

# KAREN DUROSEAU

MBA, HDBA, RN | CPD Certified AI Consultant | Licensed Financial Strategist

AI Compliance Architect • Wealth Strategist • Speaker • Author

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Karen Duroseau is a registered nurse with nearly 30 years of clinical experience, a CPD Certified AI Consultant, founder of AI Solutions & Services, LLC, and a licensed financial strategist. Through Katkosh — the compliance division of AI Solutions & Services, LLC — Karen helps healthcare organizations build AI governance infrastructure. A U.S. Army and Air Force Reserve veteran, Amazon bestselling author, and single mother of two, Karen helps nurses, veterans, and women of service convert their expertise into financial freedom and generational wealth.

## SIGNATURE SPEAKER TOPICS

### 01 AI in the Exam Room

*What Every Nurse & Clinical Leader Needs to Know*

Nursing conferences | CNO summits | Hospital leadership  
Demystifies AI for healthcare professionals — covering clinical AI tools, HIPAA/compliance basics, and why nurses are uniquely positioned to lead responsible AI adoption. Audience leaves with language, clarity, and a plan.

FEEDS: [Katkosh Compliance](#) | [AI Solutions & Services, LLC](#)

### 02 The 12-Hour Shift Exit Plan

*Build Income That Doesn't Require Scrubs*

Nurse entrepreneur events | NP/PA conferences | Nursing schools  
A practical roadmap for healthcare professionals ready to build income streams outside the hospital — using existing credentials and AI tools. No tech background required. Your clinical expertise is the asset.

FEEDS: [12-Hour Shift Exit Plan](#) | [AI Wealth Builder Lab](#)

### 03 The Compliance Gap

Equips clinical and operational leaders with the 6-phase AI compliance deployment framework for regulated healthcare environments. Practical, actionable, and built specifically for ambulatory and specialty care organizations. Delivered by the founder of Katkosh Compliance, AI Solutions & Services, LLC.

FEEDS: [Katkosh Compliance](#) | [AI Solutions & Services, LLC](#)

### 04 Beyond the DD-214

*Military Discipline Into Financial Freedom*

VA organizations | Military transition programs | Veteran summits  
A veteran-to-veteran conversation about the financial blind spots that cost service members thousands — from unclaimed VA benefits to life insurance gaps. Equal parts education and activation. Your audience leaves with a plan.

FEEDS: [Guardian Financial Initiative](#)

### 05 The W.E.A.L.T.H. Framework

*A Blueprint for Women Ready to Keep Something*

Karen's signature 6-step system: Wellbeing, Education, Authority, Leverage, Transformation, Healing — walks audiences through converting decades of service into financial ownership, business equity, and lasting legacy.

FEEDS: [W.E.A.L.T.H. Shift Coaching](#) | [Published Authority Accelerator](#)

### 06 The Hidden Asset

*Life Insurance as a Wealth-Building Tool*

The financial conversation most people were never taught. Karen breaks down how the right life insurance structures create tax-advantaged income, fund education, and build generational wealth — available to everyone, not just the wealthy.

FEEDS: [Guardian Financial Initiative](#)

## WHAT EVENT PLANNERS RECEIVE

- Pre-event promo kit (bio, headshots, topic descriptions)
- Custom talk tailored to your audience and event goals
- Optional workshop worksheet or resource guide
- Clear audience call-to-action + next steps

FORMATS: Keynotes (30–60 min) | Workshops (60–120 min) | Panels & Fireside Chats | Corporate Trainings