

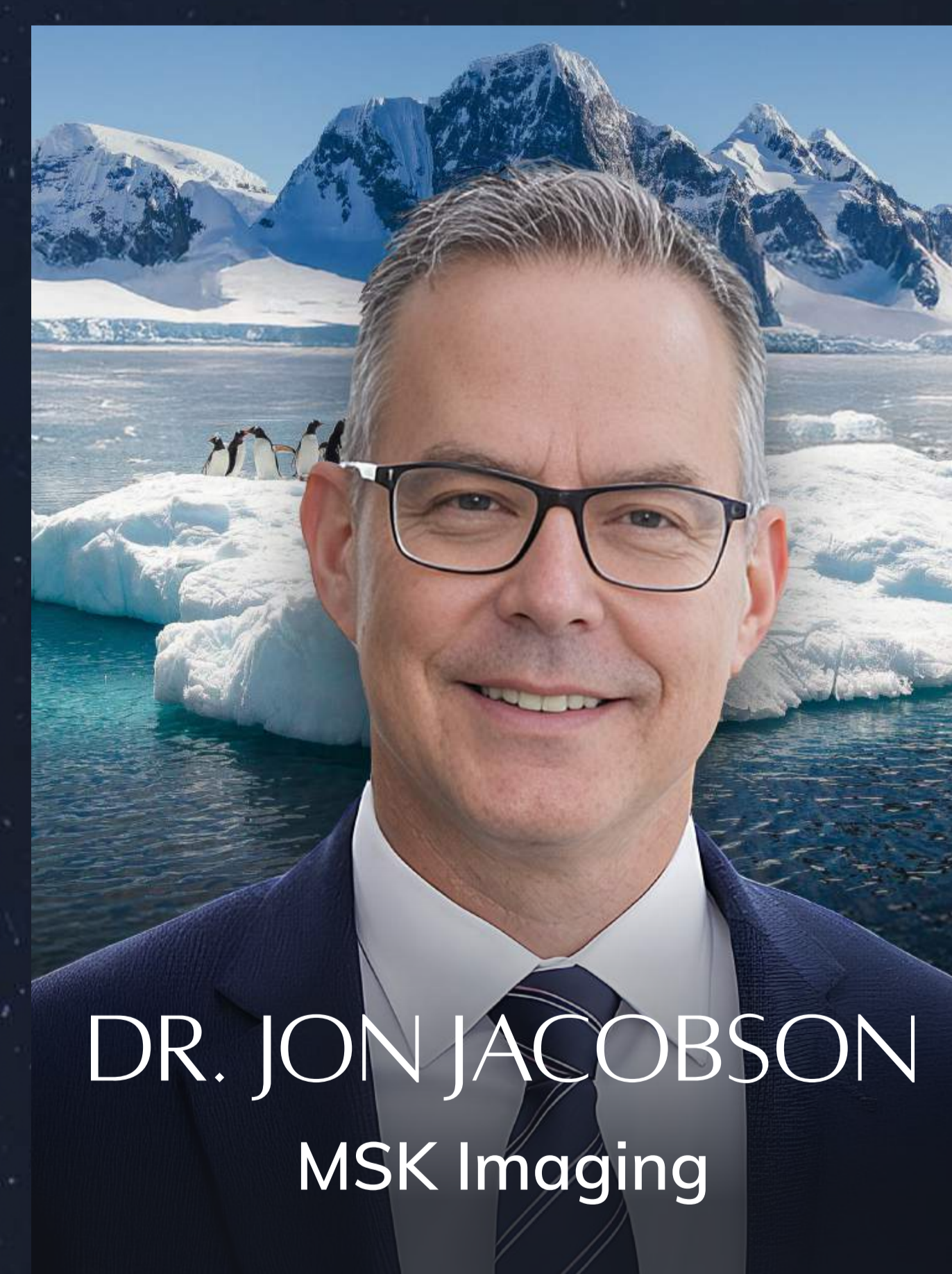
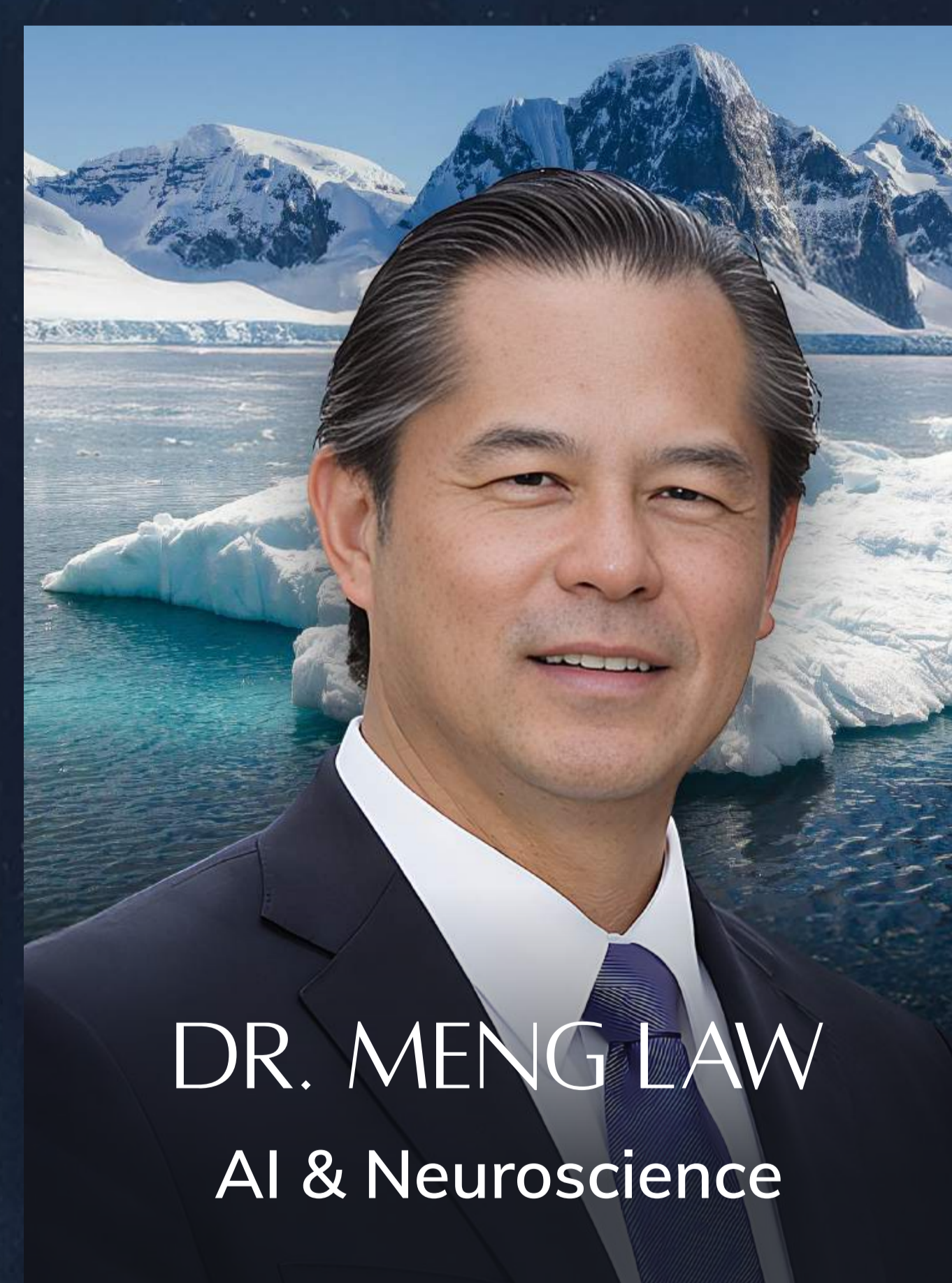
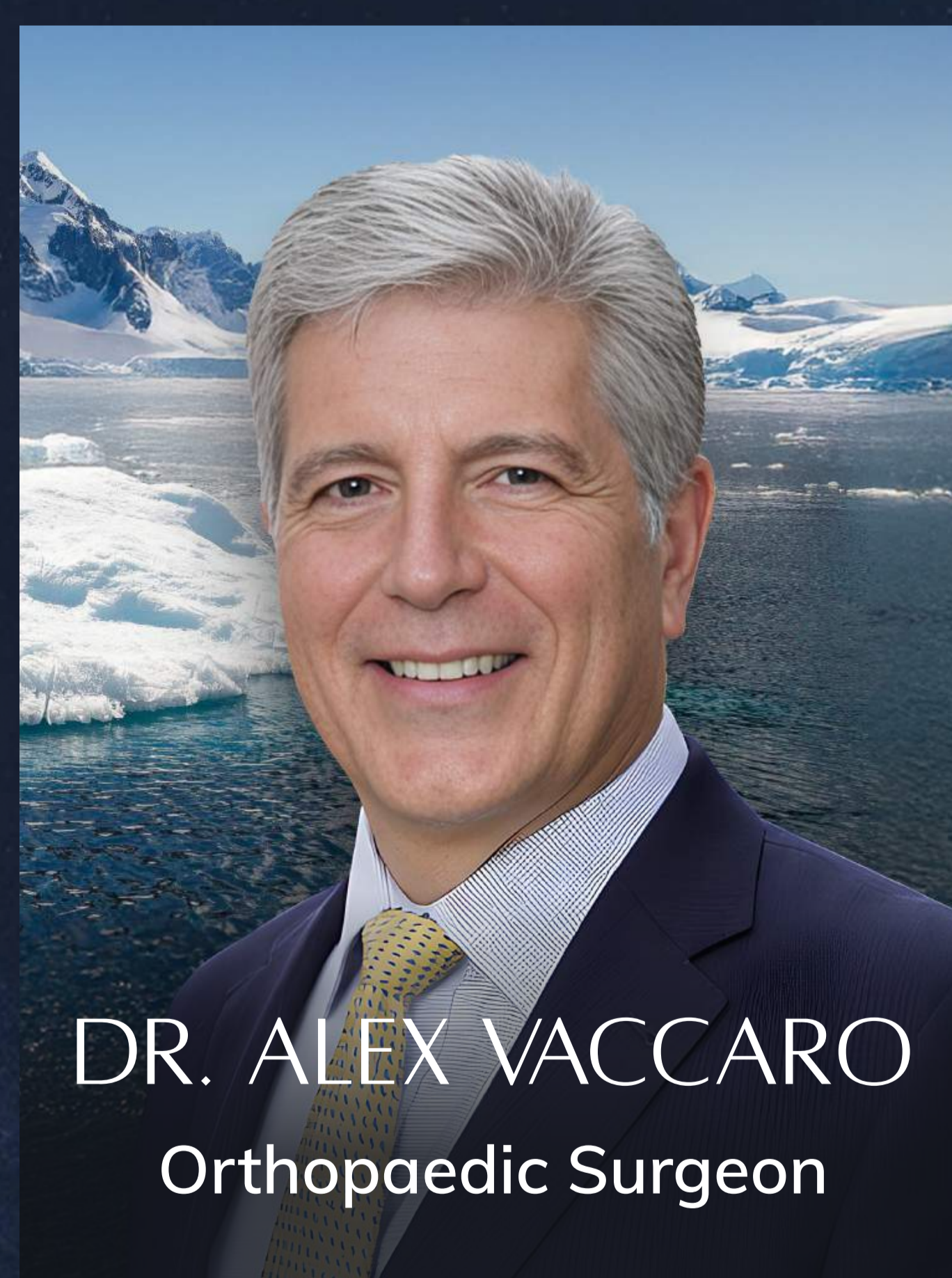


