

Saint Naamtallah Hardini Catholic Church

The greatest is he that can save his soul



2807 15th Ave S, Seattle, WA 98144
sthardini.seattle
Saint Naamtallah Hardini - Seattle
sthardiniseattle.com
www.youtube.com/@StHardiniSeattle
(503) 705-5874

July 5th, 2026



This Sunday:

7th Sunday of Pentecost

The readings for this week:

Num 11:16-17, 24-29

2 Cor 3:1-6

Lk 10:1-7

Mass Schedule

- Mass is every Sunday 10:30 AM
- Confession available before and after Mass
- **Mass Intentions:** Available

Collection

- Last Sunday : \$343
- On line donation : ...

Scan the barcode for donations



Pastoral Council Members:

Alia C Abboud
Georges Saber
Ramy Azar
Diaa Nemer
Rita Saleme
Maya Kordahi

Finance Council Members:

Joumana Farah
Toufic Matar

Reflection

This week reflection on Paul and Silas.

Paul and Silas

After there was a council in Jerusalem, the apostles sent Paul and Barnabas back to preach the gospel to the Gentiles. There was fear about the Gentiles not being faithful as God would want them to be, but the truth about faith in Jesus Christ came out through this. There were no changes in faith asked for, only that they not eat foods sacrificed to idols, and that they avoid all immorality as the Law of God was against this. Paul also writes that the apostles asked him to take care of the poor.

After Barnabas and Paul received the mission to the Gentiles, there was tension because of John Mark, and so they separated, as we have seen. After Paul and Barnabas separated, Paul took another disciple with him to share his mission, whose name was Silas. Silas traveled even more with Paul than Barnabas did. Silas learned about the mission to the Gentiles, and Paul was in charge.

A very famous story of Paul and Silas was when they were in prison. They both were beaten with rods by the roman authority and then they were put into prison and put their feet in the stocks. They both started singing and praying to God in the jail and all the other prisoners were listening them.



Reflection

Then, at midnight, there was an earthquake and the whole foundations of the jail were rocked. everyone's chains came loose, not just Paul and Silas, but everyone was still. the Jailer wanted to kill himself, because he thought everyone had escaped, but Paul stopped him. then the Jailer asked how he can be saved, and they both said, "Believe in the Lord Jesus, and you will be saved- you and your household." then, the Jailer invited them both to his house, and they all were baptized by Paul and Silas and were saved.

Mass & Event Schedule 2026

Saint Hardini - Maronite Mass Schedules

Sunday's Mass 10:30 AM

January 1st	11:00 AM	New Year
January 6th	7:00 PM	Epiphany
January 22nd	7:00 pm	St. Sharbel
February 6th	12:00pm	First Friday
February 9th	7:00 PM	St. Maron
February 16th	7:00pm	Ash Monday
February 20th	7:00 pm	Station of the Cross
February 27th	7:00 PM	Station of the Cross
March 6th	12:00 PM	First Friday
March 6th	7:00 PM	Station of the Cross
March 13th	7:00 PM	Station of the Cross
March 20th	7:00 PM	Station of the Cross
March 27th	7:00 PM	Station of the Cross
March 30th	7:00 PM	Holy Week
March 31st	7:00 PM	Holy Week
April 1st	7:00 PM	Holy Week
April 2nd	7:00 PM	Holy Thursday
April 3rd	7:00 PM	Great Friday
April 4th	6:00 PM	Easter Vigil Mass
April 22nd	7:00 PM	St. Sharbel
May 1st	12:00pm	First Friday
May 14th	7:00 PM	The Ascension
May 22nd	7:00PM	St. Sharbel
June 5th	12:00 PM	First Friday
June 22nd	7:00 PM	St. Sharbel
July 3rd	12:00 PM	First Friday
July 23rd	7:00pm	St. Sharbel
August 7th	12:00 PM	First Friday
September 4th	12:00 PM	First Friday
September 22nd	7:00 PM	St. Sharbel
October 3rd	12:00 PM	First Friday
October 22nd	7:00 PM	St. Sharbel
November 6th	12:00 PM	First Friday
December 4th	12:00 PM	First Friday
December 8th	7:00 PM	The Immaculate Conception
December 14th	7:00 PM	St. Naamtallah
December 24th	4:00 PM	Vigil of the Glorious Birth
December 25th	10:30 AM	Christmas

