



ONLINE SAFETY TIPS

For High School Students

Being online is part of everyday life — for school, friends, and relationships. You deserve control, respect, and support.

★ REMEMBER

- ✓ Not everyone online is trustworthy
- ✓ Pressure and urgency are warning signs
- ✓ You're never "too far in" to withdraw consent or ask for help

👁️ WATCH FOR SIGNS

- 📷 Requests for private photos or content
- 🤫 Pressure to keep secrets
- 👏 Urgency to respond quickly or late at night
- 👊 Threats to share your messages or images with others
- 😡 Anger or guilt when you set boundaries

⚠️ GETTING HELP

You can talk to a:

- 👤 Parent or caregiver
- 👩 Teacher, counselor, or school staff
- 🏠 Safe Place® | TXT 4 HELP adult

🔍 DID YOU KNOW?

Most online exploitation doesn't start with threats — it starts with trust. Someone might:

- 👉 Compliment you or build a connection
- 👉 Ask for something "just between you two"
- 👉 Push boundaries little by little or use guilt, pressure, or fear to control you

If someone pressures you to send images or threatens to share something, it's not your fault.

🎓 SMART HABITS

- 👍 Don't share personal information, passwords, codes, or private images
- 👍 Trust your instincts — discomfort is a signal
- 👍 Screenshot messages that feel wrong
- 👍 Block and report when needed, but don't handle it alone