

Human Cell Regeneration

Defying Aging Through Nutrition, Science & Fitness

Terms of Use

Last Updated: 11/17/2025

Welcome to HumanCellRegeneration.com (the "Site"), owned and operated by Human Cell Regeneration ("Human Cell Regeneration," "HCR," "we," "us," or "our"). These Terms of Use ("Terms") govern your access to and use of the Site, our educational content, memberships, coaching programs, digital products, and any other services we make available through the Site (collectively, the "Services").

By accessing or using the Site or Services, you agree to be bound by these Terms. If you do not agree to these Terms, you must not access or use the Site or Services.

1. Eligibility

- We do not knowingly collect personal information from individuals under 18 years of age, and our Services are not directed to minors. You must be at least 18 years old to use this Site or any Services.
- By using the Site, you represent and warrant that you are of legal age to form a binding contract in your jurisdiction and that you will comply with these Terms and all applicable laws.

2. Changes to These Terms

We may update or modify these Terms at any time, in our sole discretion. When we do so, we will update the "Last Updated" date at the top of this page. Changes are effective when posted. Your continued use of the Site or Services after changes are posted constitutes your acceptance of the revised Terms.

If you do not agree to the updated Terms, you must stop using the Site and Services.

3. Our Services and Scope

Human Cell Regeneration provides educational resources, group and individual coaching programs, memberships, and related materials focused on:

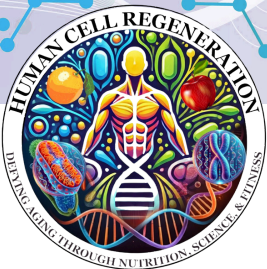
- Functional nutrition education
- Lifestyle, recovery, and stress-management strategies
- Movement and fitness guidance
- Biohacking concepts for healthspan and performance

All information provided through the Site and Services is for educational and informational purposes only. It is designed to help you make informed decisions about your own health in collaboration with your licensed healthcare team.

Important Scope-of-Practice Notice

- HCR and its founder, Beverly Corsmeier, are not licensed physicians, medical providers, or dietitians.
- Services are provided in the capacity of a Certified Functional Nutrition Counselor and fitness professional, not as a medical provider.
- We do not diagnose, treat, cure, or prescribe for any disease or medical condition.
- The Site and Services are not a substitute for medical advice, diagnosis, or treatment from a licensed healthcare professional.

Always consult with your physician or other qualified healthcare provider before making changes to your diet, exercise, medications, or supplements.



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4. No Medical Advice; Health and Safety Disclaimer

Nothing on this Site or in the Services is intended or should be construed as:

- Medical advice
- Mental health or psychological counseling
- Diagnosis or treatment of any illness, condition, or disease
- A substitute for professional advice from your physician or other licensed healthcare provider

You understand and agree that:

- Any health, fitness, or nutrition decisions you make are your sole responsibility.
- You should seek the advice of your physician or other qualified healthcare provider before starting any new fitness, nutrition, or supplement regimen.
- You should not disregard or delay seeking professional medical advice because of something you have read on this Site or received through the Services.

Emergencies

The Site and Services are not for emergencies or urgent care.

If you believe you are experiencing a medical emergency or mental health crisis, call 911 or your local emergency number immediately.

5. Coaching, Memberships, and Educational Content

From time to time, we may offer:

- One-on-one coaching packages
- Group coaching or educational programs
- Paid memberships with self-guided resources
- Digital downloads, eBooks, workshops, or online courses

Specific details, inclusions, and limitations of each offering will be described on the applicable sales page or product description. Those specific terms are incorporated into these Terms by reference.

Unless otherwise stated, coaching and membership Services:

- Are educational and behavior-change-oriented.
- Do not include medical care, diagnosis, or treatment.
- Do not create a physician-patient or dietitian-client relationship.

We reserve the right to accept or decline clients or members at our discretion.