ST. NAAMTALLAH HARDINI EVENT CALENDAR

14-21 SAT-SAT Maamoul Orders
MARCH

29 SUN Palm Sunday Breakfast / Egg Hunt
MARCH

12 SUN First Holy Communion
APRIL

9 SAT Mother's Day Banquet
MAY

21 SUN Father's Day Picnic
JUNE

30 SUN Summer Food Festival
AUGUST

12 SAT St. Hardini Feast Day Party
DECEMBER

20 SUN Breakfast with Santa
DECEMBER

Saint Naamtallah Prayer



Saint Naamtallah, man of God, monk, priest, teacher, worker, servant, and Prior who lived heroically according to the evangelical counsels of obedience, chastity, and poverty. You made the mystery of the Eucharist the center of your daily life and taught your disciples and brothers the theological virtues of faith, hope, and charity. You managed with responsibility and humility the ministries entrusted to you by the Church, and you worked silently and diligently. You served people and souls with joy and selflessness.

We implore you to intercede for us with the Holy Trinity, that He may grant us to be guided by your example, to follow in your footsteps, and to strive as you did, and to attain the same holiness and union with our Lord Jesus Christ. May we listen, like you, to the inspirations of the Holy Spirit, and love, as you did, the Virgin Mary, the Mother of God and our Mother, and glorify with you God the Father, the Son, and the Holy Spirit forever. Amen.

ايها القديس نعمة الله، الراهب، وكاهن، المعلم وادمبر، العامل والخدام، با من عشت بطولة المشورات الانجيلية، الطاعة والعفة والفقر، وجعلت محور حياتك اليومية سر الافخارستيا، وعلمت تلاميذك واخوتك الفضائل الالهية، اليمان والرجاء والمحبة، ودبرت بمسؤولية وتواضع ما اسندت اليك الكنيسة من خدم، وعملت بصمت وجدية، وخدمت الناس والنفوس نسالك ان تشفع لنا لدى الثالوت القدوس فيمنحنا ان نهتدي بفرح ومجانية وتبلغ مابلغتمن قداسة واتحادبربنا. ونسعى مسعاك. ونقتفي خطاك. بيمتلك ونصغي نظيرك الى الهامات الروح القدوس ونحب مثلك يسوع المسيح العزراء مريم ام الله امنا ونمجد معك الله الاب والابن والروح القدوس الى الابد
امين

Upcoming Events

**LEBANON IS PROUD OF YOU
BE PROUD OF YOUR ROOTS**

The Maronite Foundation
Proudly Presents

THE MARONITE ACADEMY
INITIATIVE: 9TH ANNUAL SESSION

In honor of the late **MICHEL ABI NADER**
Executive Board Member of the
Maronite Foundation

Hosted by the Maronite Foundation
in the World and in collaboration with
the Holy Spirit University of Kaslik
(USEK)

**Are you of
Lebanese descent,
living abroad
and aged between
20 and 30?**

**REGISTER
ONLINE NOW**
maronitefoundation.org/MaroniteAcademy
to win a trip to Lebanon from
August 8 to 23, 2026

*Candidates must be fluent in English

ORDER OF SAINT SHARBEL

Join us to help build the future of the Maronite Church by supporting the education of our seminarians and showing our appreciation by providing proper care for our retired priests.

ENROLL NOW ONLINE AT
www.orderstsharbel.org
or in your parish

For more information about the Order,
please contact your Parish Priest or the Order of Saint Sharbel Office at info@orderstsharbel.org
or call the Eparchy of Our Lady of Lebanon of Los Angeles at (818) 626-9193.

If you are interested in becoming
a Priest or Religious Sister, contact Vocations
Director, Chorbishop Donald J. Sawyer, D. Min.
at (512) 458-3693 or frsawyer@outlook.com

ALLOCATION OF FUNDS

Last year, we set a goal of \$260,000, which was allocated as outlined below. We raised a little over the goal amount, which helped defray the expenses of printing and mailing the Eparchial Appeal. We are truly grateful to all who generously contributed to support our Eparchy.

**REPORT ON
2025 LENTEN APPEAL
USE OF FUNDS (\$260,000)**

*The funds raised are not sufficient to fully cover the expenses in various areas. The Eparchy continues to provide subsidies and address additional costs as necessary.

1. SEMINARIANS AND RETIRED PRIESTS

Our Eparchy is actively preparing two celibate seminarians and four married candidates for the Sacred Priesthood. Over the past year, the total expenses for their education, housing, formation, and living costs amounted to \$283,618. Additionally, we provide support for 10 retired priests, which incurs an annual cost of around \$321,000. 35% of this year's Annual Appeal proceeds will support Seminarians and Retired priests.

