



TRIUMPH RECLAIM

Facilitator Certification

Deliver the programme. Build a practice. Change lives.

Five-Stage Certification Pathway

Fully online | Trauma-informed | Commissioner-ready
Annual licence | Clinical supervision | Professional community

T

Trust

R

Reclaim

I

Identity

U

Boundaries

M

Energy

P

Relationships

H

Aspirations

PRESENTED BY

Victoria Taylor | Stephanie Brown

Co-Founders | Mindset + Mastery Ltd

R

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This Programme Exists Because the System Has Failed Them

Women with chronic illness and trauma histories are being pushed out of work. Not because they cannot work. Because the systems designed to support them were not built with them in mind.

Standard employment programmes assume a baseline of physical and psychological stability that many of these women do not have. They move too fast, ask too much, and treat symptoms as barriers to overcome rather than realities to be worked with. Women leave those programmes feeling more broken than when they arrived.

If you have worked in trauma-informed practice, chronic illness support, coaching, or employment services, you have seen this. You may have tried to make it work within systems that were not designed for it. You may have wondered whether there was something better.

There is. TRIUMPH RECLAIM was built from the ground up for this population, by practitioners who held this work for years before they built the framework. It is not an adapted programme. It is not a retrofit. It was designed, from the first session to the final outcome report, for women whose journeys do not fit anywhere else.

"From trauma and chronic illness to transformation and triumph. That is not a marketing phrase. That is what the work does when it is delivered well."

Victoria Taylor and Stephanie Brown | Co-Founders, Mindset + Mastery Ltd

What This Certification Is

The TRIUMPH RECLAIM Facilitator Certification is a five-stage practitioner pathway that qualifies you to deliver TRIUMPH RECLAIM as a licensed associate practitioner under Mindset + Mastery Ltd. It is not a training course. It is a professional certification with assessed competency stages, ongoing clinical supervision, annual licence renewal, and a professional community.

When you are certified, you are not just qualified. You are part of a small, selective network of practitioners who deliver one of the most rigorous trauma-informed employment support programmes available in the UK. You carry a credential that means something because it required something.

5

Assessed stages from foundation to independent delivery

34

Training videos in Stage 1. Approximately 9 hours of clinical content.

2yrs

Approximate time from Stage 1 to independent delivery sign-off

26wk

Cohort programme duration you will be qualified to deliver

What You Will Be Delivering

TRIUMPH RECLAIM is a commissioner-funded, 26-week trauma-informed employment support programme for women pushed out of work by health conditions and trauma histories. Cohorts of twelve participants. Two qualified associate practitioners. Seven structured phases.

Phase	Weeks
R Readiness	Weeks 1 to 2
E Empowerment	Weeks 3 to 6
C Capacity	Weeks 7 to 14
L Life and Career Design	Weeks 13 to 18
A Aspiration and Action	Weeks 19 to 22
I Integration	Weeks 23 to 26
M Mastery	Weeks 27 to 48

The TRIUMPH Framework

Seven pillars that activate across the programme arc: Trust Restoration, Reclamation of Power, Identity Integration, Unwavering Boundaries, Master of Energy, Purposeful Relationships, Highest Aspirations. Each pillar is measured, scored, and tracked for every participant from Phase R through Phase M.

Who You Are Delivering For

- Women with chronic illness: Fluctuating conditions, invisible disability, energy management, pain, health disclosure. Participants who have been out of work because their body made consistent employment impossible, not because they lacked capability.
- Women with post-trauma histories: Complex trauma, PTSD, nervous system dysregulation, relational harm. Participants who carry histories that show up in every session. The programme is built to hold that safely without becoming therapy.

The Five-Stage Certification Pathway

Every practitioner completes all five stages in sequence before delivering independently. The pathway is designed this way because the work requires it. Each stage builds directly on the previous. None can be skipped.