JANUARY 5 – 15, 2027

ORTHOPAEDICS, BUSINESS, AI, NEUROSCIENCE & MSK IMAGING

— At the Edge —

EXPEDITION & CME CONFERENCE



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We invite you to be part of a unique CME experience that brings together world-class education, meaningful connection, and extraordinary surroundings.

This conference is designed to encourage open discussion, shared learning, and collaboration — both in the lecture space and beyond it.

Whether attending sessions, exploring ashore, or connecting with colleagues, each moment is part of a carefully considered experience.

We look forward to welcoming you aboard and sharing this remarkable journey together.

Email: jay@bhconferencing.com

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WELCOME ABOARD

This conference brings together a robust scientific programme and world-class speakers in a truly pristine setting — an extraordinary scientific journey to the edge of the world.



— AN EXPERIENCE FEW WILL ENCOUNTER —

We extend our sincere thanks to our keynote and contributing speakers, and to our delegates and travelling partners for being part of this remarkable expedition.

Your support and commitment have made this extraordinary learning experience possible.

- Jon, Meng, Alex and Neal

DR. NEAL ELATTRACHE | USA



Dr Neal ElAttrache is a world-renowned orthopaedic surgeon and sports medicine specialist at the Cedars-Sinai Kerlan-Jobe Orthopaedic Clinic in Los Angeles. He serves as Head Team Physician for the Los Angeles Dodgers and the Los Angeles Rams, and as orthopaedic consultant to the Los Angeles Lakers, Los Angeles Kings, Anaheim Ducks, and PGA Tour athletes. Widely trusted by elite athletes and high-profile figures, he is recognised for both surgical excellence and compassionate patient care.

Dr ElAttrache earned his medical degree from the University of Pittsburgh, where he also completed his internship in general surgery and residency in orthopaedic surgery. He subsequently completed a fellowship in sports medicine at the Kerlan-Jobe Orthopaedic Clinic and joined the faculty shortly thereafter, building an international reputation in orthopaedic sports medicine.

An acknowledged leader in the field, Dr ElAttrache has pioneered surgical techniques and innovative tools for ligament and tendon repair. His clinical and academic work has significantly advanced the treatment of complex sports injuries, particularly in the shoulder and elbow.

