



BENEFIT ENHANCEMENTS

20
27



bestMed

personally yours

The average weighted contribution increase is:

7.35%

The weighted benefit limit and sub-limit increase is:

4%

Introduction of cover for
Respiratory syncytial virus (RSV)

antibodies for babies on all options:

Cover for one (1) single dose for infants up to 6 months old, born between January and May.



Addition of paediatric immunisation on Beat1:

Cover for paediatric immunisation

Paediatric vaccines according to the State-recommended programme for babies and children.

Introduction of Best Bucks on Beat2, Beat3, Beat3 Plus, Beat4 and the Pace range:

When all adult beneficiaries on your membership complete a Tempo lifestyle screening,

a Best Bucks extra benefit of R1 000 per family per annum is unlocked

to cover out-of-hospital expenses, utilised before savings and day-to-day benefit.

Addition of HPV vaccines for males

on Beat range, Pace range and Rhythm2:

The cover for HPV vaccine for male and female between the ages of 9 and 26 years has been extended to include males of the same age, three (3) vaccinations per beneficiary.



Addition of maternity supplements

on Beat2:

Cover for maternity supplements up to a maximum of R151 per claim, once a month, for a maximum of 9 months.



Addition of post-natal consultations on all options

excluding Rhythm1:

Cover for 2 post-natal consultations at a GP OR gynaecologist OR midwife.

Enhancement of Emergency casualty visits

benefit on Beat2, Beat3, Beat3 Plus, Beat4 and Pace range:

Cover at 100% Scheme tariff for up to two (2) emergency room (ER) or casualty ward visits per family per annum, subject to a limit of R3 000 per event.

Increase of

to-take-home / to-take-out (TTO) benefits

on Pace1, Pace2 and Pace3:

The TTO monetary limit increased to R700 per event on Pace1, Pace2 and Pace3.

Over-the-counter (OTC) limit increased
on Beat4 and the Pace range:

The over-the-counter increased by 15% to R1 396

covering medicines, including sunscreen,
vitamins and minerals with NAPPI codes
listed on the Scheme formulary.

Addition of

depression medication

on Beat1, Beat2 and Beat3:

Cover for depression medication on Beat1,
Beat2 and Beat3, restricted to medicine on
the Formulary and a Rand limit per beneficiary
per month.

Addition of cover for major depression on Beat3 Plus:

Major depression added to the
non-CDL conditions covered.



Addition of cover for

Gastro-oesophageal reflux disease (GORD)

on Pace1:

Gastro-oesophageal reflux disease (GORD) added to non-CDL conditions on Pace1.



Addition of

bone density screening

on Pace1:

Cover for bone density screening on for beneficiaries 45 years and older, once every 24 months.

Introduction of Corneal cross-linking cover

on Beat1, Beat2 and the Rhythm options:

Cover for clinically appropriate treatment of corneal conditions (e.g. keratoconus).



Increase of Orthopaedic and medical appliances limit

on Beat4 and Pace range:

Increase of limit for medically necessary appliances for back, leg, arm and neck support, crutches, surgical footwear and elastic stockings directly related to the admission and provided before discharge from hospital.

Contribution increase

Beat

BEAT1 N		BEAT1	BEAT2 N	BEAT2	BEAT3 N	BEAT 3	BEAT3 PLUS	BEAT4	
Personal Medical Savings Account		N/A		16%		15%		25%	14%
Principal Member	Risk	R2 439	R2 712	R2 506	R2 785	R3 712	R4 125	R4 027	R6 872
	Savings	R0	R0	R477	R530	R655	R728	R1 343	R1 119
	Total	R2 439	R2 712	R2 983	R3 315	R4 367	R4 853	R5 370	R7 991
Adult Dependant	Risk	R1 896	R2 106	R1 947	R2 163	R2 648	R2 943	R2 992	R5 675
	Savings	R0	R0	R371	R412	R467	R519	R997	R924
	Total	R1 896	R2 106	R2 318	R2 575	R3 115	R3 462	R3 989	R6 599
Child Dependant	Risk	R999	R1 109	R1 025	R1 140	R1 311	R1 455	R1 491	R1 699
	Savings	R0	R0	R195	R217	R231	R257	R497	R277
	Total	R999	R1 109	R1 220	R1 357	R1 542	R1 712	R1 988	R1 976
		You pay for a maximum of three children. Any additional children join as beneficiaries on the Scheme at no additional cost.							
Recognition of a child dependant		Dependants under the age of 24 years are regarded as child dependants.							

