

LAST RUCKER STANDING

OFFICIAL RULES

October 9–11, 2026

The Gathering Farm, 140 Waldon Road, Moore, SC 29369
Buffalo Mentality LLC · lastruckerstanding.com

**Every participant is responsible for reading, understanding,
and following every rule in this document.**

The rules are clear.

1. OVERVIEW

Last Rucker Standing is a 48-hour rucking endurance event. Participants complete a 2-mile loop every hour, on the hour, wearing a minimum of 20 lbs. The last rucker standing wins.

The event is designed to break you. Be ready for anything.

ZERO TOLERANCE POLICY: If any rule is broken, for any reason, the result is immediate disqualification. No exceptions. No disputes. No appeals. The rules are clear.

2. THE FORMAT

- Loop distance: 2 miles per round
 - Minimum ruck weight: 20 lbs base weight, pack or vest, either is acceptable
 - Cadence: every hour, on the hour
 - Maximum duration: 48 hours
 - Weather: rain or shine, the event continues regardless
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3. THE STORM

This event is designed for anyone who enjoys rucking and challenging themselves, as well as the super athlete capable of the unthinkable.

This event does not stay the same for the full 48 hours. At some point in the challenge, conditions can and will change. Pace, weight, distance, or how you're required to move are all on the table.

You won't know when. You won't know what.

Trust the process. Be ready for anything. And try to hang on for the full 48 hours.

4. THE RUCK

- Base weight minimum: 20 lbs, before water, nutrition, or any other provisions.
- Rucks and vests are weighed at check-in with provisions removed to verify base weight.
- Additional weight checks may occur at any time, at the sole discretion of the event director.
- The winner's ruck or vest will be weighed at the conclusion of the event to confirm the 20 lb minimum was met.
- Any rucker found under 20 lbs base weight at any check is disqualified immediately. No warnings.
- Whichever ruck or vest you choose at check-in, pack or vest, must be used for the full event. No switching between types once the event begins.
- Your bib or rucker identifier must be worn and visible at all times, from check-in until you tap out or the event ends.

- No trekking poles, weight-assisting devices, or any equipment designed to offset or redistribute your ruck's weight. Personal medical devices must be approved by event staff in advance.

During a round, your ruck or vest must be carried at all times. It cannot be set down, even briefly, for any reason. Instant disqualification.

5. BASE CAMP AND THE BOX

Base Camp

The only place where crew members may physically interact with their rucker. Full support is permitted here, including food, water, gear changes, and medical attention. Crew may only support their rucker at base camp, between rounds.

The Box

The starting corral for every round. The painted start and finish area, staging only. Ruckers must be inside The Box before the horn sounds at the top of every hour. No crew members are allowed inside The Box, at any time. No support of any kind is permitted inside The Box. Volunteers are permitted inside The Box.

6. STARTING A ROUND

- Ruckers must be inside The Box before the horn sounds at the top of every hour.
- Every rucker starts each round together, at the horn. There are no delayed or staggered starts.
- Any rucker not inside The Box when the horn sounds is disqualified immediately. No grace period. The clock does not wait.
- No crew members are permitted inside The Box at any time. A crew member inside The Box results in immediate disqualification of their rucker.

Check-in opens at 3:00 PM on October 9th and closes at 6:15 PM. Ruckers must complete check-in, weigh-in, and bib assignment within this window. The horn sounds at 7:00 PM sharp to begin Round 1. If you are not inside The Box, geared up, and ready when it sounds, you are disqualified. No exceptions, no grace period, regardless of check-in status.

7. COMPLETING A ROUND

- Every rucker must complete the full 2-mile loop and return to base camp.
 - Shortcuts of any kind result in immediate disqualification.
 - Everything you need for your loop must be carried with you when you leave base camp. Nothing may be retrieved, handed off, or added once the loop begins.
 - No outside assistance of any kind is permitted on course, including food, water, gear, pacing, or physical contact.
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8. YOUR CREW

- Maximum 2 crew members per rucker on site.
- All crew members must be 18 years of age or older.
- Crew names are collected at check-in. Both crew members must sign event waivers on site before the event begins.
- Crew may support their rucker at base camp only, between rounds.

Crew must stay within approved areas at all times: base camp, the spectator area, the vendor area, the food truck area, and restrooms. The course and The Box are off limits to crew at all times, including no pacing or walking alongside a rucker. A crew member found outside an approved area, for any reason, results in immediate disqualification of their rucker.

9. TAPOUT PROCEDURE

Voluntary tapout, at base camp

- Return to base camp after completing your current loop.
- Notify event staff of your decision to withdraw.
- Ring the bell.
- Turn in your bib to event staff.
- You are officially out of the competition.

Mid-course tapout

- If you cannot complete a loop, flag down a course marshal.
- A marshal will assist you back to base camp.
- The tapout procedure will be completed at base camp.

Once you tap out, the decision is final and cannot be reversed. You are welcome to stay and support other ruckers. You become part of the Last Rucker Standing community.