1	Foundation and Philosophy 34 videos approx 9 hours Online	The clinical framework, programme architecture, facilitation principles, and professional standards. Covers trauma-informed practice, the nervous system, DiSC applied to facilitation, all seven phases in depth, energy management, benefits navigation, documentation, supervision, and practitioner wellbeing. Closes with a values assessment conversation with Victoria and Stephanie.
2	Programme Architecture 2 days live online	Structural deep dive into all seven phases. Pre-reading of all phase specifications, facilitator guides, and worksheets required before Day 1. Clinical logic, operational realities, assessment framework, and the complete forms suite. Ends with a cohort scenario structural knowledge assessment.
3	Facilitation Skills Training 3 days live virtual practice	Live practice delivery with structured feedback across eight competency domains. You facilitate programme elements with cohort peers as practice participants. Scored feedback. Sign-off required before Stage 4.
4	Observed Practice 2 full cohorts co-facilitated approx 18 months	Cohort 1: supporting role across Phases R, E, C, then shared lead in Phases L, A, I. Cohort 2: you lead across all phases with a senior practitioner observing. Independent delivery sign-off from Victoria and Stephanie after Cohort 2. Professional judgement, not a checklist.
5	Ongoing Development Continuous Annual licence renewal	Monthly group supervision. Individual supervision every six weeks. Minimum 30 hours CPD per year, 15 hours directly relevant. Annual competency review. Licence renewal annually. You are never working alone with this population.

Other programmes offer shorter pathways. They produce credentialed practitioners who have not held the work. TRIUMPH RECLAIM does not do that. The full pathway takes approximately two years from Stage 1 start to independent delivery sign-off. Stage 5 is lifelong.

What the Certification Gives You

Four things that matter professionally and commercially.

A proprietary methodology

TRIUMPH RECLAIM is a trademarked programme. When you are certified to deliver it, you carry a credential that nobody else can replicate and no other organisation can train you into. You are not a generic coach or facilitator. You are a TRIUMPH RECLAIM practitioner.

Commissioner-ready delivery capability

The programme is designed for NHS and public sector commissioning. Certified practitioners step into a delivery network that already has governance, quality assurance, safeguarding frameworks, and outcome reporting built in. You do not build the infrastructure. You deliver inside it.

Clinical holding and supervision

You are never working alone with this population. Programme supervision fortnightly. Individual supervision every six weeks. Monthly peer supervision. A 24-hour debrief protocol after difficult sessions. Licence renewal that confirms ongoing support continues.

Professional income

Certified practitioners deliver as associate practitioners under Mindset + Mastery contracts. Associate delivery is paid. As the network grows and commissioners commission, your certification becomes an active income stream from work that genuinely matters.

Who This Certification Is For

This certification is for practitioners who are already qualified, already experienced, and already care about this population. It is not an entry-level training. It is a professional development pathway for people who are ready to deliver something serious.

This is for you if	This is not for you if
You hold a relevant qualification at diploma level or above	You are looking for a quick certification to add to a list
You have trauma-informed experience or training	You are not prepared to commit to the full five-stage pathway
You are committed to ongoing supervision and CPD	You want to adapt or modify the methodology

You want to deliver work that genuinely changes outcomes	You are not ready to hold clinical material with this population
You can hold chronic illness and post-trauma material simultaneously	You are looking for a programme you can deliver without oversight

The Investment

This is a professional certification with a serious pathway. The investment reflects that. It also reflects what you receive in return.

£8,997

Full five-stage certification fee. One payment covers all five stages to independent delivery sign-off.

£3,997

Annual practitioner licence renewal. Paid every year after certification is complete.

2 x £4,997

Payment plan option available. Total £9,994. Split across enrolment and progression to Stage 3.

What the Certification Fee Includes

£8,997 is not a course fee. It is the full cost of a five-stage professional certification pathway. Here is what is inside it.

Included	Detail
Stage 1: Foundation and Philosophy	34 videos. Approximately 9 hours of clinical training content. Immediate online access.
Stage 2: Programme Architecture	2 days live online with Victoria and Stephanie. Full document suite pre-reading included.
Stage 3: Facilitation Skills Training	3 days live virtual practice delivery. Structured feedback across 8 competency domains.
Stage 4: Observed Practice	2 full cohorts co-facilitated. Senior practitioner support throughout. ~18 months.
Stage 5: Ongoing Development	Monthly group supervision. Individual supervision every 6 weeks. CPD structure. Lifelong.
Programme supervision throughout	Fortnightly clinical supervision with Victoria or Stephanie across the full pathway.

