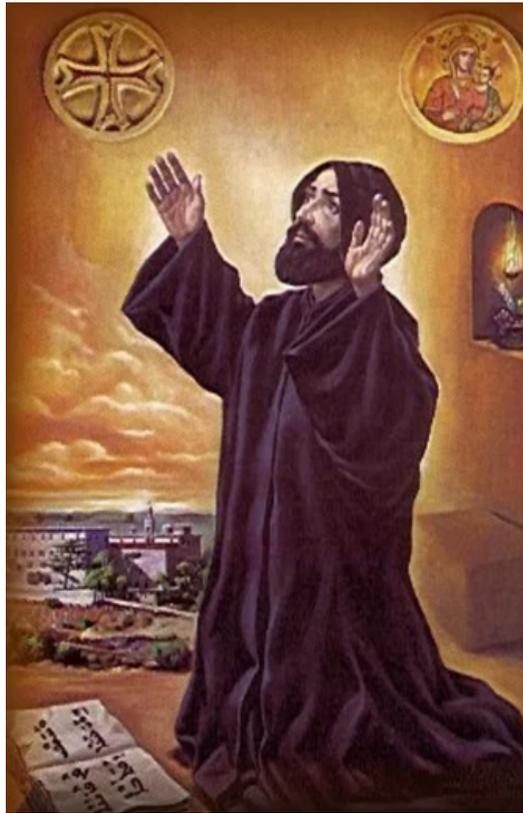


Saint Naamtallah Hardini Catholic Church

The greatest is he that can save his soul



 2807 15th Ave S, Seattle, WA 98144
 sthardini.seattle
 Saint Naamtallah Hardini - Seattle
 sthardiniseattle.com
 www.youtube.com/@StHardiniSeattle
 (503)705-5874

Mach 1, 2026



This Sunday:

Healing of the Hemorrhaging Woman

The readings for this week:

Old Testament; Number 15:37-41

Epistle; 2 Cor 7:4-11

Gospel; Lk 8:40-56

Mass Schedule

- Mass is every Sunday 10:30 AM
- Confession available before and after Mass
- **Mass Intentions:** Dalal Debes

Collection

- Last Sunday : \$525
- On line donation :...

Scan the barcode for donations



Pastoral Council Members:

Alia C Abboud
Georges Sabar
Ramy Azar
Diaa Nemer
Rita Saleme
Maya Kordahi

Finance Council Members:

Joumana Farah
Toufic Matar

Reflection

What specific criticisms that Luther makes would have resonated with people of his time and place?

In his own time period, Luther would have resonated with people who felt that they were just being used by the Church to get their money. The idea that giving money will automatically gain an indulgence could easily lead to the idea that being rich makes it easier to get into heaven, which goes against the Gospel, where Jesus says that it is harder for a rich man to enter heaven than a camel to go through the eye of a needle. In his letter to the Bishop of Mainz, he emphasizes the importance of preaching love and good works, rather than focusing on indulgences, which only take away external punishments. This resonates with people of all times. We need the love of Christ, and the Christian life is based on love. Indulgences do not make sense if they are not connected to love.

Another claim of Luther that would resonate with people is the claim that the pope is arrogant. If it is true, what you read last week, that the pope became extremely corrupt, then many people probably would have had disdain for the Pope, and felt that he needed to be severely corrected. Like Marsilius of Padua, Luther goes too far and says that the Pope does not have any special authority. In fact, he denies that the priesthood has any special power from God. I do not know if ordinary people would really have liked that teaching when they first heard it.

Regulation for Great Lent

EPARCHY OF OUR LADY OF LEBANON OF LOS ANGELES REGULATION FOR GREAT LENT

Then to all Christ said, “Whoever wishes to be my follower, must deny his very self, take up his cross each day, and follow in my steps” (LK 9:23).

