



THE SCHOOL OF LIFE

Helping teenagers discover who they are, what they're capable of
and what kind of life they want to create.

Programme Guide

School teaches subjects. Celestia teaches life.

- ✓ Life Skills & Money
- ✓ Purpose & Entrepreneurship
- ✓ Confidence & Communication
- ✓ Meditation & Wellbeing
- ✓ Careers & Future Possibilities
- ✓ Community, Challenges & Live Calls



Welcome to Celestia

Teenagers are growing up in a world that is changing incredibly quickly. Our schools continue to teach the same subjects they've taught despite the job market changing fast due to such things as AI. In ten years time a job could exist that we don't even know about.

We want to create teenagers who are ready for these changes - adaptable, opportunistic and excited about all the unknowns out there.

There are things they need to learn that don't always fit neatly into a school timetable:

- ***Who am I?***
- ***What am I good at?***
- ***What do I actually want from life?***
- ***How do I handle other people's opinions?***
- ***How do I speak up?***
- ***What could my future look like?***





Celestia – The School of Life was created to give teenagers somewhere to explore all of these things.

A place to learn, experiment, question, create, connect and discover.

There are no exams and no grades.

Just opportunities to try new things, meet interesting people, develop confidence and discover possibilities.

For teenagers aged 13–18.



What Happens Inside Celestia?

A different kind of education.

Celestia brings together a range of experiences designed to help teenagers develop both practical life skills and a deeper understanding of themselves.



Coaching & Careers

Explore confidence, mindset, strengths, goal-setting, being accountable, careers and the many different routes a life can take.



Improvisation

Build confidence, creativity, communication and the ability to think on your feet.



Discovery Science

Explore fascinating questions about the world around us and discover how science connects to everyday life.



Debating

Learn to express your ideas, listen to different viewpoints and disagree without disrespecting the person.



Living in the Now

Explore ways to slow down, become more aware and enjoy the life you're actually living.



Dream Builders

Meet people who are creating interesting lives and discover the different paths that can lead somewhere unexpected.

And we'll keep adding new experiences as Celestia grows.



It's Not Just About The Session

Explore. Discover. Connect.

Your membership isn't simply a timetable of classes. Inside Celestia you'll also find resources and opportunities to explore in your own time.

Create Your Dream Life

A practical journey helping teenagers think about the life they would love to create — and begin exploring the steps that could take them there.

Entrepreneurial Skills & Money Mindset

A collection of short lessons exploring entrepreneurship, money and the skills involved in creating something of your own.

Meditation & Stillness

Opportunities to slow down, switch off the noise and explore simple practices for finding more calm and awareness.

Community

We would like to create a place to meet other young people, share ideas, ask questions and discover that you don't have to have everything figured out yet. Tina will be discussing how we do this so that all teenagers are fully protected so this is coming soon.

Health & Self

We are working on a section of downloadable resources for teenagers to access. Topics include self-love, confidence, health issues, positive screen useage, and many other topics.



Meet The People Behind Celestia

Real people. Real lives. Real possibilities.

Celestia isn't built around one teacher.
It's a community of people with different experiences,
interests and perspectives.



Tina Powick

Founder & Teen Coach

Mindvalley-trained life coach and home-educating mum of four, one of whom has Down syndrome. Tina has seen first-hand the issues of not only our school system but also the challenges of home educating when you have a family of mixed ages and abilities.

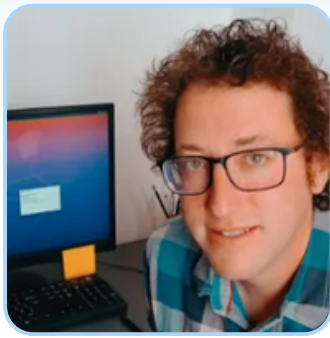
Tina's sessions explore confidence, mindset, careers, purpose and creating a life you genuinely love. She also hosts the debating sessions.

