

Institute of Regenerative Health (IORH)



I N S T I T U T E
O F R E G E N E R A T I V E H E A L T H

Program Catalog

2025 - 2026

www.InstituteOfRegenerativeHealth.com

School Governance & Contact Details

www.InstituteOfRegenerativeHealth.com

Founder & Director:

Carrie Drinkwine, info@instituteofregenerativehealth.com

Faculty:

Carrie Drinkwine, info@instituteofregenerativehealth.com

IORH Calendar

All course content and meetings will be conducted via video online.

Group Meetings: Saturdays 9am CT – 10:30 CT

Individual 1-on-1 Coaching Meetings (30 mins weekly) available:

Tuesday-Friday 9-12 CT

Small Pod group meetings: Wednesday's 4pm CT, Thursday's 5pm, Friday's 11am CT

Students are required to attend every Saturday training, one small pod group training per week and personal one on one meetings.

Additional time may be available upon request, absences allowed with makeup required.

The full 15-week program includes 272 hours of online course work, 2 hours of 1-on-1 Zoom meetings with your instructor, 13 hours of small group training with your instructor and 21 hours of group Zoom calls for a total of 300 hours.

Session 5 2025- 2026

May 26th, 2025 - January 16th, 2026

Enrollment Requirements & Dates

Enrollment requires a High School diploma or GED.

Enrollment closes 1 week prior to each session start date

Session 5 - May 14th

Attendance Policy

Attendance is 100% including makeup. Students are allowed to miss 3 classes, but all classes must be made up by watching the replay and taking a short quiz. This is to be completed for all missed classes. (Maximum of three absences)

Extenuating circumstances will be reviewed by your instructor.

Grading/Assessment Policies

Progress is measured by:

- Self-reflection at the end of each class weekend
- Case studies Clinical reports
- Online quizzes Online exams
- 1-on-1 meetings with instructor Saturday group meetings

All course work will be assessed on a pass/fail basis.

Students are required to complete and receive a passing score of 100% on all academic assignments and quizzes to maintain good academic standing. The student can retake quizzes or repeat homework as many times as needed.

The final exam, is a pass/fail. If the student fails the final, they will be given feedback on what they need to fix and they can resubmit their final exam until they pass.

The school reserves the right to place a student on a leave of absence if the student falls so far behind in reading and written assignments that they interfere with the learning environment of the other students.

This course would allow a week, at most two weeks to be on a leave of absence for the student's ability to keep up. All work can be made up and done remotely. However, if the student misses too many classes, they will be asked to repeat the course in the next session.

Students will receive a written warning if they are in danger of being asked to withdraw.

Policies & Conduct

Sexual Harassment Policy

IORH is committed to maintaining a learning and work environment free from sexual harassment. The school will not tolerate behavior of sexual nature (from a faculty member, tutor, employee, or other student or students) that interferes with an individual learning, or create an intimidating, also, or offensive working or learning environment. Complaints should be submitted to the Director.

Non-discrimination policy

IORH does not discriminate on the basis of race, color, sex, national or ethnic origin, age, religion, or sexual orientation.

Code of Conduct

Students are to conduct themselves with respect, dignity, and professionalism at all times while enrolled in the program.

Becoming a Regenerative Health practitioner requires us to remain in curiosity

and wonder.

We approach our learning together in this way as we remain open, there are no wrong questions, this is essential for a growth mindset and a spiritual learning environment.

The first remedy is love. This is how we approach each other and our patients with unconditional love and presence.

All patient interviews and documentation, whether live or on video tape, are confidential. We speak with our patients and about our patients with the utmost respect.

We talk to the person, not about the person when we have a concern.

Students may be asked to withdraw for egregious, unethical, or unprofessional conduct, or if their classroom behavior significantly interferes with the learning environment for other students.

Cell phone use, including texting, is prohibited during lectures and clinical instruction.

The IORH name and logo may only be used with permission and is not to be used in student marketing materials pre or post certification.

Before you speak, consider if it is true, helpful, necessary, and kind (T.H.I.N.K.).

Fee Schedule

16 Week (~300 hours) Regenerative Health Practitioner Certificate

Tuition: \$15,000 *(includes \$1000 deposit)*

Deposit: \$1000 (paid to secure spot in session)

Tuition must be paid in full prior to beginning course.

Facilities & Equipment

Students are expected to purchase their own books independently

Required Textbooks

- The Detox Miracle Sourcebook, Dr. Robert Morse (~\$30) Iridology Simplified: An Introduction to the Science of Iridology and Its Relation to Nutrition, Dr. Bernard Jensen (~\$10)

Suggested

Textbooks

Mucusless Diet Healing System: Scientific Method of Eating Your Way to Health, Prof. Arnold Ehret (~\$13) The 80/10/10 Diet, Dr. Douglas Graham (~\$30)

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Location

In addition to the online course program/content, all meetings will be held via zoom.