Dr ElAttrache's academic achievements include authoring more than 100 peer-reviewed publications and 40 textbook chapters, as well as delivering over 300 invited lectures at national and international conferences. He has served as President of both the American Orthopaedic Society for Sports Medicine and the Herodicus Society, and continues to play an active leadership role within major orthopaedic organisations.

His contributions to sports medicine have earned widespread recognition, including listings among America's Top Doctors, Best Doctors in America, and multiple "Top Sports Medicine Physician" honours. Through his clinical practice, research, and education, Dr ElAttrache continues to influence the care of athletes and patients worldwide.

**Great ideas often emerge
far from the usual places.**

KEYNOTE SPEAKER

DR. ALEX VACCARO | USA



Dr Alexander Vaccaro is the Richard H. Rothman Professor and Chairman of Orthopaedic Surgery and Professor of Neurosurgery at Thomas Jefferson University, and President of the Rothman Orthopaedic Institute in Philadelphia. A leading authority in spine surgery and spinal trauma, he is internationally recognised for his contributions to clinical care, research, and education in spine disorders.

Dr Vaccaro graduated summa cum laude from Boston College and earned his medical degree with honours from Georgetown University School of Medicine. He completed a surgical internship at Cedars-Sinai Medical Center in Los Angeles and his orthopaedic surgery residency at Thomas Jefferson University, followed by a spine fellowship at the University of California, San Diego. He later earned a PhD in spinal trauma and an MBA from Temple University's Fox School of Business.

An acknowledged leader in spine research and education, Dr Vaccaro has authored more than 1,200 peer-reviewed publications, over 380 book chapters, and has edited more than 65 textbooks. He has delivered hundreds of invited lectures worldwide and continues to advance the field through both academic and clinical leadership.

Dr Vaccaro has served as President of several major professional societies, including the Cervical Spine Research Society and the American Spinal Injury Association. His work has been recognised with numerous honours, including the Leon Wiltse Award for excellence in spine research and leadership. He also co-directs the Regional Spinal Cord Injury Center of the Delaware Valley and leads the Spine Fellowship Program at Jefferson, helping to train the next generation of spine specialists.

**The right setting turns
discussion into insight.**

DR. MENG LAW | USA



Professor Meng Law is Chair and Program Director of Radiology and Nuclear Medicine at Alfred Health, and Director of iBRAIN (Integrated Bioinformatics Research in AI and Neuroimaging) at Monash University. He completed his training in Melbourne and worked in the United States for nearly 20 years.

He comes to us most recently from the USC Keck Medical Centre in Los Angeles, where he was the Director of Neuroradiology, Neuroradiology Fellowship Program Director, Director of NIA USC Alzheimer Disease Research Center, Neuroimaging Core and Medical Director of the Stevens Institute of Neuroimaging and Informatics where he was also the Professor of Radiology, Neurological Surgery USC Keck School of Medicine as well as Professor of Biomedical Engineering USC Viterbi School of Engineering.

Prior to California, Meng was Associate Professorial at Mt Sinai School of Medicine and New York University School of Medicine in New York where undertook a Neuroradiology fellowship at the New York University Medical Centre in 2000.

Over the years Meng has held leadership roles with many US and international professional organisations, including President of the American Society of Spine Radiology and President American Society of Functional Neuroradiology. Meng's major areas of research interest include the ageing brain and Alzheimer's Disease, AI, big data science and machine learning, advanced neuro MR imaging techniques, molecular imaging, traumatic brain injury and imaging in prolonged spaceflight, research with NASA and the European Space Agency.

Being an avid teacher, clinician and investigator, he has published over 400 peer review papers and given over 1000 lectures worldwide, been awarded the Outstanding Teacher Award at the International Society of Magnetic Resonance in Medicine (ISMRM), the Award for Excellence by the Society of Neuro-oncology (SNO), the Distinguished Investigator Award from the Academy of Radiology and Biomedical Imaging Research and recently a Fellow of the American Society of Functional Neuroradiology.

Learn while exploring one of the planet's most untamed environments.

DR. JON JACOBSON | USA



Jon A. Jacobson, MD, FACR, is a board-certified musculoskeletal radiologist with extensive experience in both clinical practice and academic medicine. His training includes a radiology residency at Henry Ford Hospital followed by a musculoskeletal imaging fellowship at the University of California, San Diego, where he developed a strong focus on advanced imaging techniques for evaluating musculoskeletal conditions.

Dr. Jacobson is currently a Clinical Professor of Radiology at the University of Michigan, where he is actively involved in teaching, mentoring, and research. His primary research interests include musculoskeletal ultrasound and MRI, with a particular emphasis on improving diagnostic accuracy and expanding the clinical applications of imaging for the evaluation of joints, tendons, nerves, and other soft tissue structures.

Throughout his academic career, Dr. Jacobson has authored more than 260 peer-reviewed publications and has delivered numerous invited lectures and hands-on workshops at both national and international meetings. He has also served as a visiting professor on more than 50 occasions and is a past President of the Society of Skeletal Radiology.

Dr. Jacobson has received numerous awards recognizing his excellence in teaching and mentorship, including the 2023 Distinguished Educator Award from the American Roentgen Ray Society. He is also the author of the widely used textbook *Fundamentals of Musculoskeletal Ultrasound*, which has been translated into five languages and is currently in its fourth edition.