The Church has always helped us fulfill these words of Jesus by prescribing very definite penance for all Catholics. Accordingly, the Pope, the Patriarch and the American bishops have outlined obligatory fasting and abstinence. Our Eparchial Regulations are:

- **Great Friday (April 3, 2026)** is a day of *abstinence* for all Catholics over the age of 14. On this day, *fasting* as well as abstinence is also obligatory for those *from the age of 18 through 59*. Abstinence means abstinence from meat and meat products. Fasting means no food from midnight to noon, except for plain water. No Catholic will likely excuse himself or herself from this obligation.
- **All other Fridays of Lent** are days of *abstinence* from meat (and meat products) for everyone 14 years of age and older. Here again, Catholics will not hold themselves lightly excused.
- **If there is a serious health problem, the obligation of fasting and abstinence would not apply.**
- **Fasting from midnight to noon daily is optional.**
- **We strive to make all days of Lent a time of prayer, penance, and charitable assistance toward the less fortunate and needy.**

Mass & Event Schedule 2026

Saint Hardini - Maronite Mass Schedules

Sunday's Mass 10:30 AM

January 1st	11:00 AM	New Year
January 6th	7:00 PM	Epiphany
January 22nd	7:00 pm	St. Sharbel
February 6th	12:00pm	First Friday
February 9th	7:00 PM	St. Maron
February 16th	7:00pm	Ash Monday
February 20th	7:00 pm	Station of the Cross
February 27th	7:00 PM	Station of the Cross
March 6th	12:00 PM	First Friday
March 6th	7:00 PM	Station of the Cross
March 13th	7:00 PM	Station of the Cross
March 20th	7:00 PM	Station of the Cross
March 27th	7:00 PM	Station of the Cross
March 30th	7:00 PM	Holy Week
March 31st	7:00 PM	Holy Week
April 1st	7:00 PM	Holy Week
April 2nd	7:00 PM	Holy Thursday
April 3rd	7:00 PM	Great Friday
April 4th	6:00 PM	Easter Vigil Mass
April 22nd	7:00 PM	St. Sharbel
May 1st	12:00pm	First Friday
May 14th	7:00 PM	The Ascension
May 22nd	7:00PM	St. Sharbel
June 5th	12:00 PM	First Friday
June 22nd	7:00 PM	St. Sharbel
July 3rd	12:00 PM	First Friday
July 23rd	7:00pm	St. Sharbel
August 7th	12:00 PM	First Friday
September 4th	12:00 PM	First Friday
September 22nd	7:00 PM	St. Sharbel
October 3rd	12:00 PM	First Friday
October 22nd	7:00 PM	St. Sharbel
November 6th	12:00 PM	First Friday
December 4th	12:00 PM	First Friday
December 8th	7:00 PM	The Immaculate Conception
December 14th	7:00 PM	St. Naamtallah
December 24th	4:00 PM	Vigil of the Glorious Birth
December 25th	10:30 AM	Christmas

ST. NAAMTALLAH HARDINI EVENT CALENDAR

14-21 SAT-SAT Maamoul Orders
MARCH

29 SUN Palm Sunday Breakfast / Egg Hunt
MARCH

12 SUN First Holy Communion
APRIL

9 SAT Mother's Day Banquet
MAY

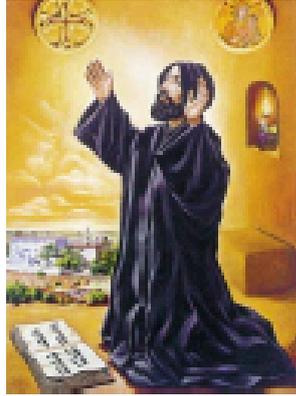
21 SUN Father's Day Picnic
JUNE

30 SUN Summer Food Festival
AUGUST

12 SAT St. Hardini Feast Day Party
DECEMBER

20 SUN Breakfast with Santa
DECEMBER

Saint Naamtallah Prayer



Saint Naamtallah, man of God, monk, priest, teacher, worker, servant, and Prior who lived heroically according to the evangelical counsels of obedience, chastity, and poverty. You made the mystery of the Eucharist the center of your daily life and taught your disciples and brothers the theological virtues of faith, hope, and charity. You managed with responsibility and humility the ministries entrusted to you by the Church, and you worked silently and diligently. You served people and souls with joy and selflessness.

We implore you to intercede for us with the Holy Trinity, that He may grant us to be guided by your example, to follow in your footsteps, and to strive as you did, and to attain the same holiness and union with our Lord Jesus Christ. May we listen, like you, to the inspirations of the Holy Spirit, and love, as you did, the Virgin Mary, the Mother of God and our Mother, and glorify with you God the Father, the Son, and the Holy Spirit forever. Amen.