The administrative office is held at The Healing House clinic office:

5603 Chicago Ave, Minneapolis, MN 55417

Course Outline

Each session will progress as follows:

Weeks 1-5: weekly quizzes and final module exam

Introduction to Course & Mindset Module 1 - Intro to Regenerative Health: the Body & its Systems
Module 2 | Advanced Healing Modalities & Practical Application

Weeks 5-10: weekly quizzes and final module exam

Module 3 – Iridology: learning how to read the iris (discovering gland & organ health through the eye)

Weeks 10-15: weekly quizzes and final module exam

Module 4 | The Quantum Body – Harnessing Bioelectric & Light-Based Regeneration

Weeks 15-20: weekly quizzes and final module exam

Module 5 | Healing Trauma
Fascia Movement and Healing

Weeks 20-28:

Module 6 | Reading the Body
Module 7 | Iridology

Weeks 28-30:

Starting Your Business: outline & strategy
Module 8 | Business Build Out

Weeks 32-34: Final oral exam during 1-on-1, clinical case study w/ protocol

Putting it all Together
Summary & Final Course Exam

Transfer Policy

Credits earned from other institutions will not be applied to any programs from IORH.

Institute of Regenerative Health (IORH) is licensed as a private career school with the Minnesota Office of Higher Education pursuant to Minnesota Statutes, sections 136A.821 to 136A.832. Licensure is not an endorsement of the institution. Credits earned at the institution may not transfer to all other institutions."

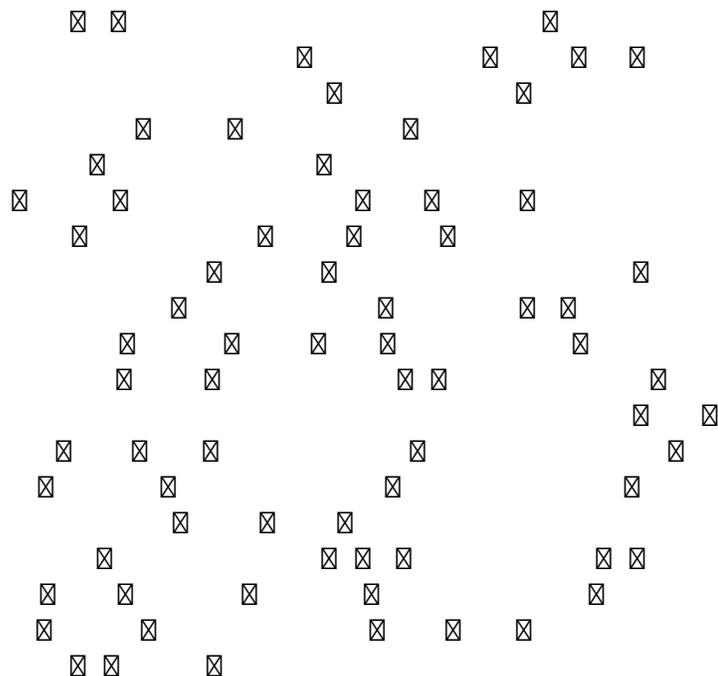
Grievance Procedure

Students who are dissatisfied with any aspect of their treatment or experience at IORH are encouraged to resolve their issue through organic discussion (by phone, email or in-person) with Director. A formal written grievance will also be accepted and should briefly outline the basis of the complaint and the relief requested. The formal grievance must be presented no later than 30 days after the incident unless compelling reasons are given for filing it later.

The director(s) will decide how to resolve the problem.

If attempts to resolve the dispute are unsatisfactory or unsuccessful, the student may file a grievance with The Minnesota Office of Higher Education using forms available on the department website <http://www.ohe.state.mn.us/>. Or by mail to:

Minnesota Office of Higher Education (OHE)
1450 Energy Park Drive, suite 350, St. Paul, MN 55108



Refund Policy

If your application is rejected, you will receive a full refund of all tuition, fees, and other charges. You will be entitled to a full refund of tuition, fees, and other charges if you give notice that you are canceling your enrollment within 5 days of being accepted into the school or program. This five-day refund policy applies regardless of when the program starts. If you give notice more than 5 days after being accepted into the program, but before the start of the program (or first lesson for an online distance education program), you will receive a refund of all tuition, fees, and other charges minus 15%, up to \$50, of the total cost of the program.

You will receive written notice acknowledging your withdraw request within 10 business days after receipt of the notice and you will receive a refund of any tuition, fees, and other charges within 30 business days of receipt of your withdrawal. Any mailed notice is effective of the date of the postmark if sent by mail or the day it has been hand delivered to the school. Notice to withdraw may also be given by email or verbally, including a voicemail, to a school official (defined by school's Student Right to Cancel policy).

If you do not withdraw in writing or contact the school about your absence, and you have not attended your program or contact the school about your absence for 14 consecutive days, you will be considered to have withdrawn from the school as of your last date of attendance. Your school is responsible for sending you a written notice of cancellation if you are withdrawn for failing to attend to your last known address. The confirmation from the school must state that the school has withdrawn you from enrollment, and if this action was not the student's intent, the student must contact the school.