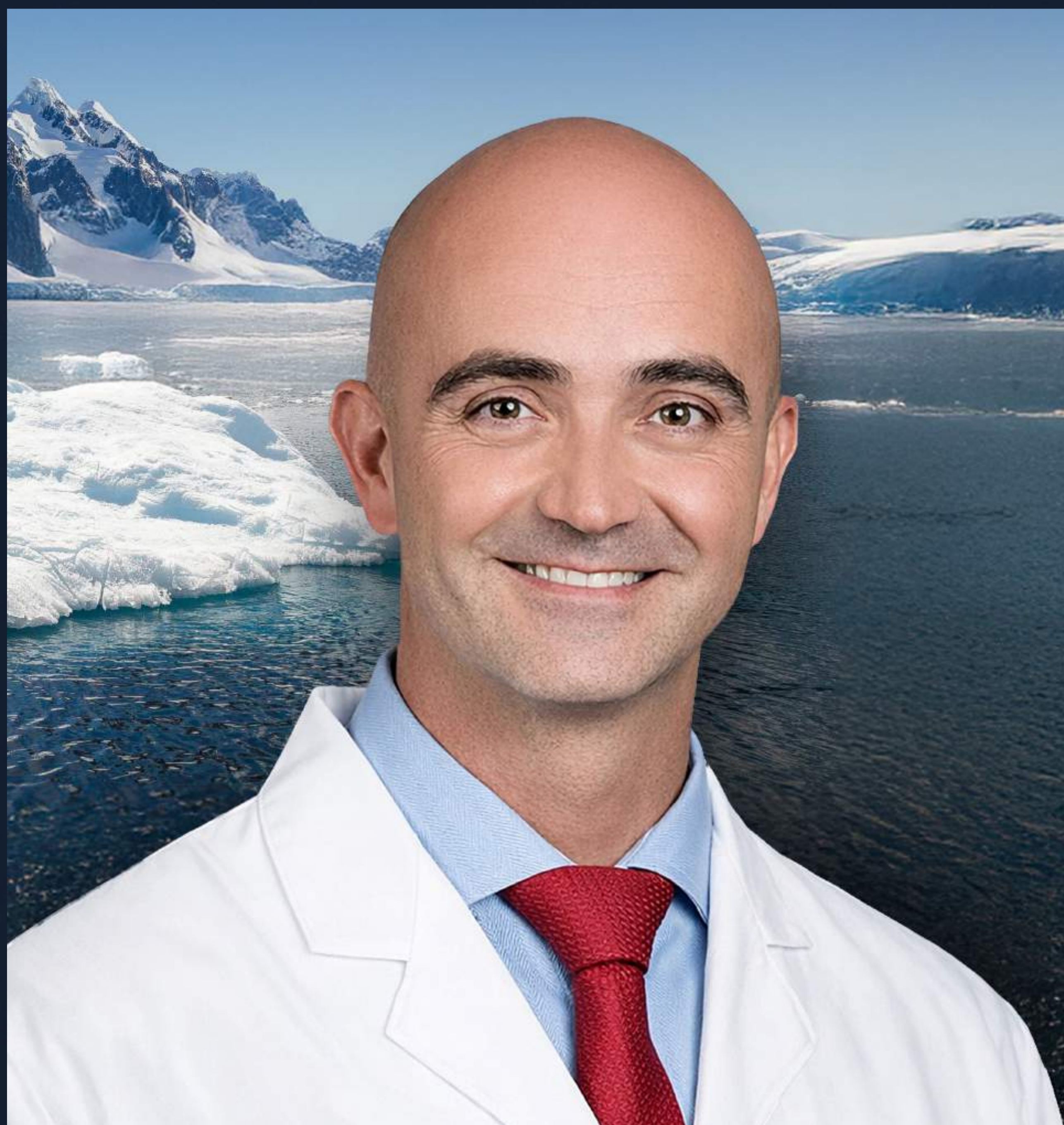
Dr. Jacobson's curriculum vitae can be found at www.jacobsonmskus.com.

What we learn
with pleasure, we
never forget.

– Dr Charles Alfred Mercier

COURSE DIRECTOR

DR. DEREK PAPP | USA



Dr. Derek Papp is a board-certified orthopedic surgeon and sports medicine physician with Baptist Health Orthopedic Care. He also serves as Assistant Professor of Orthopaedic Surgery at Florida International University and is a team physician for the Baltimore Orioles. His clinical practice focuses on sports medicine and arthroscopic surgery, with particular expertise in shoulder and elbow disorders, knee ligament injuries and the care of throwing athletes.

Dr. Papp earned his medical degree from the Johns Hopkins University School of Medicine, where he also completed his internship and residency in orthopaedic surgery. He subsequently completed a fellowship in orthopaedic sports medicine at Doctors Hospital in Coral Gables, Florida.

Following his fellowship, he returned to Baltimore to serve as part-time orthopaedic surgery faculty at Johns Hopkins Hospital, contributing to the training of orthopaedic residents.

He provides orthopaedic care to athletes of all levels, from recreational competitors to professional athletes. In addition to his role with the Baltimore Orioles, he has served as a team physician for several professional and collegiate organizations, including the Tampa Bay Buccaneers, Florida Panthers and Florida International University athletics.

Dr. Papp has published scientific articles in peer-reviewed journals and presented research at national and international orthopaedic conferences. He is an active member of several professional societies, including the Major League Baseball Team Physicians Association, the American Orthopaedic Society for Sports Medicine and the Arthroscopy Association of North America.

The world's most remarkable places often inspire the most memorable discussions.



“Medical education is not just a program for building knowledge and skills in its recipients, it is also an experience which creates attitudes and expectations.”

– Abraham Flexner

EXPEDITION ITINERARY

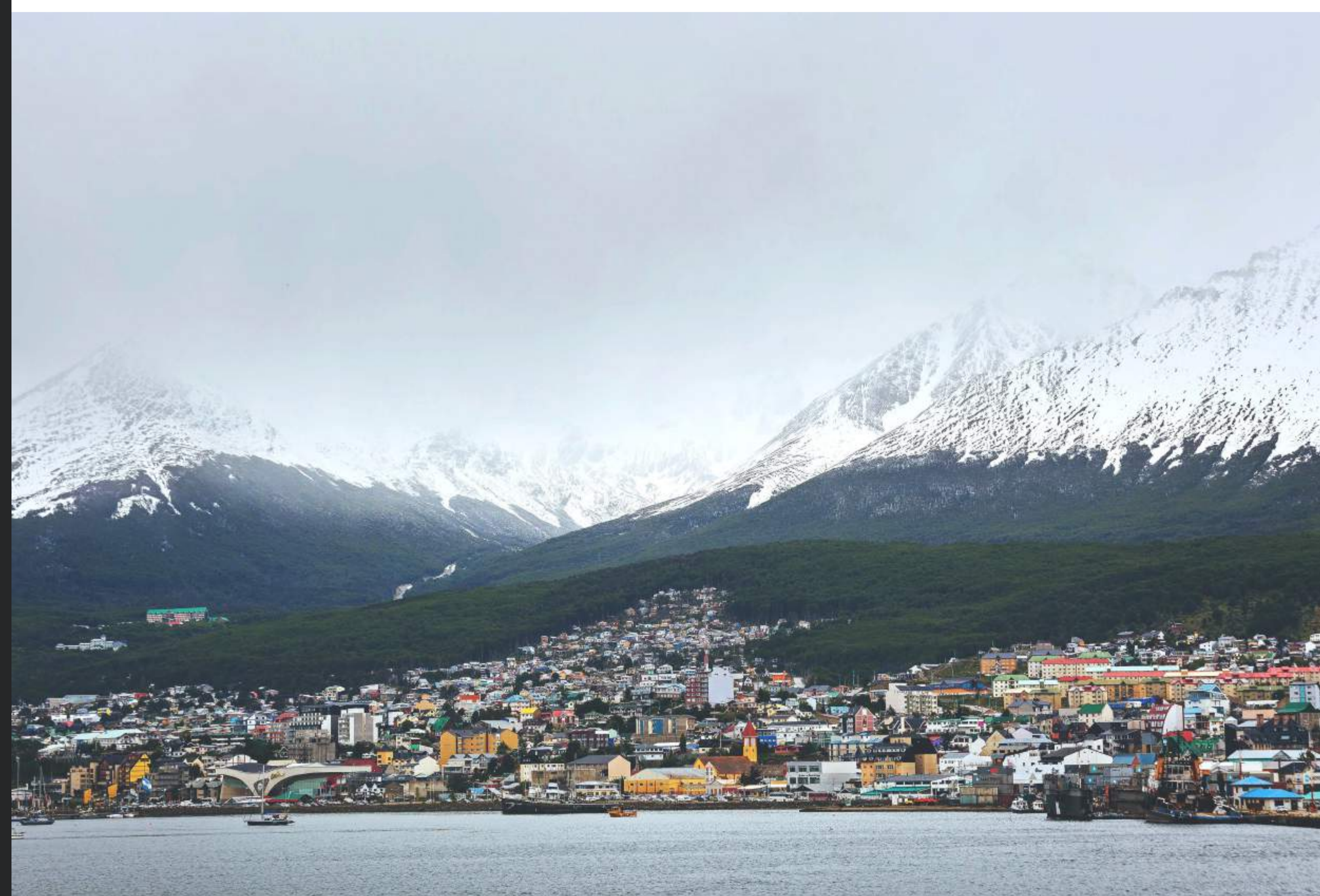
DAY 1

5 Jan 2027

ARRIVE IN BUENOS AIRES, ARGENTINA

Upon arriving in this splendid city, known for its vibrant Argentinian culture, European architecture and cosmopolitan vibe, you will independently transfer to your group hotel (pre-expedition hotel night included in mandatory transfer package).