10. DISQUALIFICATION

Immediate disqualification results from any of the following:

- Not being inside The Box when the horn sounds
- Not starting your loop when the horn sounds, even if inside The Box
- Failure to complete the full 2-mile loop
- Taking any shortcut on course
- Setting your ruck or vest down at any point during a round
- Base weight falling below 20 lbs at any check
- Using trekking poles or any weight-assisting device
- Receiving outside assistance anywhere on course
- A crew member found outside an approved area at any time
- Any other violation of the rules as written

Disqualification is immediate and final. There is no review process, no appeal, and no dispute. The rules are clear.

11. MEDICAL AND SAFETY

- You are responsible for your own basic medical needs, including personal medications and minor first aid.
 - Medical staff are on site for the full 48 hours to provide treatment.
 - Any support needed (including medical) during an active loop must wait until the loop is complete. If you cannot wait, you must withdraw from the competition.
 - Medical withdrawal is handled the same as any tapout, with dignity and respect.
 - Event staff reserve the right to remove any rucker from the event for safety reasons at any time.
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12. WEATHER

The event runs in all weather conditions. Rain, cold, heat, the event continues. There are no weather delays and no weather cancellations. Come prepared for all conditions.

Event staff reserve the right to pause or modify the event only in the case of severe weather that poses an immediate and unavoidable safety risk. This decision rests solely with the event director and is final.

13. TIEBREAKER

If two or more ruckers are still standing at the 48-hour mark, the event continues until there is one Last Rucker Standing. The event director will determine the tiebreaker format, which may include additional loops, added weight, a sprint finish, or another format entirely. The method is not disclosed in advance. All existing rules apply unless otherwise announced by the event director.

The event does not end until there is one Last Rucker Standing.

14. REGISTRATION, WITHDRAWAL & REFUNDS

- Your registration is confirmed, and your challenge begins, the moment payment is completed.
- 100 spots are available. One spot per person. Registration is non-transferable.
- Check-in opens at 3:00 PM and closes at 6:15 PM on October 9th. If you are not physically inside The Box, geared up, and ready when the horn sounds at 7:00 PM, you are disqualified, regardless of whether you completed check-in.
- All entry fees are final. There are no refunds for withdrawal, disqualification, or no-show, for any reason.

Missing check-in, arriving late, or failing to be in The Box by the 7:00 PM horn does not entitle you to a refund, credit, or deferral to a future event. Late arrival is treated the same as a no-show under this section.

If Buffalo Mentality LLC cancels the event, participants will be issued credit toward a future Last Rucker Standing event. Refunds in the case of a Company cancellation are at the sole discretion of Buffalo Mentality LLC.

15. WHAT YOU ARE RESPONSIBLE FOR

The event does not provide meals. Everything you need for each loop must be carried by you when you leave base camp. You are responsible for bringing and managing:

- Your ruck or weighted vest, at 20 lbs minimum base weight
- A 10×10 canopy. The event provides your base camp space. Premium base camp spots will be available for purchase.
- Tents, chairs, and anything else you need to support yourself at base camp
- Nutrition, water, and fuel for the full event
- A headlamp and extra batteries for all overnight rounds
- Personal gear and recovery equipment
- Foot care and blister management supplies
- Your own basic medical needs and personal medications
- Your own physical and mental preparation for a 48-hour event

What the event provides beyond the course, timing, medical staff, and base camp space will be communicated at check-in.

16. PROHIBITED ON SITE

No alcohol, drugs, pets, glass containers, unauthorized drones or aircraft, unauthorized vehicles on or near the course, or amplified music or sound beyond what the event provides. No open flames of any kind, including personal bonfires or fire pits.

Firearms may remain secured in a personal vehicle. Open carry or handling of firearms on course, in The Box, or at base camp is not permitted.

Violation of any of the above is grounds for removal from the event, at the event director's discretion.

17. RESPECT THE PROPERTY

The Gathering Farm is private property. Leave it better than you found it. Pack out all personal trash from base camp and course. Failure to respect the property may result in removal from the event.

18. QUIET HOURS AT BASE CAMP

Base camp is shared space for the full 48 hours, and ruckers and crew will be resting in shifts around the clock. Keep noise to a minimum overnight out of respect for those trying to recover.

Event staff may ask you to relocate or quiet down if this becomes an issue.

19. CONDUCT

Harassment, unsportsmanlike conduct, or any behavior that endangers or disrespects other participants, crew, volunteers, staff, or the property will not be tolerated. The event director will remove any individual from the event or the property at their discretion. This decision is final.

20. GENERAL

- Event staff decisions are final on all matters.
- Additional rules may be added at the event director's discretion if a situation arises not covered by these rules.
- All registered participants agree to all rules by completing registration.
- All crew members agree to all rules by signing the on-site waiver at check-in.
- Ignorance of the rules is not grounds for appeal or reinstatement.

THE RULES ARE CLEAR.