



STEPHANIE BROWN

*ChronicIllnessSpecialist · Speaker · Coach*

# YOUR VISIBLE LANDSCAPE

*For women at Reclaim and Rise*

Private 1:1

# YOUR VISIBLE LANDSCAPE

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**You are not new to this anymore. What you are looking for now is not a beginning. It is clarity.**

Liberation and Elevation, the two pillars that complete the VISIBLE Framework, across three concentrated sessions with Stephanie, entirely one to one. Naming what you have been carrying. Reconnecting with what you still want. A written pathway recommendation to take with you.

## THIS IS FOR YOU IF:

- ◆ You have already found some language for your experience, and you are ready to go further
- ◆ You are functioning well from the outside, but something still feels unresolved
- ◆ You are carrying grief, shame, or a performance of being fine that you have never put down
- ◆ You want clarity on your own landscape before you commit to deeper coaching

PRIVATE 1:1

£997

one-time investment

Three 90-minute sessions, entirely one to one with Stephanie. No groups, no cohort pace, just your landscape.

◆ Session 1, welcome and discovery orientation

◆ Session 2, Liberation

◆ Session 3, Elevation, evaluation, and your pathway recommendation  
Start with the free Self-Assessment

# HOW TO BEGIN

*For women at Reclaim and Rise*

## HOW TO BEGIN

### 1 Free Self-Assessment

Ten minutes, on the website. An honest picture of where you are right now.

### 2 Free Welcome Conversation

Thirty minutes with Stephanie. No commitment, just a chance to talk it through.

### 3 Your Three Sessions

Begin Your VISIBLE Landscape, spaced around you, entirely one to one.

***You have already survived the hardest part. This is where you get to want something again.***

