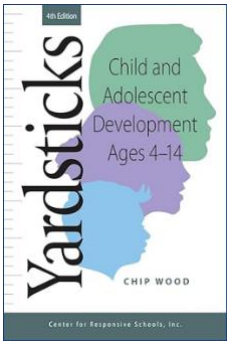
Family Resources: Nurturing Healthy Friendships



Yardsticks, by Chip Wood

How to help kids navigate friendships and peer relationships (American Psychological Association)

Three Ways to Help Your Child Build Better Friendships | Parenting Tips & Advice | PBS KIDS for Parents (PBS)

Helping children make friends: What parents can do - Harvard Health (Harvard Health)



How to Help Children Build Healthy Friendships - Positive Parenting, Thriving Kids (Child Mind Institute)

What Parents Can Do to Support Friendships - HealthyChildren.org (American Academy of Pediatrics)

CDC, *Social Connection* (2024) (Center for Disease Control)

CDC About Children's Mental Health (2026) (Center for Disease Control)



Harvard Center on the Developing Child, *Young Children Develop in an Environment of Relationships*. (Center on the Developing Child)