

Are You Being Called to Heal?

A Beginner's Guide to
Understanding Your
Healing Gifts



WELCOME TO YOUR HEALING JOURNEY

Have you ever felt like there was something more calling you?

Maybe you've...

- Felt drawn to spirituality or personal growth.
- Sensed things others didn't seem to notice.
- Wondered if your life had a deeper purpose.

If so, you're not alone.

For more than 40 years, I've worked with thousands of people who felt this same inner pull. Many thought they were simply "too sensitive" or that their intuition was something to ignore. Over time, they discovered those experiences were actually invitations to grow.

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the Healer Masterclass](#)

My Journey

When I began my own healing path, I couldn't find an approach that combined deep spiritual wisdom with practical, everyday transformation.



That led me to develop the Serratore Method, a modern approach to shamanic energy healing that helps people:

- Release limiting patterns
- Deepen their self-awareness
- Reconnect with their intuition
- Create lasting transformation

Because healing isn't about becoming someone new. It's about remembering who you've always been.

“Whether you're simply curious or you've felt this calling for years, you're exactly where you need to be.”

— Bonnie Serratore



WHAT IS SHAMANIC ENERGY HEALING

Shamanic energy healing is an ancient approach to healing that recognizes we are more than our thoughts and physical bodies. It works with the emotional, energetic, and spiritual aspects of who we are to restore greater balance, clarity, and wholeness.

Rather than focusing only on symptoms, it looks beneath the surface to uncover the deeper patterns shaping your life—patterns created by past experiences, emotional wounds, limiting beliefs, and energetic imprints that no longer serve you.



THE SERRATORE METHOD

The goal isn't to "fix" you.

It's to help you reconnect with the part of yourself that has always been whole.

The Serratore Method

The Serratore Method brings this ancient wisdom into a grounded, modern approach.

Rather than relying on traditional shamanic rituals, Bonnie teaches practical tools that help you:

- Deepen your self-awareness
- Better understand your energy and intuition
- Release limiting patterns
- Strengthen your connection to yourself
- Create lasting personal transformation

The 5 Signs You May Be Called to Heal

There isn't one path into healing.

For many people, the calling begins quietly through experiences they've had their entire lives.

If these sound familiar, they may be invitations worth exploring.

1. You're Naturally Drawn to Spirituality or Personal Growth

You find yourself asking deeper questions about life, consciousness, purpose, or the meaning behind your experiences. You know there's more to life than what's visible on the surface.

2. People Naturally Trust and Confide in You
Friends, family—even strangers—often open up to you without knowing why. People leave conversations with you feeling lighter, understood, or supported.



SIGNS YOU MAY BE CALLED TO HEAL

3. You're Searching for Something Deeper
Even when life looks good on the outside, you sense something is missing. You feel called toward greater meaning, connection, or fulfillment.

4. Your Own Healing Has Become Important
You've started recognizing patterns in your life and genuinely want to understand them. Rather than simply getting through difficult experiences, you're ready to transform them.

5. You Feel a Desire to Help Others
Whether through listening, encouraging, teaching, or simply being present, you feel fulfilled when helping others grow and heal. It feels less like an obligation—and more like who you naturally are.

Your Next Step

Continue Your Healing Journey

If something in this guide resonated with you, trust that feeling.

The next step is to join Bonnie Serratore and Chris Williams for a free online masterclass designed for people who feel drawn toward healing, intuition, and spiritual growth.

Discover Your Healing Gifts

- Discover what it really means to feel called toward healing—and why so many people experience this inner pull.
- Understand the three hidden blocks that keep you from trusting yourself and developing your gifts.
- Explore how the Serratore Method can help you deepen your healing journey with greater confidence and clarity.



DISCOVER YOUR HEALING GIFTS

Whether you're seeking personal healing, spiritual growth, or feel called to help others, this masterclass will give you a deeper understanding of what's possible.

Your journey doesn't begin when you have all the answers.

It begins when you're willing to ask the right questions.

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