Please note: Due to unpredictable Antarctic weather, the conference schedule will remain flexible. Lecture times may change at short notice and updates will be communicated via the ship's onboard channels. We will make every effort to reschedule all lectures appropriately.



DAY 2

6 Jan 2027

FLY TO USHUAIA & EMBARK

After an early breakfast, the group will transfer to the airport for a private charter flight to Ushuaia, Argentina. On arrival, you'll head to a central downtown location to explore this charming port town at your leisure before proceeding to the designated pier.

Following late-afternoon embarkation, you'll sail the historic Beagle Channel through the Tierra del Fuego archipelago, building excitement for your next destination—the Antarctic.

DAY 3,4

7, 8 Jan 2027

DRAKE PASSAGE CROSSING

The unpredictable and exciting Drake Passage is an adventure unto itself.

While being well taken care of by our expert onboard staff and leaders, you'll have plenty of time to gaze out at the ocean, take pictures of seabirds swooping around the ship, and get to know your Expedition Team and fellow travelers.



From lectures to glacier-lined seas — learn in one of the world's most pristine environments.

DAY 5–8

9 - 12 Jan 2027

SOUTH SHETLAND ISLANDS & ANTARCTIC PENINSULA

The most common reaction upon reaching the White Continent is a sense of reverence and awe. The experience is beyond words, since few places are as untouched and enduring as Antarctica.

Every time we visit Antarctica, we witness something new—creating your unique, personal Antarctica experience.

DAY 9, 10

13, 14 Jan 2027

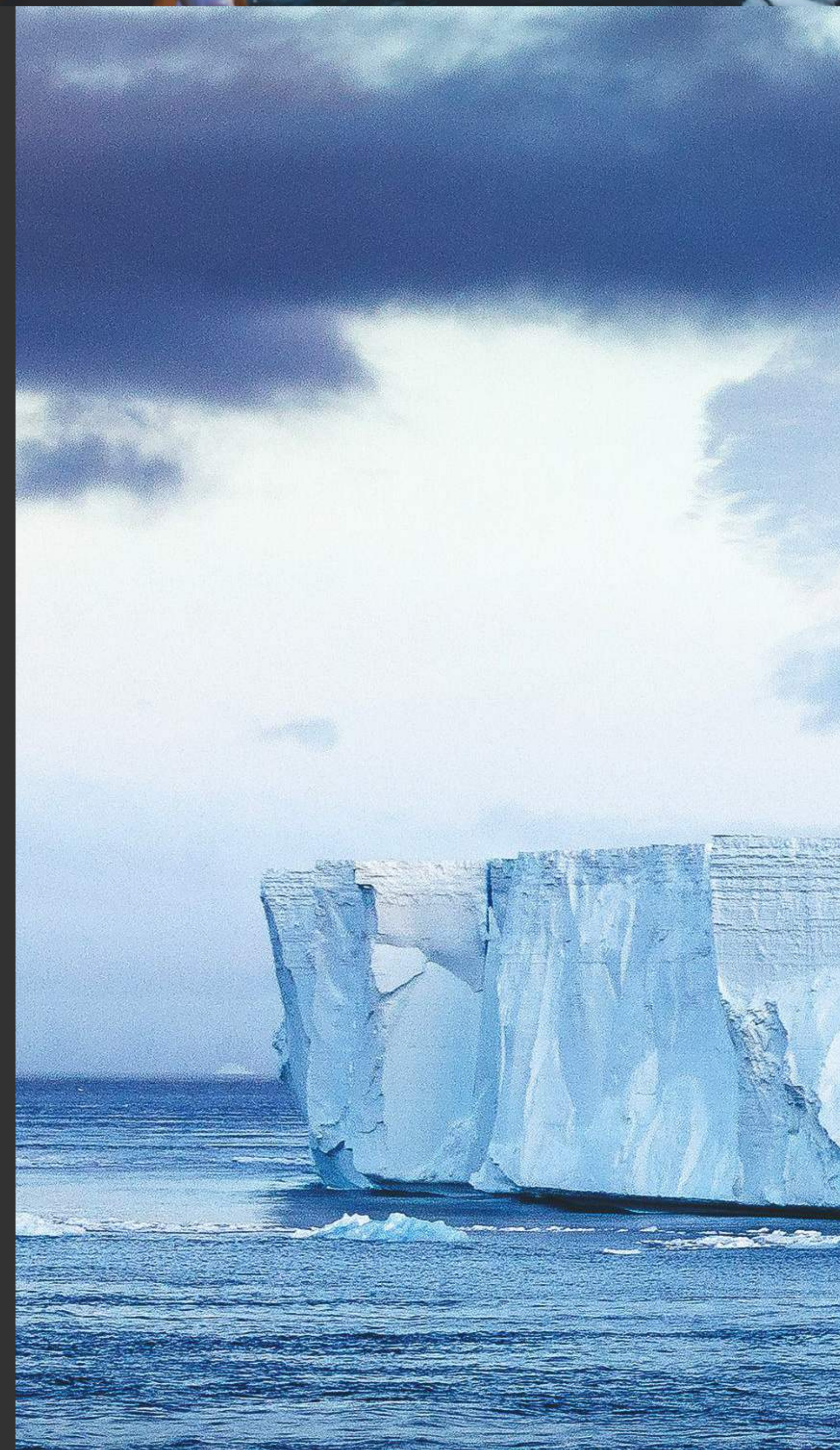
DRAKE PASSAGE CROSSING

The journey back across the Drake Passage provides final opportunities to enjoy the crisp Antarctic air.

Spend time on the deck, watching for seabirds and scouting for whales, enjoy presentations by your Expedition Team and celebrate the experiences shared exploring Antarctica.



Time slows, creating room for thought, discussion, and clarity.



