

Liza Phillips

Workplace Menopause Support Review



See what's working, identify the gaps & create **practical next steps**.



A practical review of your current menopause support to identify what's working, what's missing and what will make the biggest difference.



WHAT IT IS

A tailored review of your policies, workplace practice, culture and support.

It highlights strengths, gaps and opportunities to create more effective, inclusive menopause support across your organisation.

You'll receive clear, practical recommendations that can be implemented with confidence.



WHAT'S INCLUDED

Initial discovery call to understand your organisation, workforce and priorities

- ✓ Review of existing policies, procedures and guidance
- ✓ Review of communication, training and support available to employees and managers
- ✓ Assessment of culture, awareness and current practice
- ✓ Analysis of strengths, gaps and opportunities
- ✓ Practical, prioritised recommendations
- ✓ Clear actions and next steps
- ✓ Summary report with findings and recommendations
- ✓ Review debrief session to talk through the recommendations and answer any questions



SUPPORTING RESOURCES

You'll receive a comprehensive review report and practical implementation recommendations to help you turn insight into action.



WHAT YOUR ORGANISATION GAINS

A clear understanding of your current menopause support

- ✓ Identification of gaps, risks and opportunities
- ✓ Practical recommendations that make a real difference
- ✓ Stronger policies, processes and culture
- ✓ More confident employees and managers
- ✓ Demonstrates commitment to women's health and inclusion
- ✓ Supports wellbeing, engagement and retention
- ✓ Helps you prepare for Menopause Action Plan requirements



IMPORTANT TO KNOW

This is not a comprehensive audit. It's a supportive, solutions-focused review designed to help you strengthen your menopause support and create lasting impact.



DELIVERY

- ✓ 1:1 interviews (online) with key stakeholders
- ✓ Document and policy review
- ✓ Review of communications and training
- ✓ Culture and practice assessment
- ✓ Delivery of report and recommendations
- ✓ Review debrief session

Typically completed within 3–4 weeks depending on organisation size and availability.



PERFECT FOR ORGANISATIONS THAT WANT TO:

- ✓ Understand where they are now
- ✓ Identify what will make the biggest difference
- ✓ Improve menopause support in a practical, achievable way
- ✓ Strengthen policies and workplace practice
- ✓ Prepare for Menopause Action Plan requirements



INVESTMENT

FROM
£1,250

Price is based on organisation size and complexity of review.



READY TO STRENGTHEN YOUR MENOPAUSE SUPPORT?

Let's review your current support and create practical steps forward.

Please get in touch – I'd love to help.



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MEG Licensed Champion Lifetime

Helping employers create practical menopause support.