6. Accounts and Security

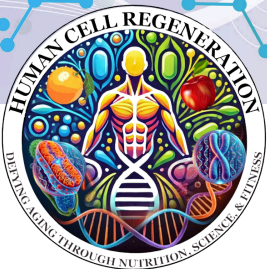
To purchase and access any coaching package, membership, or other restricted areas of the Site, you are required to create an account.

You agree to:

- Provide accurate, current, and complete information during registration.
- Maintain and promptly update your information as needed.
- Keep your login credentials confidential and not share your account with others.
- Notify us immediately of any unauthorized use of your account or any other breach of security.

You are responsible for all activities that occur under your account, whether or not you authorized them. We are not liable for any loss or damage arising from unauthorized use of your account.

We reserve the right to suspend, restrict, or terminate your account at any time, for any reason, including any violation of these Terms.



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7. Purchases, Payments, and Refunds

Payments

- Purchases on the Site (including coaching, memberships, and digital products) are processed through third-party payment processors (such as WooCommerce and their integrated gateways).
- By submitting payment information, you authorize us and our third-party processors to charge the designated payment method for the total amount of your purchase, including any applicable taxes.

We do not store full credit card numbers on our servers.

Subscriptions and Renewals

- Memberships or other recurring services may be billed on a subscription basis (e.g., monthly or annually).
- By enrolling in a subscription, you authorize recurring charges until you cancel in accordance with the applicable cancellation terms.

Refunds and Cancellations

- Unless explicitly stated on the specific product or sales page, all sales are generally final and non-refundable.
- Certain products or services may have their own refund or cancellation policies. These will be clearly stated at the point of purchase and will govern in the event of a conflict with this section.

It is your responsibility to review any refund/cancellation terms before completing your purchase.

8. Intellectual Property

All content on the Site and within the Services, including but not limited to text, graphics, logos, images, videos, audio, downloads, design, and layout (collectively, the "Content") is owned by HCR or its licensors and is protected by copyright, trademark, service mark, and other intellectual property laws.

Limited License

Subject to these Terms, we grant you a limited, non-exclusive, non-transferable, revocable license to:

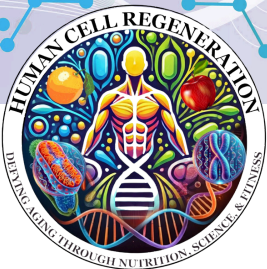
- Access and view the Site and Content for your personal, non-commercial use.
- Download or print portions of the Content for your own educational and personal use only, provided you keep all copyright and other proprietary notices intact.

You may not:

- Copy, reproduce, modify, distribute, transmit, display, perform, publish, license, create derivative works from, or sell any Content without our prior written consent.
- Use any Content for commercial purposes, including teaching, coaching, or reselling, without a separate written agreement.
- Remove or alter any copyright, trademark, service mark or other proprietary notices.

All Human Cell Regeneration names, logos, and service marks used on the Site are trademarks or service marks of HCR. Nothing in these Terms or on the Site shall be construed as granting any license or right to use any trademarks, service marks, or logos without our prior written permission.

All rights not expressly granted in these Terms are reserved by HCR.



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9. User Conduct

You agree that you will not:

- Use the Site or Services for any unlawful purpose or in violation of any applicable law.
- Post, upload, or transmit any content that is defamatory, obscene, hateful, harassing, harmful, infringing, or otherwise objectionable.
- Attempt to gain unauthorized access to any portion of the Site, other users' accounts, or any systems or networks connected to the Site.
- Interfere with or disrupt the operation of the Site or the servers or networks used to make the Site available.
- Use any robot, spider, scraper, or other automated means to access the Site for any purpose without our prior written consent.
- Reverse engineer, decompile, or disassemble any part of the Site or Services.

We may, but are not obligated to, monitor use of the Site and may take action (including removal of content or termination of accounts) if we believe any user is violating these Terms.