Values assessment conversation	90-minute call with Victoria and Stephanie before Stage 1 access is granted.
Stage 1 completion certificate	Issued automatically on completion of all 34 lessons in GHL.
Full practitioner certification	TRIUMPH RECLAIM Qualified Practitioner status on independent delivery sign-off.

What the Annual Licence Renewal Includes

Once certified, your annual licence renewal of £3,997 keeps you active in the practitioner network and maintains your access to the support infrastructure.

Included in annual renewal	Detail
Monthly group supervision	Video call with the full practitioner network. Case review, peer support, shared learning.
Individual supervision	One to one with Victoria or Stephanie every 6 weeks.
Annual competency review	Structured conversation reviewing your practice, CPD, and development for the year ahead.
Licence continuation	Active TRIUMPH RECLAIM Qualified Practitioner status for the year.
Programme updates	Access to any updates to the programme materials, phase specifications, and delivery suite.
Practitioner community access	Ongoing access to the peer network and shared resources.

What This Returns to You

The certification is an investment in a professional income stream, not a qualification to add to a list.

Associate practitioner income

Certified practitioners deliver TRIUMPH RECLAIM as associate practitioners under Mindset + Mastery contracts. Associate delivery is paid work. The rate is £400 per delivery day. As the commissioner network grows and new cohorts are commissioned, certified practitioners are the delivery resource. Your certification directly enables your income from the programme.

A credential that compounds

TRIUMPH RECLAIM is a trademarked, commissioner-facing programme with a growing evidence base. The credential you hold as a certified practitioner becomes more valuable as the programme expands nationally. This is not a generic coaching certificate. It is a specific professional qualification attached to a specific programme with a specific commercial pathway.

How Payment Works

No payment is taken until after the values assessment conversation confirms the fit is right for both parties.

Step	What happens
1. Values assessment conversation	A 90-minute call with Victoria and Stephanie. No payment. No commitment yet.
2. Fit confirmed	Both parties confirm the pathway is right. Payment is requested.
3. Payment received	Full fee £8,997 or first payment plan instalment £4,997.
4. Stage 1 access granted	GHL course access unlocked within 24 hours of payment confirmed.
5. Annual renewal	£3,997 due annually from the date of full certification sign-off.

The certification fee sits alongside the Transform coaching container in the Mindset + Mastery pricing architecture (Connect £3,997, Transform £8,997, Integrate £13,997). This is deliberate. The certification is equivalent in investment to six months of private coaching. But instead of being coached, you are certified to deliver the methodology and earn from it independently.

About Victoria and Stephanie

Co-Founders of Mindset + Mastery Ltd and Co-Creators of the TRIUMPH Framework. Equal partners in every aspect of the programme.

Victoria Taylor

CPD Accredited Trauma Specialist | APT Accredited Trauma Informed Practitioner | APT Trauma Informed Practice (TIP) | Designated Safeguarding Lead

Victoria brings deep clinical expertise in trauma, the nervous system, safeguarding, and psychological safety. She has sat in rooms with women who have survived things most people cannot imagine and built a framework designed to hold that material safely. Victoria leads the clinical content across the certification pathway and holds programme supervision for all practitioners.

Stephanie Brown

MSc HR Management | CIPD | QLS Level 7 Life Coach | Deputy Designated Safeguarding Lead

Stephanie brings HR, employment systems, coaching, and chronic illness expertise. She understands the employment landscape these women are navigating and what it takes to build a pathway that works with their realities rather than against them. Stephanie leads the employment architecture content and holds the energy management and benefits specialist material across the programme.

The Invitation

If this resonates, we would like to speak with you.

The values assessment conversation is a 90-minute call with Victoria and Stephanie. It is not an interview. It is a conversation about the work, your practice, and whether this pathway is the right fit. There is nothing to prepare beyond honest reflection on what you have read here.

If the fit is right, Stage 1 access is granted and your certification pathway begins.

Book your values assessment conversation

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