2. MISSIONS AND SMALL PARISHES

Our Eparchy encompasses thirty-seven parishes and ten missions, serving over 46,000 Maronite Catholics across 34 states. Recently, we have established missions in New Orleans (LA) and Dallas (TX), as well as a plan to establish a new community in Mobile (AL). Many of these missions rely on financial assistance from the Eparchy to cover essential expenses. Your generous contributions will help us support these missions and connect with our cherished Maronite community throughout the country. 25% of this year's Annual Appeal proceeds will support Missions and Small Parishes.

**Virtual Men's Maronite
Discernment
Group**

Have you ever found yourself wondering, "What's my purpose in life? Which direction should I take?" You are not alone.

Your path is waiting. Are you ready to take the first step? Join men from across the country for an incredible journey of discernment, community and prayer.

Scan the QR Code to Register!

If you feel called to the priesthood, this is your chance to explore God's plan for you.

Don't delay. Join today and take the next step toward discovering the life you're meant to live.

**When: Twice a Month
Where: ZOOM**

For any inquiries, email Chorbishop Don J. Sawyer, D. Min. frsawyer@outlook.com

Eparchy of Our Lady of Lebanon of Los Angeles
Office of Vocations and Ministries

2026 NATIONAL MYO CONFERENCE

SAVE THE DATES

ChatGOD
THE ANSWERS YOU NEED

JUN 23 **JUN 28**

UNIVERSITY OF DAYTON

Registration and more info are available at
www.maroniteyouth.org

The Robert Atallah
Innovation Challenge

NAM PITCH DAY
startup
EVENT

ONE PITCH.
ONE WINNER.
\$20,000
GRAND PRIZE

NAM Pitch Day is your chance to showcase your business idea or startup to a panel of industry experts, investors, and community leaders — and compete for funding, visibility, and mentorship.

JULY 4, 2026 AT THE 2026 MARONITE CONVENTION

WINNER WILL BE ANNOUNCED AT THE GRAND BANQUET

Build valuable business relationships

Share ideas and exchange insights

Discover opportunities & collaborations

Applicants Must Register for the NAM Convention pitchday@namaronites.org

Winner Must Be Present at the Grand Banquet

NAM
Proudly Announces
2026 Scholarship Program

High School Senior Scholarships

MYO — John A. Solomon Two for High School Seniors \$2000	Massabki Brothers One for High School Seniors \$2000
Naomi & Paul Kassouf Two for High School Seniors \$3000	Abouna Sharbel Five for High School Seniors \$1000

Undergraduate Scholarships

Chagoury Family Undergraduate One for College Student \$2000	Thomas and Jennie Ayoub One for College Student \$2000
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Graduate & Professional Scholarship

Chagoury Family Graduate
One for Graduate Student \$2000

Study Abroad in Lebanon Opportunities

Notre Dame University-Louaize
Up to 10 scholarships for Fall 2026 or Spring 2027

The Holy Spirit University of Kaslik
Up to 12 scholarships for Summer 2026 Semester

For more information and application visit www.nam-scholarship.org or email scholarship@namaronites.org or call NAM at 840-821-6322

APPLICATION DEADLINE MAY 31, 2026

Pope Leo loves the Eastern rite churches, and how esteems the Liturgy.
<https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2025/05/14/250514a.html>

The twelve mortal sins by Pope Leo:
https://youtu.be/IR6P3F_e28c?si=XePn4rD7DE34P

Petition Link: <https://chng.it/njBTJ8Mch>

Adoration during the 250th Anniversary of America

250 Hours of Adoration



United States
Conference of
Catholic Bishops



250 Hours of Adoration during the 250th Anniversary of America

As the United States of America commemorates the 250th anniversary of the signing of the Declaration of Independence in 2026, the U.S. bishops will consecrate the country to the Sacred Heart of Jesus. All Catholics are encouraged to join the bishops in praying for the unity and healing of our country.

One opportunity for parishes and individuals to participate is by contributing to a collective 250 Hours of Adoration and 250 Works of Mercy. This resource provides examples for 250 Hours of Adoration, and guidance for 250 Hours of Mercy is on the reverse side of this resource.

In his encyclical, *Dilexit nos*, Pope Francis instructs us to "nourish our lives with the strength of the Eucharist" in Holy Communion and Adoration, so that we might understand Christ's love for all more deeply and live out this love ourselves. Our contemplation of the Sacred Heart leads us deeper into the mystery of our salvation and deeper into our love for Christ found in the faces of our sisters and brothers—especially those most in need.