ايها القديس نعمة الله، الراهب، وكاهن، المعلم وامدير، العامل والخدام، با من عشت بطولة المشورات الانجيلية، الطاعة والعفة والفقر، وجعلت محور حياتك اليومية سر الافخارستيا، وعلمت تلاميذك واخوتك الفضائل الالهية، اليمان والرجاء والمحبة، وديرت بمسؤولية وتواضع ما اسندت اليك الكنيسة من خدم، وعملت بصمت وجدية، وخدمت الناس والنفوس نسالك ان تشفع لنا لدي القالوت القدوس فيمنحنا ان نهتدي بفرح ومجانية وتبلغ ما بلغتمن قداسة واتحادبرينا ونسعى مسعاك ونقتفي خطاك بيمتلك ونصغي نظيرك الي الهامات الروح القدوس ونحب متلك يسوع المسيح العزراء مريم ام الله امنا ونمجد معك الله الاب والابن والروح القدوس الي الابد
امين

Upcoming Event



**LEBANON IS PROUD OF YOU
BE PROUD OF YOUR ROOTS**

The Maronite Foundation Proudly Presents

THE MARONITE ACADEMY INITIATIVE, 9TH ANNUAL SESSION

In honor of the late **MICHEL ABI NADER**
Executive Board Member of the Maronite Foundation

Hosted by the Maronite Foundation in the World and in collaboration with the Holy Spirit University of Kaslik (USEK)

Are you of Lebanese descent, living abroad and aged between 20 and 30?

REGISTER ONLINE NOW
maronitefoundation.org/MaroniteAcademy

to win a trip to Lebanon from **August 8 to 23, 2026**

*Candidates must be fluent in English



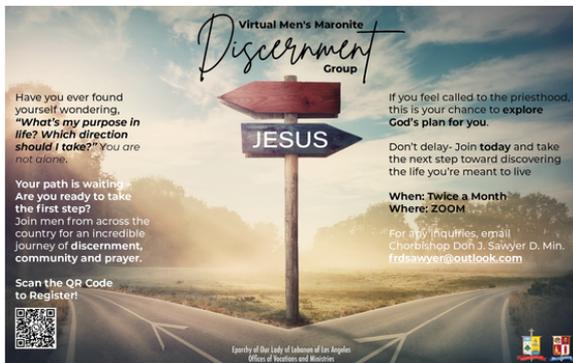
ORDER OF SAINT SHARBEL

Join us to help build the future of the Maronite Church by supporting the education of our seminarians and showing our appreciation by providing proper care for our retired priests.

ENROLL NOW ONLINE AT
www.orderstsharbel.org
or in your parish

For more information about the Order, please contact your Parish Priest or the Order of Saint Sharbel Office at info@orderstsharbel.org or call the Eparchy of Our Lady of Lebanon of Los Angeles at (818) 626-9193.

If you are interested in becoming a Priest or Religious Sister, contact Vocations Director, Chorbishop Donald J. Sawyer, D. Min. at (512) 458-3969 or fdsawyer@outlook.com



Virtual Men's Maronite Discernment Group

Have you ever found yourself wondering, "What's my purpose in life? Which direction should I take?" You are not alone.

Your path is waiting. Are you ready to take the first step? Join men from across the country for an incredible journey of discernment, community and prayer.

Scan the QR Code to Register!

If you feel called to the priesthood, this is your chance to explore God's plan for you.

Don't delay. Join today and take the next step toward discovering the life you're meant to live.

When: Twice a Month
Where: ZOOM

For any inquiries, email Chorbishop Don J. Sawyer, D. Min. frdsawyer@outlook.com

Eparchy of Our Lady of Lebanon of Los Angeles
Office of Vocations and Ministries



2026 NATIONAL MYO CONFERENCE
SAVE THE DATES

ChatGOD
THE ANSWERS YOU NEED

JUN 23 **JUN 28**

UNIVERSITY OF DAYTON

Registration and more info are available at www.maroniteyouth.org



NAM Spring RAFFLE

\$17,500.00 IN CASH PRIZES!

