

Liza Phillips

Ongoing Workplace Menopause Support Package

Bespoke ongoing support to embed menopause awareness, build **manager confidence** and create **lasting cultural change**.



WHAT IT IS

A flexible, ongoing support package designed around your organisation, workforce and priorities.

We work with you over time to keep momentum, provide expert guidance and help you build a menopause inclusive culture.



WHAT'S INCLUDED

- ✓ Regular expert guidance and strategic support
- ✓ Manager support resources and updates
- ✓ Access to practical tools, templates and up-to-date resources
- ✓ Review and refinement of policies and workplace adjustments
- ✓ Ongoing employee communications and awareness support
- ✓ Quarterly check-ins and progress reviews
- ✓ Advice on emerging needs and challenges
- ✓ Priority access to training and workshops
- ✓ Discounted rates on additional services



WHAT YOUR ORGANISATION GAINS

Continued **progress** and accountability

- ✓ A confident, **well-equipped** leadership team
- ✓ Stronger, more inclusive workplace culture
- ✓ Better employee experience, retention and engagement
- ✓ Improved **wellbeing**, productivity and performance
- ✓ Demonstrates ongoing **commitment** to women's health
- ✓ Builds a trusted partnership for lasting impact



IMPORTANT TO KNOW

Sustained support is key to turning policy into practice and creating a workplace where everyone can thrive.



SUPPORTING RESOURCES

You'll receive ongoing access to a library of resources, toolkits, templates and communication materials.

We keep content fresh, relevant and aligned with your needs.



DELIVERY

- ✓ Bespoke package tailored to your organisation
- ✓ Virtual or in-person delivery
- ✓ Flexible support schedule
- ✓ Dedicated point of contact
- ✓ Clear reporting and outcomes
- ✓ Easy to review and adapt as needed

Typically a 12-month agreement, reviewed regularly to ensure it continues to meet your needs.



PERFECT FOR ORGANISATIONS THAT WANT TO:

- ✓ Sustain momentum and progress
- ✓ Keep managers confident and supported
- ✓ Respond to evolving needs and feedback
- ✓ Embed menopause support into culture
- ✓ Demonstrate ongoing commitment and leadership



INVESTMENT

FROM

£3,600

per year

Bespoke ongoing support packages designed around your organisation, workforce and priorities.



READY TO CREATE REAL CHANGE?

Let's build a partnership that supports your people and strengthens your organisation.

Please get in touch – I'd love to help.



Email: wellness_liza@outlook.com



Telephone: 07083 067476



MEG Licensed Champion Lifetime
Menopause Experts Group (MEG)

Helping employers create **practical menopause support**,
confident managers & **healthier workplaces**.