Justine brings the world of improvisation to Celestia, helping teenagers develop confidence, creativity, communication and spontaneity. Justine is a mum of three neurodiverse children with very differing needs. She brings all her experience of this and thirty years of performance knowledge into her sessions.



Justine De Mierre

Improvisation



James Coulter

Discovery Science

James makes science accessible, fascinating and relevant, encouraging teenagers to question how the world around them works. James is Dad of two, a science teacher and is also returning as a teacher to the world famous school - Summer Hill. For those of you who don't know about this school do take your time to research about it - it is truly an incredible place.

Dan brings decades of experience working with children and young people, sharing stories and conversations with people who have created interesting and inspiring lives. Dan is Tina's husband and has worked with under 18s for over twenty years in a variety of roles. His passion is empowering people to feel safe so they can build confidence and grow into the person they were always meant to be.



Dan Powick

Dream Builders



Richard Hart

Entrepreneurial Skills
& Money Mindset

Richard has created a collection of short lessons exploring entrepreneurship, money mindset and the skills involved in building something of your own. Richard lives in Cyprus and juggling work and home educating his two youngest children. He's married to his Russian wife and brings a wide knowledge of education to the platform. He is passionate about supporting teenagers to find that entrepreneurial streak, let go of any money mindset issues that may hold them back and create a business they love.



Aham Shoonyam

A Paroksh Yogi

Aham Shoonyam: Ancient Himalayan Wisdom and Meditation

"I am no-thing"

Paroksh yogis are spiritual beings living in the Himalayan belt who prefer to remain anonymous. They share their deep experiential wisdom in subtle, non-intrusive ways rather than through doctrines or belief systems.

Aham Shoonyam's vision is a happier society, living in greater harmony with life and nature. His work helps people widen their awareness so they can accept each moment without inner friction, and from that acceptance, clarity and the True Self begin to emerge.

In a world of mental overload and constant stimulation, these teachings are also shared as practices for deep rest and sleep. They can help with insomnia, night-time anxiety, mental restlessness and difficulty letting go.

The guidance is gentle and effortless, with no strain and nothing to achieve. Use the sessions at bedtime, during night awakenings, or whenever your mind feels too busy to rest, and let sleep come naturally.

We're continuing to bring new people, ideas and experiences into Celestia.



Your Programme Timetable

Your Celestia timetable

There are regular live sessions throughout the month, giving teenagers the opportunity to join the subjects and conversations that interest them.

You don't need to attend everything.

Choose the sessions that appeal to you and explore the rest of Celestia in your own time.



Tina Powick

Helping teenagers build confidence, curiosity, and community beyond the mainstream.

Community Call

 Mon Sep 28 | 7:00 PM (UK time)

 Mon Nov 9 | 7:00 PM (UK time)

 Mon Oct 12 | 7:00 PM (UK time)

 Mon Dec 14 | 7:00 PM (UK time)

Coaching & Careers

 Mon Oct 5 | 11:00 AM to 12:00 PM or 5:00 PM to 6:00 PM (UK time)

 Mon Nov 2 | 11:00 AM to 12:00 PM or 5:00 PM to 6:00 PM (UK time)

 Mon Dec 7 | 11:00 AM to 12:00 PM or 5:00 PM to 6:00 PM (UK time)

Debating Session

 Mon Oct 12 | 11:00 AM to 12:00 PM or 5:00 PM to 6:00 PM (UK time)

 Mon Nov 9 | 11:00 AM to 12:00 PM or 5:00 PM to 6:00 PM (UK time)

 Mon Dec 14 | 11:00 AM to 12:00 PM or 5:00 PM to 6:00 PM (UK time)



Justine De Mierre

Founder of "So... what's the story?" Improv, she's a seasoned performer with 30+ years of experience using stories and improv to connect people.