DAY 11

15 Jan 2027

DISEMBARK IN USHUAIA & FLY TO BUENOS AIRES

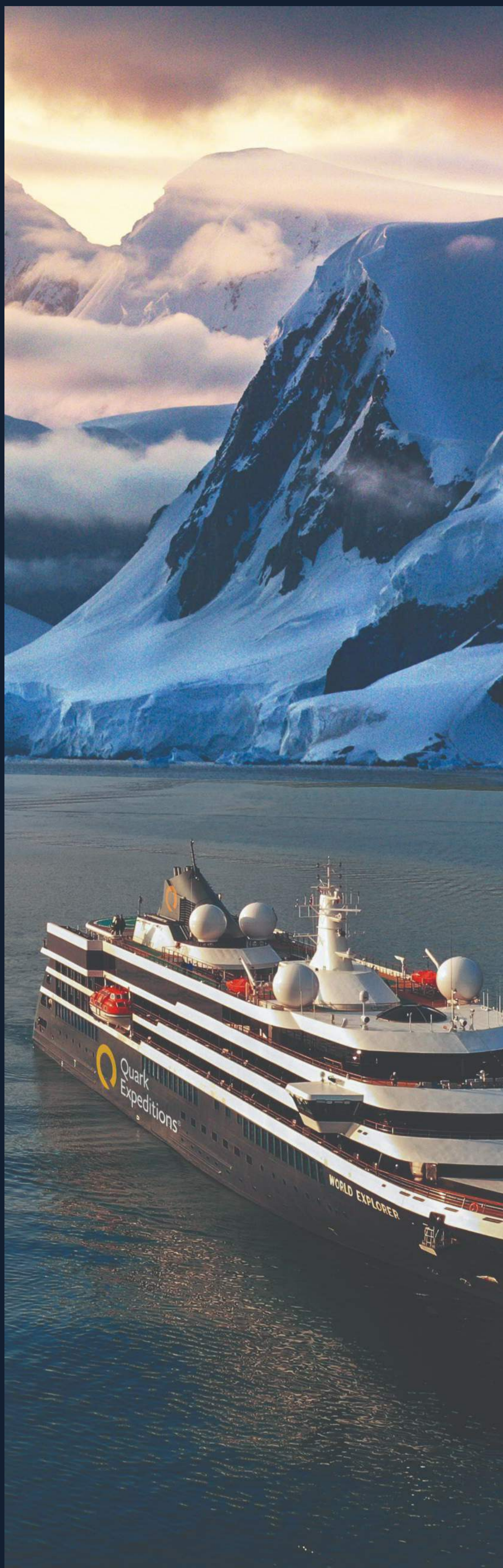
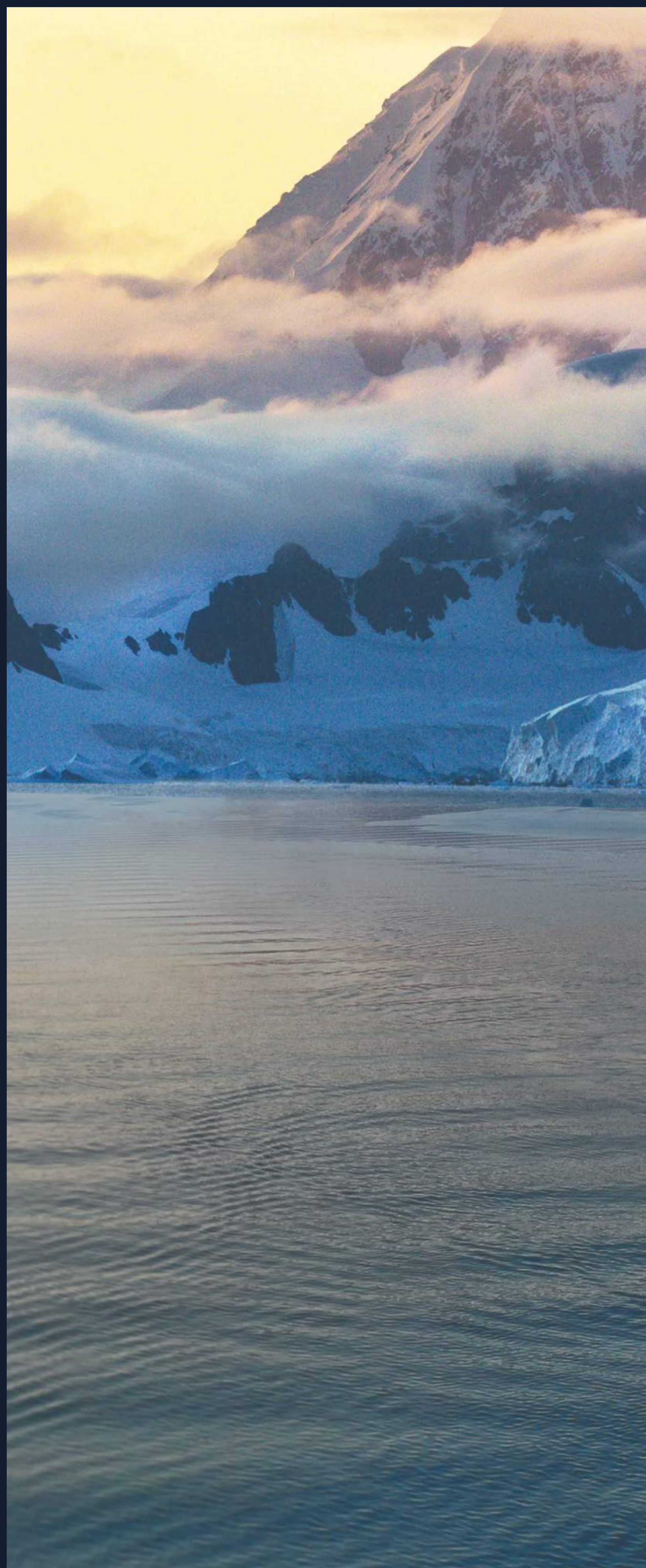
You will arrive in Ushuaia in the morning and disembark after breakfast. From there, you will transfer to the airport and make your way toward your group charter flight to Buenos Aires, continuing your journey with lasting memories of your Antarctic adventure.

EXPEDITION ITINERARY



Please note: Due to unpredictable Antarctic weather, the conference schedule will remain flexible. Lecture times may change at short notice and updates will be communicated via the ship's onboard channels. We will make every effort to reschedule all lectures appropriately.





EXPEDITION ITINERARY

The Course Directors present timely topics reflecting advances in Artificial Intelligence, Neuroscience, and MSK/Sports Imaging, alongside sessions on professional development, leadership, and optimising patient outcomes in everyday practice.

The programme also explores key issues such as AI-driven healthcare transformation and concussion management in contact sports.

DAY 1

5th January 2027

- Arrive Buenos Aires and check in to the Alvear Art Hotel

DAY 2

6th January 2027

8:45 am Charter transfer to Airport

11:00 am Charter flight to Ushuaia

4:00 pm Board World Voyager

6:00 pm Disembark for the Antarctic Peninsula

DAY 3

7th January 2027

Sea day Onboard safety briefings, ship orientation, and introductory lectures as we set sail toward the Antarctic Peninsula. Time to settle in, explore the vessel, and become familiar with expedition procedures.

