technical expertise, leadership and passion for expedition trips to the Arctic and Antarctica.



NEW POLAR-CLASS SHIP

NEW POLAR-CLASS SHIP

NEW

World Explorer

Polar powerhouse *World Explorer*—our first all-suites, all balcony, ice-class ship—lets you discover everything Antarctica has to offer with the type of service found only at premium hotels. This newest addition to the Quark Antarctic fleet promises uncompromising accessibility to some of the most remote regions in the world.

With its new and environmentally sustainable hybrid technology and state-of-the-art Rolls Royce engines and generators, *World Explorer* boasts reduced fuel consumption and CO2 emissions.

World Explorer also delivers plenty of places—inside and out—to witness the incredible Antarctic wildlife or simply watch the world go by. These include the spacious Bow Observation Deck for taking in sights outdoors, an Observation Lounge for quiet contemplation with panoramic skyline views, the Explorer Lounge for a drink and a chat, and the Library for more intimate relaxing and reading. Presentations and discussions are held in a dedicated lecture theater. Health and wellness facilities feature an outdoor running track, a small gym and spa, plus a heated outdoor swimming pool. There is also a mudroom to give you more space to get ready for your excursions.

Renderings for the new World Explorer:
Infinity Suite interior, bar and lounge, and restaurant

74 Visit QuarkExpeditions.com for detailed itineraries

Ship Specifications:
Staff & Crew: 125
Guests: 176
Lifeboats: 2, fully enclosed
Ice Class: 1B
Visit QuarkExpeditions.com to view deck plan details.

Owner's Suite
Deluxe Suite
Superior Suite
Veranda Suite
Infinity Suite
Triple Cabin

Call a Quark Polar Travel Adviser at 1.888.979.2061 or your Travel Professional 75

CLICK HERE TO ENQUIRE TO JOIN

Other Inclusions

Rates include all accommodations aboard ship and pre expedition hotel as outlined below.

What is included in the price of our 11 day/10 night Antarctic Expedition aboard the Quark Expeditions, World Explorer.

- ✓ Departure transfer from pier to airport for early flights on disembarkation day. Passengers leaving on later flights have access to supervised luggage storage until late afternoon.
- ✓ Pre-night hotel stay in Ushuaia, Argentina.
- ✓ Accommodation aboard the *World Explorer.*
- ✓ All meals while aboard the *World Explorer **Please inform us of any dietary requirements as far in advance as possible.*
- ✓ Domestic beer and wine with dinner.
- ✓ Emergency Evacuation Insurance to a maximum benefit of $500,000 USD per person is included complimentary.
- ✓ Welcome and farewell cocktails aboard.
- ✓ All Zodiac landings and excursions, snowshoeing and hiking are included in daily program.
- ✓ Walking poles are also provided at each landing for your convenience. Snowshoes may also be provided when conditions are favorable.
- ✓ The loan of a pair of waterproof boots for the duration of the voyage per passenger.
- ✓ One complimentary 3-in-1 Quark Expeditions® parka to keep. (you'll order your size beforehand, and your parka will be in your cabin upon arrival)
- ✓ Professional Expedition Leadership.
- ✓ Formal and informal educational presentations by the Quark Expeditions® Team.
- ✓ Online Photographic Journal.
- ✓ Coffee, tea, cocoa, soft drinks and juices available around the clock.
- ✓ All shore excursions and sightseeing; entrance fees, special access permits.
- ✓ Comprehensive pre-departure package including the Quark Expeditions® Polar Reader and Map.
- ✓ An on-board Photographer.
- ✓ All taxes, service charges and port charges.
- ✓ Services of the ship's physician.

Not Included:

- ✓ Air transportation from country of origin (return).
- ✓ Passport and visa expenses (if applicable)
- ✓ Alcoholic beverages outside of domestic beer and wine at dinner or Polar Boutique store charges.
- ✓ Voyage-end gratuities for Crew, Hospitality and Expedition Team members. (approx. US$150pp is recommended)
- ✓ Baggage, cancellation and medical travel insurance.
- ✓ Meals ashore, other than the breakfasts included with the hotel accommodation.
- ✓ Excess baggage charges.
- ✓ Extensions; passport, visa, security or immigration fees; travel insurance/travel protection plan; items of a personal nature such as use of on-board internet, laundry etc.

Unique extras & experiences on your expedition voyage...

Highly Experienced Captains, Ice Masters & Expedition Leaders and Quark's Open Bridge Policy

- ✓ The bridge is your expedition ship's command centre; this is where the magic happens! From the bridge, your Captain and his crew can see the way forward both visually and through advanced nautical navigation equipment. They can control the wheel and throttle, guiding your group safely over open water, through narrow fjords, and into pristine polar bays for further exploration by Zodiac or on foot.

- ✓ Your Captain and Expedition Leader exercise an 'Open Bridge' policy. This means you're allowed to actually go into the command centre of ship for a look at the inner workings of your expedition. On larger ships, as with the cockpits of commercial airlines, these areas are typically restricted and inaccessible to passengers.

Additional Adventure Options...

Sea Kayaking

- ✓ PLEASE NOTE - LIMITED AVAILABILITY!
  Please let us know asap if this activity/excursion is something you'd like to book.
- ✓ Kayaking in Antarctica is probably one of the most intimate and inspiring ways you can explore this incredible region. Glide through the quiet waters and take in the beauty of Antarctica. Paddle through astounding icebergs, watch penguins, seals and possibly whales swim around your kayak.
- ✓ Kayaking in the Polar Regions is highly weather-dependent, however we guarantee at least one outing during your voyage. Your kayak guides will always attempt to take you out as many times as possible throughout your voyage.
- ✓ All equipment, guides and instructions are provided by Quark.
- ✓ **Please Note:** It is required that you have some kayaking experience.
- ✓ **Cost:** US$995pp

Ice Camping

- ✓ PLEASE NOTE - LIMITED AVAILABILITY!
  Please let us know asap if this activity/excursion is something you'd like to book.
- ✓ It may sound unbelievable, but camping overnight on the 7th Continent is absolutely wonderful - snug in your warm, water-resistant and breathable bivy under the dim glow of a polar sky with an intimate group of campers.
- ✓ No experience required.
- ✓ **Cost:** US$295pp

Paddle Kayak

- ✓ PLEASE NOTE - LIMITED AVAILABILITY!
  Please let us know asap if this activity/excursion is something you'd like to book.
- ✓ Explore the ocean from a more intimate vantage point on a sit-on-top kayak. No experience is required to manoeuvre these very stable kayaks, allowing you to enjoy an unforgettable experience on the water, taking in breathtaking landscapes and wildlife. Whether it's your first time in a kayak or you want greater flexibility to try other Adventure options, this shorter excursion is for you.
- ✓ All equipment, guides and instructions are provided by Quark.
- ✓ **Please Note:** Paddling in the Polar Regions is highly weather-dependent and a one-time experience. Your kayak guides will attempt to take you out on the water for 1-1.5 hours of paddling.
- ✓ **Cost:** US$295pp