1ST PRIZE - \$10,000.00
2ND PRIZE - \$3,000.00
3RD PRIZE - \$2,000.00
4TH PRIZE - \$1,500.00
5TH PRIZE - \$1,000.00

ONLY 450 TICKETS ARE AVAILABLE
DRAWING WILL BE HELD ON APRIL 11, 2026!
WINNER NEED NOT BE PRESENT

DONATION: \$100
TO PURCHASE TICKETS, VISIT

WWW.NAMARONITES.ORG/SPRING-RAFFLE
OR DIRECTOR@NAMARONITES.ORG
(904)-752-1882

ALL REQUESTS AND PAYMENTS MUST BE RECEIVED BY APRIL 5, 2026

SCAN ME

<https://www.namaronites.org/plans-pricing>



The Robert Atallah Innovation Challenge

NAM PITCH DAY
startup EVENT

ONE PITCH. ONE WINNER. \$20,000 GRAND PRIZE

NAM Pitch Day is your chance to showcase your business idea or startup to a panel of industry experts, investors, and community leaders — and compete for funding, visibility, and mentorship.

- Build valuable business relationships
- Share ideas and exchange insights
- Discover opportunities & collaborations

JULY 4, 2026 AT THE 2026 MARONITE CONVENTION

WINNER WILL BE ANNOUNCED AT THE GRAND BANQUET

Applicants Must Register for the NAM Convention pitchday@namaronites.org
Winner Must be Present at the Grand Banquet

Pope Leo loves the Eastern rite churches, and how esteems the Liturgy.
<https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2025/05/14/250514a.html>

The twelve mortal sins by Pope Leo:
https://youtu.be/IRGP3F_e28c?si=XePlrq4rD7DE34P

Petition Link: <https://chng.it/njbtTJ8Mch>

<https://youtu.be/y8oJB5ep8w8>

Upcoming Event

EPARCHIAL PILGRIMAGE 2026



LAND TRIP TO FRANCE

May 19-28, 2026

Join Bishop A. Elias Zaidan to Lourdes and other important sites in France, including Paris, Lisieux, St. Michel, Normandie, and Bordeaux.

**Flights to/from the United States to France need to be booked separately.*

**10 Days
9 Nights**

Double Occupancy \$4,000 /per person

Single Occupancy Additional Supplement \$1,000

Price Includes:

- 4 Star Hotels Accommodations
- Entrance Fees to Various Sites
- English Speaking Guide
- Transportation between locations
- All Meals and Tips Included

To Reserve

Ivette Jackson: 323-336-3168
Jamileh Koury: 818-294-2901
Email: info@eparchy.org

Requirements

Reservation requires a deposit of \$2,000 per person.
Full amount due on March 31, 2026.



**Proudly Announces
2026 Scholarship Program**

High School Senior Scholarships

MYO – John A. Solomon Two for High School Seniors \$2000	Massabki Brothers One for High School Seniors \$2000
Naomi & Paul Kassouf Two for High School Seniors \$3000	Abouna Sharbel Five for High School Seniors \$1000

Undergraduate Scholarships

Chagoury Family Undergraduate One for College Student \$2000	Thomas and Jennie Ayoub One for College Student \$2000
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Graduate & Professional Scholarship

Chagoury Family Graduate
One for Graduate Student \$2000

Study Abroad in Lebanon Opportunities

Notre Dame University-Louaize
Up to 10 scholarships for Fall 2026 or Spring 2027

The Holy Spirit University of Kaslik
Up to 12 scholarships for Summer 2026 Semester

For more information and application visit www.namaronline.org, e-mail scholarsh@namaronline.org or call NAM at 440-821-6303

APPLICATION DEADLINE MAY 31, 2026

**The Hidden Pearl Press
Presents**

Maronite Enrichment Days

**Guest Speaker
Erin Galgay Walsh, PhD**

April 15-16, 2026

**APR 15
4:45 PM** Spiritual Vigilance in Ephrem's
Hymns on the Church

**APR 15
6:45 PM** Jacob of Serugh's *mēmrā* "On the
Sign Our Lord Performed at Cana"

**APR 16
11 AM** Treasure in Heaven: Jacob of
Serugh on the Widow and her Two
Small Coins

**APR 16
1 PM** Holy Foolery: The Syriac *Life of the
Holy Onesima*

For more information:
Fr. Armando Elkhoury
(202) 876-6648
elkhoury@thehiddenpearl.press

Location:
Our Lady of the Cedars
of Mount Lebanon Maronite Church
507 S. Cleveland Massillon Road
Fairlawn, OH 44333



PLEASE RSVP
BY APRIL 7 2026

Lenten Appeal & Vocation

BISHOP'S MESSAGE

Dear Brothers and Sisters in Christ:

As we approach the Lenten season, I want to take a moment to express my heartfelt gratitude for your unwavering support of our cherished Eparchy of Our Lady of Lebanon of Los Angeles. These times present us with numerous challenges, both locally and internationally, and yet your commitment remains steadfast.

