

VICTORIA TAYLOR

Trauma-Informed Speaker

Creator of The Tunnel Framework®

The Tunnel

Half Day Workshop.

A half day session through the four foundation steps of The Tunnel Framework®.

Recognition, Naming the Truth, Breaking the Silence, Reclaiming Power.

Each woman leaves with a workbook she has written herself.

From £6,997 exclusive of VAT · Workbook and Book One included.

WHAT IS INCLUDED WITH EVERY BOOKING

Participant Workbook · Book One: The Tunnel

victoriataylorspeaks.com · info@victoriataylorspeaks.com

Four Steps.

The Foundation.

The half day workshop covers Steps One to Four of The Tunnel Framework®. These four steps are the foundation. Everything that follows is built on them. Each woman leaves with the workbook she has written and a clear direction for the work that continues.

THE FOUR STEPS

T**Recognition***The moment you stop calling it normal.***U****Naming the Truth***Excavating what silence has buried.***N****Breaking the Silence***Speaking out loud what was done to you.***N****Reclaiming Power***Choosing yourself for the first time.*

SCHEDULE

09:00	Welcome and your story so far
09:30	Step One: Recognition
10:00	Step Two: Naming the Truth
10:30	Break
10:45	Step Three: Breaking the Silence
11:30	Step Four: Reclaiming Power
12:15	Closing and what comes next
12:30	Close

From £6,997 · Exclusive of VAT · Includes all participant materials

info@victoriataylorsspeaks.com · victoriataylorsspeaks.com

What Every Attendee Receives

Book One and the Workbook are included with every Half Day Workshop.

INCLUDED WITH EVERY BOOKING — NON-NEGOTIABLE



Book One
The Tunnel
INCLUDED

WORKSHOP WORKBOOK — INCLUDED WITH EVERY BOOKING



The Tunnel Workbook
INCLUDED

ALSO IN THE TUNNEL SERIES



The Journal
A Guided Journal



Book Two
The Light After the Tunnel



Book Three
The Woman After the Tunnel

All books available at victoriataylorSpeaks.com

WHAT COMES AFTER THE WORKSHOP

The work does not stop here.

Every programme begins with a free 30-minute clarity call. No commitment required. Speak to the team at the back today or book online.

INTEGRATE — DUAL-COACH ONE TO ONE

24 weeks · Victoria and Stephanie working concurrently · Weekly
90-min
Maximum 6 clients · Application required

£13,997**TRANSFORM — PRIVATE ONE TO ONE**

24 weeks · Weekly 60-minute sessions
Fully customised Tunnel Framework® and TRIUMPH® application

£8,997**CONNECT INTEGRATED — BOTH PATHWAYS**

12 weeks with Victoria + 12 weeks with Stephanie · Sequential dual-
specialist

£6,997**CONNECT — GROUP COACHING**

12 weeks · Maximum 10 women · Weekly 90-minute sessions

£3,997

Every programme begins with a free 30-minute clarity call.

mindsetplusmastery.com · info@victoriataylorspeaks.com