10. User Content and Feedback

If you submit, upload, or otherwise provide any comments, feedback, testimonials, reviews, suggestions, or other content ("User Content") to us through the Site, email, or other channels, you:

- Represent and warrant that you own or have the necessary rights to provide such User Content; and
- Grant HCR a non-exclusive, worldwide, royalty-free, perpetual, irrevocable, and fully sublicensable license to use, reproduce, modify, adapt, publish, translate, distribute, display, and create derivative works from such User Content in any media, for any lawful purpose, including marketing and promotional purposes.

We are under no obligation to use any User Content you provide. We may edit, remove, or refuse to post any User Content at our discretion.

11. Third-Party Links, Tools, and Affiliates

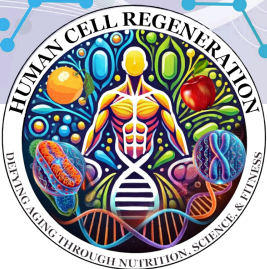
The Site may contain links to third-party websites, products, or services that are not owned or controlled by HCR, including but not limited to:

- Laboratory testing providers (e.g., Function Health)
- Supplement or equipment companies
- Fitness or health technology providers
- Payment processors and scheduling tools

We may also participate in affiliate programs, meaning we may earn a commission if you purchase through certain links. Any such relationship does not affect our commitment to provide honest, science-backed recommendations, but you should always perform your own due diligence before purchasing or using any third-party product or service.

You acknowledge and agree that:

- We do not control, endorse, or assume responsibility for any third-party sites, products, or services.
- Your use of third-party sites or services is at your own risk and subject to their terms and privacy policies.
- We are not liable for any loss or damage arising from your dealings with third parties.



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12. Disclaimer of Warranties

TO THE FULLEST EXTENT PERMITTED BY LAW, THE SITE, SERVICES, AND ALL CONTENT ARE PROVIDED "AS IS" AND "AS AVAILABLE," WITHOUT WARRANTIES OF ANY KIND, EXPRESS OR IMPLIED.

WITHOUT LIMITING THE FOREGOING, HCR DISCLAIMS ALL WARRANTIES, EXPRESS OR IMPLIED, INCLUDING BUT NOT LIMITED TO:

- IMPLIED WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, AND NON-INFRINGEMENT;
- ANY WARRANTIES ARISING OUT OF COURSE OF DEALING OR USAGE OF TRADE;
- WARRANTIES THAT THE SITE OR SERVICES WILL BE UNINTERRUPTED, SECURE, OR ERROR-FREE;
- WARRANTIES AS TO THE ACCURACY, COMPLETENESS, RELIABILITY, OR TIMELINESS OF ANY CONTENT.

YOUR USE OF THE SITE, SERVICES, AND CONTENT IS AT YOUR SOLE RISK.

No results or outcomes are guaranteed. Individual results vary and depend on many factors, including but not limited to your current health status, medical history, genetics, lifestyle, adherence to recommendations, and collaboration with your healthcare providers.

13. Limitation of Liability

TO THE FULLEST EXTENT PERMITTED BY LAW, IN NO EVENT WILL HCR, ITS OWNER(S), EMPLOYEES, CONTRACTORS, OR AFFILIATES BE LIABLE FOR ANY INDIRECT, INCIDENTAL, SPECIAL, CONSEQUENTIAL, EXEMPLARY, OR PUNITIVE

DAMAGES, INCLUDING BUT NOT LIMITED TO:

- LOSS OF PROFITS, REVENUE, DATA, OR USE
- PERSONAL INJURY OR WRONGFUL DEATH
- EMOTIONAL DISTRESS OR OTHER INTANGIBLE LOSSES

ARISING OUT OF OR IN CONNECTION WITH:

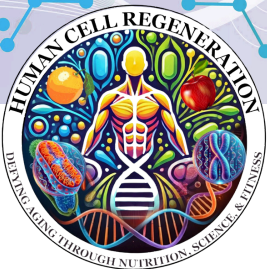
- YOUR USE OF OR INABILITY TO USE THE SITE, SERVICES, OR CONTENT
- ANY INFORMATION OR ADVICE PROVIDED THROUGH THE SITE OR SERVICES
- ANY TRANSACTIONS OR INTERACTIONS WITH THIRD PARTIES

EVEN IF ADVISED OF THE POSSIBILITY OF SUCH DAMAGES.