DAY 4

8th January 2027

7:00 am - 8:00 am Breakfast

8:00 am - 8:30 am By Endurance We Conquer: Shackleton's Lessons for the 21st Century Physician - **Derek Papp**

8:30 am - 9:00 am Effective Team Building - **Dr. Alex Vaccaro**

9:30 am - 10:00 am Group Discussion

10:00 am - 12:00 pm Antarctica Landing / Zodiac Tour

9:30 am - 10:00 am Group Discussion

12:00 pm - 12:30 pm Lunch

12:30pm - 1:00 pm Imaging of Subtle and Important Hip and Knee Fractures - **Prof. Jon Jacobson**

1:00 pm - 1:30 pm Neal ElAttrache TBD

1:30 pm - 2:00 pm Sports Recovery and Rehabilitation: Emphasis on the Cold Plunge - **Dr Derek Papp**

2:00 pm - 2:30 pm Group Discussion

2:30pm - 4:30 pm Antarctica Landing / Zodiac Tour

DAY 5

9th January 2027

7:00 am - 8:00 am	Breakfast
8:00 am - 8:30 am	TBD - Neal ElAttrache
8:30 am - 9:00 am	MRI of the Hip - Prof. Jon Jacobson
9:00 am - 9:30 am	De-skilling, Never-skilling and Mis-skilling with AI: Universal Basic and Universal High Income - Prof. Meng Law
9:30 am - 10:00 am	Group Discussion
10:00 am - 12:00 pm	Antarctica Landing / Zodiac Tour
12:00 pm - 12:30 pm	Lunch
12:30 pm - 1:00 pm	Technological Advances in Spine Surgery - Dr. Alex Vaccaro
1:00 pm - 1:30 pm	Ultrasound of Peripheral Nerve Entrapment - Prof. Jon Jacobson
2:00 pm - 2:30 pm	Group Discussion
2:30 pm - 4:30 pm	Antarctica Landing / Zodiac Tour

DAY 6

10th January 2027

7:00 am - 8:00 am	Breakfast
8:30 am - 9:00 am	Imaging the Neurovascular Unit/Glymphatics in Prolonged Spaceflight - Prof. Meng Law
9:00 am - 9:30 am	TBD - Neal ElAttrache
9:30 am - 10:00 am	Group Discussion
10:00 am - 12:00 pm	Antarctica Landing / Zodiac Tour
12:00 pm - 12:30 pm	Lunch
12:30 pm - 1:00 pm	Controversies in the Management of Spinal Trauma - Dr. Alex Vaccaro
1:00 pm - 1:30 pm	Radiographic Evaluation of Arthritis - Prof. Jon Jacobson
2:00 pm - 2:30 pm	Group Discussion
2:30 pm - 4:30 pm	Antarctica Landing / Zodiac Tour

DAY 7

11th January 2027

7:00 am - 8:00 am

Breakfast

8:00 am - 8:30 am

Impact of Imaging and AI on the Environment: How Can We Become More Sustainable - **Prof. Meng Law**

8:30 am - 9:00 am

MRI of the Shoulder with Ultrasound Correlation - **Prof. Jon Jacobson**

9:00 am - 9:30 am

TBD - **Harris Gellman**

9:30 am - 10:00 am

Group Discussion

10:00 am - 12:00 pm

Antarctica Landing / Zodiac Tour

12:00 pm - 12:30 pm

Lunch

12:30 pm - 1:00 pm

Introduction to the Society for Bedside Medicine - **Derek Papp**

1:00 pm - 1:30 pm

Current Applications and Future of AI in Healthcare, Spaceflight and Humanity - **Prof. Meng Law**

2:00 pm - 2:30 pm

Group Discussion

2:30 pm - 4:30 pm

Antarctica Landing / Zodiac Tour

DAY 8

12th January 2027

7:00 am - 8:00 am

Breakfast

8:00 am - 8:30 am

Imaging of Musculoskeletal Infection - **Prof. Jon Jacobson**

8:30 am - 9:00 am

Charcot Spine - **Dr. Alex Vaccaro**

9:30 am - 10:00 am

Group Discussion

10:00 am - 12:00 pm

Antarctica Landing / Zodiac Tour

12:00 pm - 12:30 pm

Lunch

12:30 pm - 1:00 pm

Cardiovascular Contributions and Risk Factors for Dementia - **Prof. Meng Law**

1:00 pm - 1:30 pm

Providing the Gift of Motion: How to Improve Lives of Those with Spinal Cord Injury - **Dr. Alex Vaccaro**

2:00 pm - 2:30 pm

Group Discussion

2:30 pm - 4:30 pm

Antarctica Landing / Zodiac Tour

DAY 9

13th January 2027

7:00 am - 8:00 am

Breakfast

8:00 am - 8:30 am

Algorithmic Approach to Musculoskeletal Pathology - **Prof. Jon Jacobson**

8:30 am - 9:00 am

Neurotrauma/Traumatic Brain Injury: Australian vs American Football — Which is Worse? - **Prof. Meng Law**

9:30 am - 10:00 am

Group Discussion

10:00 am - 12:00 pm

Antarctica Landing / Zodiac Tour

12:00 pm - 12:30 pm

Lunch

12:30 pm - 1:00 pm

Tips for Building a Successful Medical Practice - **Dr. Alex Vaccaro**

1:00 pm - 1:30 pm

TBD - **Neal ElAttrache**

2:00 pm - 2:30 pm

Group Discussion

2:30 pm - 4:30 pm

Antarctica Landing / Zodiac Tour

DAY 10

14th January 2027

7:00 am - 8:00 am

Breakfast

8:00 am - 12:00 pm

Free Day — No Lectures

12:00 pm - 12:30 pm

Lunch

12:30 pm - 4:30 pm

Free Afternoon

DAY 11

15th January 2027

From 10:00 am

Airport transfer to Ushuaia airport

FACULTY

Derek Papp Orthopaedic Surgeon

Dr. Neal ElAttrache Orthopaedic Surgeon

Dr. Alex Vaccaro Orthopaedic Surgeon

Dr. Meng Law AI & Neuro Radiology

Dr. Jon Jacobson MSK Radiology Ultrasound



REFLECTIONS FROM KEYNOTE SPEAKERS

Hear medical professionals share their remarkable journeys at our conferences in extraordinary locations

