

STEP 1: PATIENT INFORMATION

Full Name (First, Last): DOB: Gender: F M

Phone #: Email:

Check off any special needs that apply: Vision Hearing Language Cognitive Physical Other (specify):

STEP 2: HEALTH INSURANCE INFORMATION

Plan Name: Member ID: Group #: Provider Phone #:

Policy Holder Full Name: Policy Holder DOB: Relationship: Self Spouse Child Other:

STEP 3: SERVICES

This referral has both Medical Nutrition Therapy (MNT) & Diabetes Self-Management Education (DSME) CPT codes attached. Check off ANY/ALL additional services needed

Monitoring: Continuous Glucose Monitor (CGM) Education Remote Patient Monitoring (RPM) &/or Chronic Care Management (CCM)

Coaching: Personal Trainer Weight Loss Coach Lifestyle/Health/Behavioral Coach Pre & Post Insulin Pump

Mental Health: Diabetes Distress & Burnout Chronic Disease Management Anxiety/Depression Trauma

Specific Concerns:

STEP 4: ICD CODES

Insurance often needs a preventive & medical ICD-10 code for MNT coverage. Check off ALL that apply

Preventative - Weight: Underweight (BMI <18.5) Overweight (BMI 25-29) Obese (BMI 30-39) Morbid Obese (BMI 40+)

Preventative - Family Hx: Ischemic Heart Disease & Other Disease of the Circulatory System: Z82.49 Family History of Diabetes Mellitus: Z83.3

Preventative - Other: Hypertension: I10 Hypercholesterolemia: E78 Hyperlipidemia: E78.5 Metabolic Syndrome: E88.81

Medical - Diabetes: Type 1: E10.65 Type 2: E11.65 Pre-Diabetes: R73.03 Gestational: O24.41 Impaired Glucose Fasting: R73.01

Other (please specify):

STEP 5: REFERRING PHYSICIAN'S SIGNATURE

For the first patient referred to us by this physician, please provide the NPI, phone number, and fax number for our records.

Full Name (First, Last): NPI: Date of Referral:

Physician's Signature: Phone #: Fax #:

STEP 6: FAX REFERRAL ALONG WITH ADDITIONAL DOCUMENTATION TO 1-800-782-6249

- Patient Demographics to include address
- Primary and Secondary insurance details (if applicable). Copy of front and back of card is preferred.
- Clinical data such as diagnosis, recent lab results, height, weight, medication list, and any other necessary information for care.