

Speaking

Six Keynotes. One Voice. Every Room.

T1 The Tunnel T2 Life After Survival
T3 The Voice That Was Installed T4 The Cost of Survival
T5 Trauma-Informed Leadership T6 Building After Survival

Available for conferences, corporate events and leadership summits.

victoriataylorspeaks.com · info@victoriataylorspeaks.com

Six Keynotes. One Voice.

Every Room.

Victoria Taylor is a trauma-informed speaker, author and coach. Sole creator of The Tunnel Framework® and co-creator of the TRIUMPH Framework®. She spent thirty-two years inside a tunnel. On 11 March 2021 she walked into Lewisham Police Station. Everything that followed became these six keynotes.

T1**The Tunnel***Why Survival Becomes Identity***T2****Life After Survival***Why Leaving Is Not Enough***T3****The Voice That Was Installed***How Silence Becomes Identity***T4****The Cost of Survival***What Nobody Names***T5****Trauma-Informed Leadership***The Leader Nobody Sees***T6****Building After Survival***From Understanding to Action*

Speaking fees

Survival to TRIUMPH Experience (full dual-keynote) · From £18,997

Individual keynote · From £6,500 · All fees exclusive of VAT

Book Victoria to speak

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The Tunnel

T1

Why Survival Becomes Identity

The keynote that started everything. Victoria's own story of thirty-two years inside a tunnel and the seven-step framework she built to walk out of it. This talk names what most audiences have never been able to name. The silence breaks in the room.

WHAT THIS TALK COVERS

- Why the tunnel does not end when the situation does
 - The Tunnel Framework® — seven steps from survival to freedom
 - What happens in the body when survival becomes permanent
 - The moment Victoria walked into Lewisham Police Station
-

THIS TALK IS FOR

- *Conferences and summit keynotes*
 - *Corporate away days and leadership events*
 - *Women's networks and employee resource groups*
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Life After Survival

T2

Why Leaving Is Not Enough

The talk nobody gives. What happens after the leaving. Why most women do not rebuild — they re-survive. The blank canvas. The silence after. The framework that names what comes next.

WHAT THIS TALK COVERS

- Why leaving is Step Four, not the ending
- Three things leaving cannot do
- The nervous system that does not know the threat is gone
- What rebuilding actually requires and why survival gave her different tools

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The Voice That Was Installed

T3

How Silence Becomes Identity

Before she could resist, they installed a voice. Not hers. Theirs. This talk names the installed voice, where it lives in the body, how it runs the adult life, and what it takes to stop mistaking it for the truth.

WHAT THIS TALK COVERS

- How the voice was installed before she had language to resist
 - Why it operates below conscious thought — in the body, not the mind
 - The specific phrases the voice uses and how to recognise them
 - What the sovereign life looks like when the voice loses its authority
-

THIS TALK IS FOR

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The Cost of Survival

T4

What Nobody Names When They Celebrate the Leaving

Survival has a price. A physical price. A financial price. A relational price. This talk names it all — plainly, specifically, without softening.

WHAT THIS TALK COVERS

- The invisible bill that accumulates over years of high-functioning survival
 - What the body carries when the mind cannot afford to feel
 - The financial cost of starting from nothing — thirty pounds a week
 - What was taken and what survival built that she would not give back
-

THIS TALK IS FOR

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T5

Trauma-Informed Leadership

The Leader Nobody Sees

She is leading. And nobody in that room knows what she is carrying. This talk is for conferences, corporate events and leadership summits.

WHAT THIS TALK COVERS

- Why survival patterns become leadership patterns
- What hypervigilance looks like in a boardroom
- The cost of people-pleasing, over-functioning and conflict avoidance at the top
- What trauma-informed leadership actually means and why it is a retention strategy

THIS TALK IS FOR

- *Conferences and summit keynotes*
- *Corporate away days and leadership events*
- *Women's networks and employee resource groups*

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T6

Building After Survival

From Understanding to Action

She survived the tunnel. She understood what it cost. Now she builds. Not what happened. What comes next.

WHAT THIS TALK COVERS

- Why understanding is not the same as building
- The seven TRIUMPH® pillars and what they replace in the survivor's life
- You Cannot Go Back, Standards Replace Survival, You Become the Standard
- The blank canvas is not a problem. It is the most important moment of her life.

THIS TALK IS FOR

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- *Corporate away days and leadership events*
- *Women's networks and employee resource groups*

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What Every Attendee Receives

Every keynote attendee receives Book One.

INCLUDED WITH EVERY BOOKING — NON-NEGOTIABLE



Book One
The Tunnel
INCLUDED

ALSO IN THE TUNNEL SERIES



The Journal
A Guided Journal



Book Two
The Light After the Tunnel



Book Three
The Woman After the Tunnel

All books available at victoriataylorsspeaks.com

IF TODAY RESONATED

The work does not stop here.

Every programme begins with a free 30-minute clarity call. No commitment required. Speak to the team at the back today or book online.

INTEGRATE — DUAL-COACH ONE TO ONE

24 weeks · Victoria and Stephanie working concurrently · Weekly
90-min
Maximum 6 clients · Application required

£13,997**TRANSFORM — PRIVATE ONE TO ONE**

24 weeks · Weekly 60-minute sessions
Fully customised Tunnel Framework® and TRIUMPH® application

£8,997**CONNECT INTEGRATED — BOTH PATHWAYS**

12 weeks with Victoria + 12 weeks with Stephanie · Sequential dual-
specialist

£6,997**CONNECT — GROUP COACHING**

12 weeks · Maximum 10 women · Weekly 90-minute sessions

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Every programme begins with a free 30-minute clarity call.

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