



Join Systema instructors
from all around North America
and world-renowned master
Vladimir Vasiliev right here
at Systema Floyd.

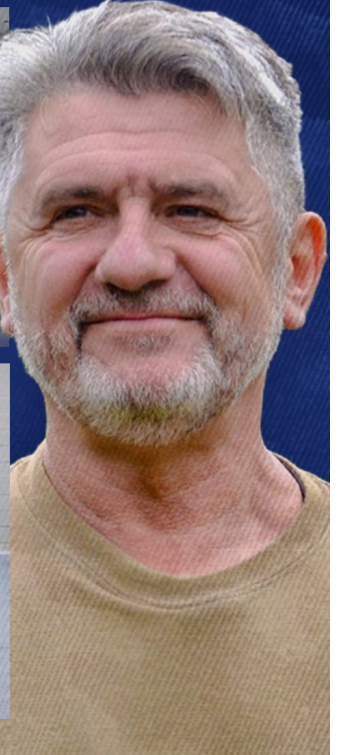
SYSTEMA FLOYD PRESENTS

TACTICAL RELAXATION

WITH VLADIMIR VASILIEV

A 2-DAY FESTIVAL OCTOBER 10 & 11, 2026

WEST PALM BEACH, FL



Instructor renewals and new evaluations available at the event.

Space is strictly limited, secure your spot now to learn from the primary source of the art.

EVENT ADDRESS

Palm Beach Day Academy
241 Seaview Ave
Palm Beach, FL 33480

FESTIVAL DATES

- **Saturday October 10, 2026 from 10AM-3PM** (check-in at 9:30AM)
- **Sunday October 11, 2026 from 11AM-4PM** (check-in at 10:30AM)
- **Friday October 9, 2026 from 7:30PM-8:00PM** – Optional private Breathing & Health session with Vladimir and Valerie Vasiliev held at Systema Floyd Campus. (Only 30 passes available, scan QR code to submit the form. If confirmed, you will be notified via email)

NEARBY HOTEL ACCOMMODATIONS

Embassy suits (affordable) | (561) 689-6400
1601 Belvedere Rd
West Palm Beach, FL 33406

Canopy hotel (upscale) | (561) 655-0404
380 Trinity Pl
West Palm Beach, FL 33401

WHAT IS TACTICAL RELAXATION?

It's a fundamental Systema skill of staying calm and relaxed under pressure, so that you can move freely, think clearly, and respond with precision to any situation.

What better place to relax than the sunny Florida? Study how to stay tension-free in any confrontation.

This festival dives deep into the core principles of breathing, structure, smooth movement, short work and internal work to help you build elite-level resilience for both combat and daily life.

**SCAN HERE
TO REGISTER**