TO THE EXTENT ANY LIABILITY EXISTS NOTWITHSTANDING THE ABOVE, OUR TOTAL AGGREGATE LIABILITY FOR ANY CLAIM ARISING OUT OF OR RELATED TO THESE TERMS, THE SITE, OR THE SERVICES SHALL NOT EXCEED THE GREATER OF:

- THE AMOUNT YOU PAID TO HCR FOR THE SPECIFIC SERVICE OR PRODUCT GIVING RISE TO THE CLAIM IN THE THREE (3) MONTHS PRECEDING THE EVENT; OR
- ONE HUNDRED U.S. DOLLARS (USD \$100).

SOME JURISDICTIONS DO NOT ALLOW LIMITATIONS ON IMPLIED WARRANTIES OR EXCLUSION OF CERTAIN DAMAGES, SO SOME OF THE ABOVE LIMITATIONS MAY NOT APPLY TO YOU.



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14. Indemnification

You agree to indemnify, defend, and hold harmless HCR, its owner(s), employees, contractors, agents, and affiliates from and against any and all claims, liabilities, damages, losses, costs, expenses, or fees (including reasonable attorneys' fees) arising out of or relating to:

- Your use of the Site, Services, or Content;
- Your violation of these Terms;
- Your violation of any rights of a third party, including intellectual property or privacy rights;
- Any User Content you submit or provide.

We reserve the right, at our own expense, to assume the exclusive defense and control of any matter subject to indemnification, and you agree to cooperate with such defense.

15. International Users

The Site is controlled and operated from the United States. We make no representation that the Site, Services, or Content are appropriate or available for use in other locations.

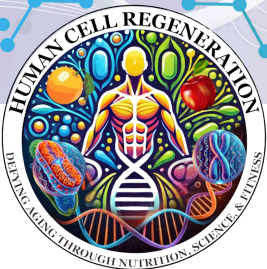
If you access the Site from outside the United States, you do so on your own initiative and are responsible for compliance with local laws to the extent they apply.

16. Termination

We may terminate or suspend your access to all or part of the Site or Services, with or without notice, for any conduct that we, in our sole discretion, believe violates:

- These Terms;
- Applicable law; or
- Our rights or the rights of others.

Upon termination, all rights granted to you under these Terms will cease, and you must immediately stop using the Site and Services. Sections of these Terms that by their nature should survive termination will survive, including but not limited to intellectual property provisions, disclaimers, limitations of liability, and indemnification.



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17. Dispute Resolution; Governing Law; Venue

These Terms and any dispute arising out of or relating to them, the Site, or the Services shall be governed by and construed in accordance with the laws of the State of Ohio, without regard to its conflict of law principles.

You agree that:

- Any legal action or proceeding arising out of or relating to these Terms or your use of the Site or Services shall be brought exclusively in the state or federal courts located in [Hamilton County], Ohio.
- You consent to the personal jurisdiction and venue of such courts.

18. Severability

If any provision of these Terms is held to be invalid, illegal, or unenforceable, that provision shall be enforced to the maximum extent permissible, and the remaining provisions shall remain in full force and effect.

19. Entire Agreement

These Terms, together with any additional terms or policies referenced herein (including our Privacy Policy and any product-specific terms listed at purchase), constitute the entire agreement between you and HCR regarding the Site and Services and supersede all prior or contemporaneous communications and proposals, whether oral or written.

20. Contact Us

If you have any questions about these Terms or the Site, please contact us using the contact information provided on our Contact page at HumanCellRegeneration.com.