



Yolanda Russo

INTERNATIONAL SPEAKER · AUTHOR
HOLISTIC SKIN CARE EXPERT

*“Aging is inevitable.
Skin aging is optional.”*

CREDENTIALS

Licensed Esthetician · 20+ Years

Author: Retrain Your Face

Creator: Beauty On Command® Method

Creator: Skin Aging Rx™ Method

Featured: AP News · Good Morning US

Speranzi Facial Spa, Verona NJ

BOOK YOLANDA

Email

support@beautyoncommand.co

Phone

201 350 1813

Web

yolandarusso.com

skinagingrx.com

SPEAKER ONE SHEET

The Speaker Who Changes How Women See Their Skin — and Themselves

“Aging Is a Choice, Not a Destiny”

With over **20 years as a holistic skincare expert** and licensed esthetician, Yolanda Russo has empowered thousands of women to reclaim their radiance — without invasive procedures, without endless products, and without giving their power away. As the creator of the **Beauty On Command® Method** and the **Skin Aging Rx™ Method**, she brings science-backed truth to every stage: Dr. Bruce Lipton's epigenetics research confirms that less than 10% of how we age is genetic. The rest is entirely within reach.

SIGNATURE TALK

Aging in Reverse: The Truth Your Skin Has Been Trying to Tell You

A keynote that dismantles the myth that skin aging is inevitable — and replaces it with a clear, empowering roadmap every woman can start that same day. Science-backed, deeply personal, and immediately actionable.

AUDIENCE TAKEAWAYS

- ◆ Why less than 10% of aging is genetic
- ◆ The NOPE Formula for natural renewal
- ◆ A personalized daily practice to start immediately
- ◆ How stress silently accelerates skin aging
- ◆ Why one-size-fits-all skincare fails
- ◆ The mindset shift that makes it all possible

SPEAKING TOPICS

Menopause & Hormones

- Skin Changes During Menopause
- Hormones, Stress & Skin
- Post-Menopause Glow

Weight Loss

- Post-Weight Loss Skin Recovery
- The Weight Loss Winner's Guide
- Non-Invasive Tightening Solutions

Professional Women

- The Executive's Guide to Anti-Aging
- Stress-Proof Your Skin
- Smart Skincare for Smart Women

AVAILABLE FORMATS

Keynote · 45–60 min

Workshop · 90 min

Panel · 30–45 min

In-Person or Virtual

WHAT ORGANIZERS SAY

“Yolanda had our audience completely captivated. Women were taking notes, nodding, and several came up afterward saying it was the most practical, empowering session of the entire conference.”

— Event Organizer, Women's Wellness Summit

“I had no idea that less than 10% of how I age is in my genes. That single fact changed everything for me. Women left that room standing taller. Yolanda gave them their power back.”

— Wellness Director, Corporate Women's Leadership Forum

yolandarusso.com · skinagingrx.com ·
beautyoncommand.co

201 350 1813 ·
support@beautyoncommand.co