Pace

PACE1		PACE2		PACE3		PACE4			
Personal Medical Savings Account		19%		14%		14%		3%	
Principal Member	Risk	R5 143		R8 179		R9 390		R13 232	
	Savings	R1 206		R1 332		R1 529		R409	
	Total	R6 349		R9 511		R10 919		R13 641	
Adult Dependant	Risk	R3 717		R8 021		R7 559		R13 232	
	Savings	R872		R1 306		R1 231		R409	
	Total	R4 589		R9 327		R8 790		R13 641	
Child Dependant	Risk	R1 336		R1 803		R1 615		R3 099	
	Savings	R313		R294		R263		R96	
	Total	R1 649		R2 097		R1 878		R3 195	
You pay for a maximum of three children. Any additional children join as beneficiaries on the Scheme at no additional cost.									
Recognition of a child dependant		Dependants under the age of 24 years are regarded as child dependants.							

Rhythm

RHYTHM1					RHYTHM2			
Income level		R0 – R9 000 pm	R9 001 – R14 000 pm	> R14 000 pm	Income level		R0 – R5 500 pm	> R5 501 pm
Personal Medical Savings Account		N/A			Personal Medical Savings Account		N/A	
Principal Member	Risk	R1 866	R2 176	R3 886	Principal Member	Risk	R3 214	R3 762
	Savings	R0	R0	R0		Savings	R0	R0
	Total	R1 866	R2 176	R3 886		Total	R3 214	R3 762
Adult Dependant	Risk	R1 866	R2 176	R3 886	Adult Dependant	Risk	R3 054	R3 387
	Savings	R0	R0	R0		Savings	R0	R0
	Total	R1 866	R2 176	R3 886		Total	R3 054	R3 387
Child Dependant	Risk	R769	R925	R2 013	Child Dependant	Risk	R1 882	R1 882
	Savings	R0	R0	R0		Savings	R0	R0
	Total	R769	R925	R2 013		Total	R1 882	R1 882
Maximum contribution child dependant		N/A	N/A	N/A	Maximum contribution child dependant		You pay for a maximum of three children. Any additional children join as beneficiaries on the Scheme at no additional cost.	
Recognition of a child dependant		Dependants under the age of 24 years are regarded as child dependants.			Recognition of a child dependant		Dependants under the age of 24 years are regarded as child dependants.	



HOSPITAL AUTHORISATION

Tel: 080 022 0106

Email: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378

Email: medicine@bestmed.co.za

CLAIMS

Tel: 086 000 2378

Email: service@bestmed.co.za (queries)

claims@bestmed.co.za (claim submissions)

MATERNITY CARE

Tel: 012 472 6797

Email: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,
361 Oberon Avenue, Faerie Glen,
Pretoria, 0081, South Africa

POSTAL ADDRESS

PO Box 2297, Arcadia,
Pretoria, 0001, South Africa

NETCARE 911

Tel: 082 911

Email: customer.service@netcare.co.za
(queries)

INTERNATIONAL MEDICAL TRAVEL INSURANCE

AZOZA

Tel: 0861 838 333

Claims and emergencies:

assist@azoza.co.za

Travel registrations:

bestmed-assist@linkham.com

PMB

Tel: 086 000 2378

Email: pmb@bestmed.co.za

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Bestmed Medical Scheme



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Bestmed Medical Scheme

For a more detailed overview of your benefit option and to receive a membership guide please contact service@bestmed.co.za

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