

# PAUL AARON TRAVIS (He/Him)

**Expertise** *Online Dating, Midlife Sexuality, Tonic Masculinity, Authintimacy, Spiritual Singles Over Forty, Brotherhood, Intimate Relationships, Sex Positivity, Men's Groups, Loneliness, and of course, Love*

## Bio

Paul Aaron Travis is the only person on earth known to have received certification as a Sexologist (ABS), Sexuality Educator (AASECT) **and** Management Consultant (IMC) over his diverse career. His book, "The Spark You've Been Missing: Unmask Disconnection and Deepen Relationships Using the Authintimacy Framework," follows his contributing work in "Writing From The Heart".

Paul founded [SchoolForLove.com](http://SchoolForLove.com) during the Pandemic, seeing its tremendous toll on relationships. After a couple years helping soulful singles over forty in the **Great Dating Reset** and **Dating Sherpa** programs, he launched **Reground + Rebound**, leveraging his 3 decades co-facilitating groups from 4 to 400 men -- then launching [SchoolForLovers.com](http://SchoolForLovers.com) as Forbes reported 90% of Americans felt their sexual education ill-prepared them for real-world relationships.

His studies include the **traditional** (University of Illinois at Urbana-Champaign as well as Harvard's Executive Program) and the **nontraditional** (*Nonviolent Communication, The Wheel of Consent, Human Awareness Institute, Mankind Project, Landmark Education, Context Associated, Intl School of Temple Arts, The Body Electric School, Tony Robbins, etc.*)

Paul is a member of the American Board of Sexology, Coalition for Sexual Freedom, and World Association for Sexual Health -- along with guest speaking on podcasts worldwide. He champions all genders and gender preferences, and is committed to reducing the Orgasm Gap and destigmatizing adult pleasure and sexually transmitted infections.

**SchoolForLove:** Uplifting relationships with self and others, through intention, compassion, and growth  
**SchoolForLovers:** Awakening pleasure and connection through respect, consent, and sensuality

## Podcast Interviews

[Not So Bad Bachelor Pad – Feeling Alone in Relationships](#)  
[Seggzn Bacon – The 8 Surprising Link Between Loneliness and Authintimacy](#)  
[Dating Rehab – Insights from a Sexologist](#)  
[Come Back to Love® Radio with Robyn Vogel](#)  
[Doing Life Happier 2.0: "The Spark You've Been Missing"](#)  
[Beyond Taboo: "The Spark You've Been Missing"](#)  
[Reading Between the Words: "Authentic Relationships, Intimacy, Change"](#)  
[Sexual Empowerment for Women: "Cultivating Authintimacy"](#)  
[Waiting Room Publications: "Love and Dating for Men 65+"](#)  
[Relationship Alchemy: "Dating After Forty"](#)

**High-Resolution Headshots** [Photo1](#) · [Photo2](#) · [Photo3](#) · [Photo4](#) · [Photo5](#)

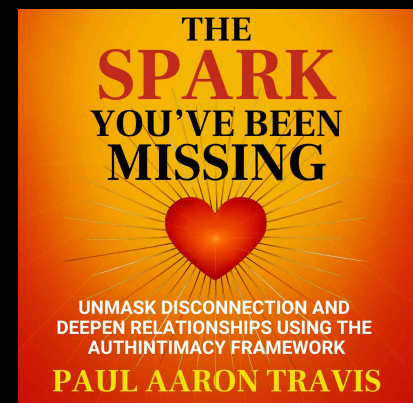
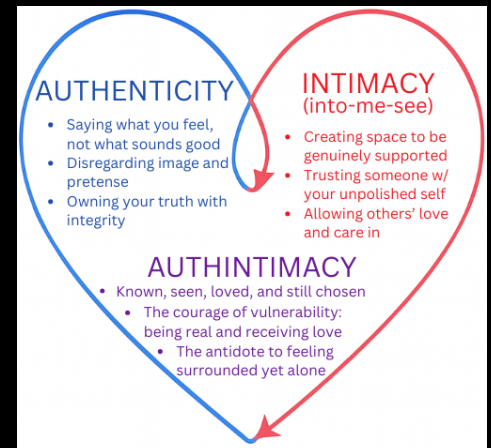
## Media Mentions

The Knot [theknot.com/content/adult-toys-for-couples](http://theknot.com/content/adult-toys-for-couples)  
Business Insider [schoolforlove.com/prs2025bi](http://schoolforlove.com/prs2025bi)  
Newsweek [newsweek.com/men-bust-gender-myths-sex-emotion-1941852](http://newsweek.com/men-bust-gender-myths-sex-emotion-1941852)  
Dating News [datingnews.io/qa/7-helpful-resources-to-navigate-the-dating-industry](http://datingnews.io/qa/7-helpful-resources-to-navigate-the-dating-industry)  
Hims Blog [hims.com/blog/age-gap-relationships](http://hims.com/blog/age-gap-relationships)  
AOL [aol.com/open-relationships-research-says-105700347.html](http://aol.com/open-relationships-research-says-105700347.html)  
The Grand Life <https://online.flippingbook.com/view/635472689/22-23>  
Dating News [datingnews.io/qa/6-safety-precautions-to-take-while-online-dating](http://datingnews.io/qa/6-safety-precautions-to-take-while-online-dating)  
Emerge <https://decrypt.co/331273/can-ai-solve-dick-pic-epidemic>  
Next Avenue <https://www.nextavenue.org/give-speed-dating-a-try>  
Mashable <https://mashable.com/roundup/best-sex-toys>  
Her Campus Media [hercampus.com/wellness/first-threesome-tips-experts](http://hercampus.com/wellness/first-threesome-tips-experts)  
Yahoo News [nz.news.yahoo.com/straight-men-confess-really-feel-135908809.html](http://nz.news.yahoo.com/straight-men-confess-really-feel-135908809.html)  
SF Gate (Hearst) [sfgate.com/shopping/dating/article/best-dating-sites-seniors-19913435.php](http://sfgate.com/shopping/dating/article/best-dating-sites-seniors-19913435.php)  
Daily Mail [dailymail.co.uk/femail/article-14571985/sex-worst-sex-advice-relationships.html](http://dailymail.co.uk/femail/article-14571985/sex-worst-sex-advice-relationships.html)  
HuffPost [huffpost.com/entry/men-on-age-gap-relationships | 68920c90e4b06ab338945350](http://huffpost.com/entry/men-on-age-gap-relationships | 68920c90e4b06ab338945350)  
Bustle [bustle.com/wellness/leg-lengthening-surgery-materialists-cost-popularity-photos](http://bustle.com/wellness/leg-lengthening-surgery-materialists-cost-popularity-photos)  
New York Post <https://nypost.com/2025/11/03/lifestyle/meet-the-married-men-who-like-keith-urban>  
MorningLaziness [morninglaziness.com/rule-breakers/new-dating-trends-shaping-modern-relationships](http://morninglaziness.com/rule-breakers/new-dating-trends-shaping-modern-relationships)  
MorningLaziness <https://www.morninglaziness.com/rule-breakers/attachment-transparency-in-dating>

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Chief Authintimacy Officer



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Bustle

Newsweek

EMERGE

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