

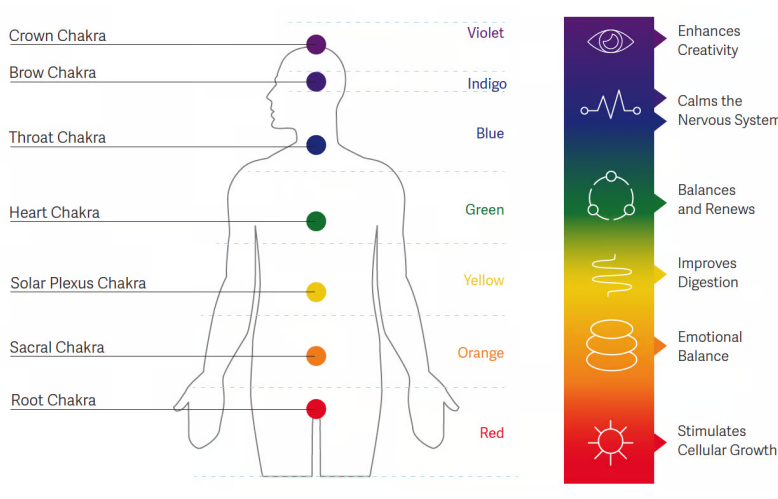


CHROMOTHERAPY

The Healing Benefits of Chromotherapy

What is Chromotherapy?

Chromotherapy is the science of utilizing wavelengths of color light frequencies to improve health benefits of the body and mind.



Experience Chromotherapy Benefits

These colors can help to alleviate various issues. Chromotherapy is the science of using wavelengths of color light to alleviate your body and mind for improved health and happiness.

Health Benefits

- ✓ Detoxification
- ✓ Reduced Inflammation
- ✓ Pain relief
- ✓ Wound healing
- ✓ Increased flexibility
- ✓ Improved circulation
- ✓ Treating SAD
- ✓ Improved sleep patterns
- ✓ Stress reduction

Cosmetic Benefits

- ✓ Healthier Skin
- ✓ Anti-aging
- ✓ Age spots
- ✓ Acne and scar reduction
- ✓ Wrinkle reduction
- ✓ Stimulates collagen
- ✓ Decreased hair loss
- ✓ Improved varicose veins

Medical-grade chromotherapy offers a spectrum of benefits, enhancing your sauna experience in various ways. The 96 LED lights provide a wide array of 12 colors, each with its own therapeutic properties. From calming blues to energizing reds, these colors can help balance your body and mind, promoting relaxation, reducing stress, and boosting mood. The intensity of the lights can be easily adjusted with your own remote dimmer switch, allowing you to personalize your session for maximum comfort and benefit.



WELLNESS STUDIO

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