Justine's Schedule

 Thurs Oct 15 | 2:00 PM to 3:00 PM (UK time)

 Thurs Nov 19 | 2:00 PM to 3:00 PM (UK time)

 Thurs Dec 17 | 2:00 PM to 3:00 PM (UK time)

Minimum Participants 6, Maximum 15 - book early to secure your place.



James Coulter

Unlock the science behind your scrolling—and take back control of your brain.

James' Schedule

 Thurs Oct 8 | 5:00 PM to 5:45 PM (UK time), followed by a 30-minute Q&A.

 Thurs Nov 12 | 5:00 PM to 5:45 PM (UK time), followed by a 30-minute Q&A.

 Thurs Dec 10 | 5:00 PM to 5:45 PM (UK time), followed by a 30-minute Q&A.



Dan Powick

One conversation can change a life. Dream Builders reveals how.

Dan's Schedule

Dan doesn't have set booking slots.

We work with our members to find a day and time that fits around most people's schedule.

If you can't make it - don't worry!

All Dan's interviews will be recorded and uploaded to the platform for you to watch at your leisure.



Aham Shoonyam

Discover deep rest and true self through gentle Himalayan wisdom.

Aham offers meditations and live sessions

Aham Shoonyam's meditations and discourses are pre-recorded so you can listen to them as and when works for you. It's recommended to listen to the guided meditations regularly. Discourses can be listened to as and when you need them and are provided with some suggested questions for self reflection.

Live sessions will be arranged at a mutually convenient time when there is sufficient interest.



Richard Hart

Entrepreneur, business founder, home educating dad Richard is particularly passionate about lighting that entrepreneurial spark in young people.

Start Richard's classes right now...

Get that entrepreneurial spark going straight away. Work at your own pace and enjoy seeing what emerges!

All session times are shown in UK time.

Session details and availability may occasionally change, so please check the current timetable inside the Celestia platform.





What Does Membership Include?

Your Celestia Membership

Founding membership - this will apply for the first twenty sign-ups. From then on the price will increase to £74/month.

£54 Per Month

Your founding membership includes access to:

- ✓ Live Celestia sessions
- ✓ Coaching & Careers
- ✓ Improvisation
- ✓ Discovery Science
- ✓ Debating
- ✓ Dream Builders interviews
- ✓ Create Your Dream Life
- ✓ Entrepreneurial and money mindset resources
- ✓ The Celestia community
- ✓ New experiences and resources as they are added

A flexible way to explore.

There is no requirement to attend every session. Your teenager can explore the areas that interest them and come back to others when they're ready.

The founding membership rate is £54 per month.



Our Family Commitment

Creating a community together.

Celestia is more than a place for teenagers to learn.

It's a community.

We want every young person who comes into Celestia to feel safe, respected, listened to and free to be themselves.

We believe teenagers deserve space to ask questions, explore ideas, make mistakes, discover what matters to them and find their own path.

When families join Celestia, we ask them to help us create a community built on:

**Kindness • Respect • Listening • Curiosity • Boundaries •
Courage • Growth • Being Yourself**

You don't have to have everything figured out.

You don't have to agree with everyone.

You don't have to be confident all the time.

You simply need to come as you are and be willing to treat others with kindness and respect.

Each family will also agree to the Celestia Family Commitments so they understand this is for everyone not just the teenagers.

Together, we're creating a different kind of education.

School teaches subjects. Celestia teaches life.



Welcome To The Beginning

Creating a community together.

Where could this take you?

You don't need to know the answer yet.

You don't need to know what career you want.

You don't need a five-year plan.

You just need to be curious enough to explore.

One conversation could spark an idea.

One session could uncover something you're good at.

One person could introduce you to a possibility you didn't know existed.

One small step could lead somewhere completely unexpected.

That's what Celestia is about.

Creating the space to explore **who you are, what's possible and what kind of life you might want to create.**



CELESTIA

— A WORLD BASED ON KINDNESS, COMMUNITY, PURPOSE & PASSION —

 celestiaschooloflife.com