

SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM						ADULT KICKBOXING	
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:15 PM	KIDS WRESTLING		KIDS WRESTLING		KIDS WRESTLING		
5:30 PM	KIDS JIU JITSU	KIDS JIU JITSU	ADULT KICKBOXING	KIDS JIU JITSU	KIDS JIU JITSU		
6:30 PM	ADULT JIU JITSU	ADULT JIU JITSU	ADULT JIU JITSU	ADULT JIU JITSU	ADULT JIU JITSU		
8:30 PM	ADULT KICKBOXING						