How to Participate

Parishes can participate in 250 hours of adoration together by offering a Holy Hour on a weekly or monthly basis leading up to the July 4 anniversary. Parishes and communities can decide how best to set up their holy hours, continue current practices, or invite new people to join. While 250 hours seems like a lot, each person present constitutes an hour prayed. Parishes and communities can also consider how to incorporate both the 250 Works of Mercy alongside the 250 Hours of Adoration. Afterwards, [report your community's participation here](#).

Resources for Holy Hour include:

- [Holy Hour for Life](#)
- [Holy Hour for Peace](#)
- [Holy Hour for Life, Marriage, and Religious Liberty](#)
- [Holy Hour for Vocations](#)
- [Holy Hour Against Racism](#)
- [Sacred Heart Holy Hour](#)



Consider hosting a holy hour or series of holy hours at your parish using the templates provided above. You may have other ways to invite members of your community to spend some time in prayer for our country with Jesus truly present in the Blessed Sacrament. To prepare for the Consecration of the United States to the Sacred Heart, parishes can also incorporate the [Litany of the Sacred Heart of Jesus](#) into their Holy Hour.

Additional resources to support prayer for healing and unity during the 250th Anniversary include podcasts, prayers, and reflections at usccb.org/weholdthesetruths.

250 Works of Mercy



United States
Conference of
Catholic Bishops



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The [seven Corporal Works of Mercy](#) come to us directly from the Scriptures in the Gospel of Matthew. Rooted in our lives of faith, the actions that Jesus calls us to in feeding the hungry, giving drink to the thirsty, sheltering the homeless, visiting the sick and imprisoned, burying the dead, and giving alms are central elements of our Catholic identity. Pope Leo XIV instructs in *Dilexi te*, "As we contemplate Christ's love, 'we too are inspired to be more attentive to the sufferings and needs of others, and confirmed in our efforts to share in his work of liberation as instruments for the spread of his love'" (no. 2).

How to Participate

Individuals and groups can participate in 250 Works of Mercy by engaging in the existing activities and efforts of their parishes, getting involved in new ways, and by participating with local and national organizations on a weekly or monthly basis leading up to the July 4th anniversary. Our works of mercy draw from the deep well of our faith and prayer, constantly reminding us that in tending to our brothers and sisters, we tend to Christ himself. Afterwards, [report your community's participation here](#).

These works of mercy could take a variety of shapes, such as:

- Assisting women who face a crisis pregnancy
- Donating to food pantries and clothing closets
- Participating in a community beautification program
- Raising money for an overseas development project
- Sponsoring a refugee family
- Tutoring children
- Volunteering at homeless shelters



Organizations to get involved with in your local community include:

- [Local Catholic Charities agencies](#)
- [CRS chapters and clubs](#)
- [The Society of St. Vincent de Paul](#)

Find prayers to incorporate before or after the works of mercy at usccb.org/weholdthesetruths.

Vocation

A Light To Our Maronite Church

The Maronite Servants of Christ the Light are a congregation of consecrated religious serving the Church in the parish as spiritual mothers in imitation of Mary, radiating the Light of Christ in their life of contemplative prayer, asceticism, and apostolic mission to children, youth, young adults, families, the sick, dying, and grieving... We serve alongside the priest in pastoral ministry reaching out with a maternal touch to the many needs of the parish family.

"I am the servant of the Lord. Let it be done to me according to Your word."
Luke 1:38



<https://www.maroniteservants.org/#:~:text=A%20Light%20To,Luke%201:38>

Advertisements

Lynnwood Mediterranean Food
Grocery & Deli
Halal

Ph. Number: (425) 745 - 4710
E-mail:
Mediterraneanfood@frontier.com

4510 168th Street Southwest
Lynnwood, WA 98037

 Like us on Facebook!
@Lynnwood Mediterranean Food



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DETAILING

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Toni Khoury/Owner
425-223-9843/barbastelladetailing@gmail.com
barbastelladetailing.com

   

KAMALJIT
K SEKHON

 (425) 346 5824

 Thegrandbothell@gmail.com

 2020 Maltby Rd Bothell, WA 98021



 **State Farm®**

**Omar Kordahi**
Agent
16911 Highway 99 Suite 101
Lynnwood, WA 98037-3104
Bus: 425-742-9304
omar@gowithomar.com
gowithomar.com

نتكلم العربية

Omar Kordahi
Registered Representative & Investment Adviser Representative
425-742-9304

One State Farm Plaza
Bloomington, Illinois 61710

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