Lent offers us a unique opportunity to deepen our spiritual lives through prayer, fasting, and acts of kindness. It invites us to reflect on the countless blessings bestowed upon us and encourages us to extend our hands to those who are in need.

This Lent, I reach out to you for your assistance in addressing our most pressing needs:

- Education and Formation for our Seminarians
- Support for Missions and Parishes
- Development of Ministries for our Children, Youth, and Young Adults
- Charitable Aid for our brothers and sisters both here in the USA and in Lebanon, Syria, and across the Middle East

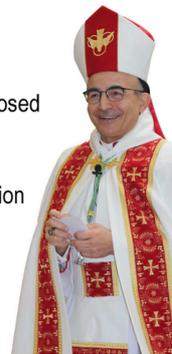
The Annual Appeal details these urgent needs, as outlined in the enclosed brochure. Your generous contributions and prayers are invaluable and deeply appreciated. On behalf of those who will benefit from your kindness, I want to personally thank you for your thoughtful consideration and support.

Prayerfully yours in Christ,



+A. Elias Zaidan

Bishop of the Eparchy of Our Lady of Lebanon of Los Angeles



A Light To Our Maronite Church

The Maronite Servants of Christ the Light are a congregation of consecrated religious serving the Church in the parish as spiritual mothers in imitation of

Mary, radiating the Light of Christ in their life of contemplative prayer, asceticism, and apostolic mission to children, youth, young adults, families, the sick, dying, and grieving... We serve alongside the priest in pastoral ministry reaching out with a maternal touch to the many needs of the parish family.

"I am the servant of the Lord. Let it be done to me according to Your word."

Luke 1:38



Cedars of St. Naamtallah Youth Catechesis and MYA Schedule



Attention young people ages 12-17
come check out our new youth group,

The Cedars of St. Naamtallah!

Who: Anyone ages 12 to 17 interested in building friendships, participating in important and relevant discussions and having fun!

Facilitated by Gennifer Karam and assisted by parent volunteers. Please contact Abouna Tony or Gennifer directly to register.

What: The Cedars of St. Naamtallah is a group of young people seeking to better understand the love of Jesus and His calling to be disciples. The Cedars meet once a month for which teach us about our identity as followers of Christ, our mission as young Maronite Christians, and where to find the answers to the questions we have in our hearts regarding faith, life, decision making, and more. The vision for this group also includes creating a subgroup, the MYO (The Maronite Youth Organization), which will focus on service to the church and social activities for ages 12-17.

Where/When: Cedars Youth sessions are held once a month (usually) on a Sunday. After Sunday liturgy, youth are to take 15 minutes downstairs to have a bite to eat before they are invited to the St. Naamtallah Rectory upstairs for fun and discussion. All meetings will be announced ahead of time through email and church announcements.

SAVE THE DATES:

Cedars of St. Naamtallah Youth Catechesis

2025-2026 Tentative Schedule

Theme for the Year: How to defend the faith in various instances, with personal testimonies from real people.

March 22 – non-Christian religions of the East, Mormonism, JW's, new agers, etc.

April 26 – Guest Speaker TBA followed by open forum Q & A

May 31 – Defending Mary, the Mother of God

MYA Maronite Young Adults

...A local chapter of a national organization consisting of Maronite Catholics who intentionally live the teaching of the Catholic Church and embrace Jesus in their daily lives.

By their service, social, and spiritual activities, they seek to live the Gospel values of mercy and compassion and grow in their relationship with Jesus and one another.

SAVE THE DATES:

St. Naamtallah MYA (Maronite Young Adults)

2025-2026 Tentative Schedule

Themes of Discussion for this Year: Apologetics, The Sacraments (The Mysteries), and Discernment of Spirits, and more.... to be announced month by month. See full schedule below!

March 22

April 26

May 31

June Meeting TBA

Advertisements

**Lynnwood Mediterranean Food
Grocery & Deli
Halal**

Ph. Number: (425) 745 - 4710
E-mail:
Mediterraneanfood@frontier.com

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DETAILING**

BARBASTELLA DETAILING

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