

Elizabeth Power, M.Ed.

Fulbright Specialist in Trauma-Informed Care · Founder, The Trauma Informed Academy®

Short Bio · ~100 words · paste-ready

Elizabeth Power, M.Ed., is a Fulbright Specialist in Trauma-Informed Care and founder of The Trauma Informed Academy® (the-tia.org). Her TR-EQ® (Trauma-Responsive Emotional Intelligence) framework is used in healthcare systems, behavioral health agencies, faith communities, corporate teams, and school districts across the country and internationally. A former ten-year Adjunct Instructor in Psychiatry at Georgetown University Medical Center, with NIMH and SAMHSA grant history, Elizabeth brings forty years of lived and clinical practice — and her own proof story — into every room she enters. She doesn't just speak about trauma, change, and resilience. She is the proof of it.