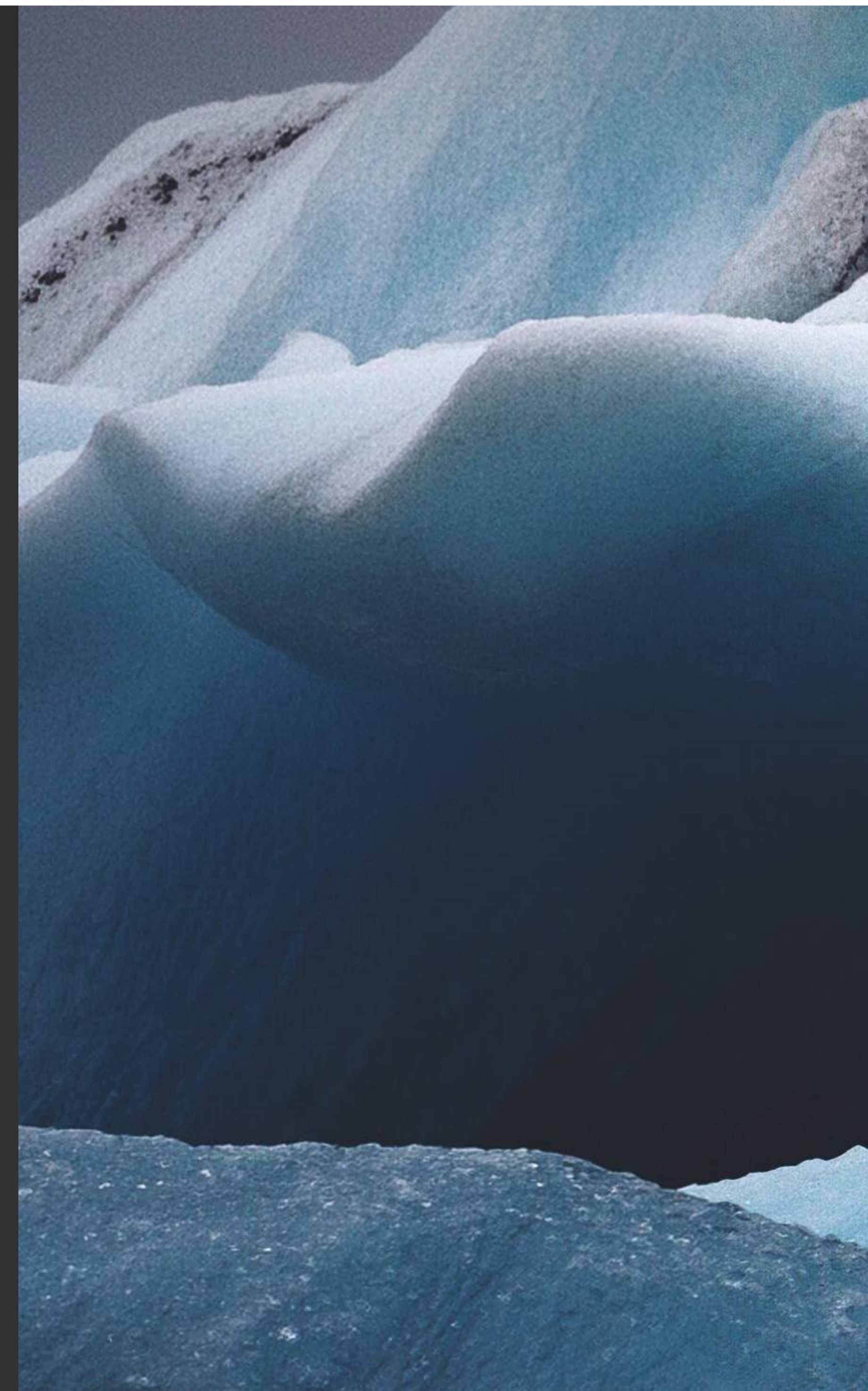
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Donald
Resnick, MD

MSK RADIOLOGY

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Neal Rofsky, MD

NUCLEAR MEDICINE,
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Mark Anderson, MD

DIAGNOSTIC RADIOLOGY

Learning alongside leading physicians from around the world — Antarctica creates connections you simply can't replicate elsewhere.



Jon Jacobson, MD

MSK IMAGING

Clinically relevant content delivered in settings you'll never forget.



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The World Voyager is a modern expedition ship designed for comfort, connection, and exploration. Light-filled interiors and welcoming communal spaces create a calm, refined environment throughout the voyage.

Observation lounges and shared areas offer panoramic views and natural spaces to relax, reflect, and connect between sessions.

Thoughtfully designed spaces for comfort, focus, and connection.





Cabins are thoughtfully designed, many with private balconies offering uninterrupted views of the surrounding landscape.

Onboard facilities include comfortable social areas, wellness and fitness spaces, and a purpose-built lecture theatre with modern audiovisual capabilities — providing an ideal setting for focused learning and discussion.

ADDITIONAL INFORMATION

Buenos Aires

Buenos Aires is the capital of Argentina, home to 2.9 million people, and the most visited city in South America.

In January and February, the average maximum temperature is around 29°C / 84°F.

International Airport (EZE) car service

Guests transferring independently can take a remise from EZE Airport to a central hotel for about \$50 USD. The journey takes around 45 minutes, or up to 75 minutes during the 7–9 am rush hour.

Public taxis are not recommended. It is better to use a 'remise'. Upon exiting the customs area, their counter is on the left.

Guests can pay in USD or by credit card. Remise car service desks are located just after customs and must be arranged directly at the airport.



For restaurants, consider:

Fervor Restaurant

STEAKHOUSE

Posadas 1519 | Esquina Av Callao,
Buenos Aires 1426, Argentina
+54 11 4804-4944 2

Aires Criollos

STEAKHOUSE

venida Santa fe 1773, Buenos Aires
C1060ABD, Argentina
+54 11 4811-3766 3

Duhau Restaurante & Vinoteca

EUROPEAN RESTAURANT

Avenida Alvear 1661 | Palacio Duhau -
Park Hyatt, Buenos Aires C1014AAD
+54 11 5171-1340



CME AMA PRA CATEGORY 1 CREDITS

US Delegates

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the International Advanced Medical Education (IAME) Institute and Blue Horizon Conferencing. Meetings accredited for up to a maximum of 20 CME Credits.

EU/UK Delegates

European and other delegates may be able to earn CME credit through their countries' arrangements with either the AMA or AOA. *A certificate of completion with the relevant approval code will be provided to all participants.

AU / NZ Delegates

Meetings accredited for up to a maximum of 20 CPD credits under the Australian Orthopaedic Association Continuing Professional Development Program. The Foundation for Orthopaedic Research and Education designates this live activity for a maximum of 22 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity

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Your expedition to Antarctica is a once-in-a-lifetime adventure — make sure it's protected. From unexpected cancellations and medical emergencies to lost luggage and weather-related disruptions, comprehensive travel insurance is an essential part of your journey.

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If you haven't already done so, we strongly encourage you to connect with Jay at jay@bhconferencing.com to ensure you're enrolled in the most suitable travel insurance plan for your trip. Safeguard your experience — so you can explore with confidence.



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Blue Horizon Conferencing delivers immersive continuing education in some of the world's most extraordinary destinations, from Antarctica and the Arctic to Africa, the Amazon, and Tuscany.

With over 18 years of combined experience at sea, Jay and Samantha ensure every detail runs seamlessly, allowing you to focus on education, connection, and exploration.

Jay will be sailing throughout the conference and expedition and is always available to assist.

- Jay Duncanson & Samantha Wyatt

Email: jay@bhconferencing.com

CONTACT INFORMATION

Course Directors

Dr. Derek Papp - derek.papp1@gmail.com

Dr. Meng Law - meng.law@monash.edu

Dr. Jon Jacobson - jon.jacobson.rad@gmail.com

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Quark Expeditions

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