

# *The Clarity Guide*

*A few honest questions. One true answer.*

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*For the woman who has given everything  
and is quietly wondering what's left for her.*

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## ***Before you begin —***

This is not a test. There are no wrong answers here.

This guide exists because somewhere between the carpools and the careers and the lives you've beautifully held together, you may have lost the thread back to yourself.

These three questions won't fix that. But they will tell you something true. And truth — even a small, quiet truth — is always the beginning.

Give yourself fifteen minutes. A cup of something warm.  
No interruptions. You've earned this.

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*With love,  
Jenny*

1

## Where You Actually Are

*Not the version you perform for everyone else. Not the calendar version, or the social media version. The one that's awake at 3am — quietly wondering if this is really it.*

**If you are honest with yourself right now —  
what does your life feel like on the inside?**

*Write whatever comes — no editing, no performing.*

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**What are you carrying that isn't being seen?**

*The weight nobody knows is there — because you've gotten so good at holding it.*

*Be honest. This page is just for you.*

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**Finish this sentence:**

***"Everyone sees how much I do.  
Nobody sees how much it costs me to ...***

*Let this one land before you write.*

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## What You're Actually Hungry For

*Not what you're supposed to want. Not the responsible answer. The true one — the version that lives underneath the obligations, the roles, and the years of making yourself smaller than you are.*

*Imagine yourself at 85, sitting somewhere beautiful — looking back. Not at what you accomplished. At what you remember feeling. The moments of aliveness, connection, and joy that made it all worth it.*

### What moments do you hope to be reliving?

*Not achievements. Feelings. Moments of aliveness. Joy. Real connection.*

*Let yourself want what you actually want.*

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### What do you want to have said yes to?

*Experiences, expressions of yourself you haven't allowed yet.*

*No 'shoulds' allowed on this line.*

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### Complete this:

***"I love living my life" — what would need to be true for that sentence to feel completely real to you?***

*This is your actual destination.*

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## The Gap

*You've just told the truth — maybe more truth than you've let yourself sit with in a long time. Now there's one question that matters most.*

**Between where you are right now and the life you just described —  
*what's actually standing in the way?***

*Not the practical reasons. The real one. The internal one.*

*This is the most important thing you'll write today.*

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### What this guide just showed you:

- The gap between your life and the one you want is real — and it's closeable.
- You are not lost. You are at a threshold.
- The women who cross it are not the ones who wait for the right moment.
- They're the ones who decide to stop performing and start building.

### If you're ready to close the gap —

*Divine Plan for a Life You Love is a self-paced program built exactly for this moment. It's where you go from knowing something needs to change to having your own operating manual for a life that is genuinely yours.*

**It's time to create  
your *Divine Plan***

[withlovejennywarner.com](http://withlovejennywarner.com)

**Not sure where to start?**

***Book a free call***

[withlovejennywarner.com/lets-talk](http://withlovejennywarner.com/lets-talk)