

# THE MIND MENTOR

make  
your  
life  
count

Therapeutic Coaching | Mentoring and Self Development



## Business Mentoring and Hypnotherapy Supervision

Fully supported solutions that create real transformation

As featured



CheshireLife



MailOnline

# Why choose The Mind Mentor?

Most people arrive here after trying to think their way out of a problem, push through it, talk around it, or follow a framework that never quite fits, whether its feeling stuck in your business or if you are a hypnotherapist finding you need additional support in your practice I am here to help.

The Mind Mentor approach is different. It works with the root drivers behind feeling, behavior and choice, then translates that insight into practical action.

**A Different Environment, Different Starting Point, A Different Everything.**

So, to get the break through you need a Different Approach – **One Designed Around You.**

<b>Solution</b>	<b>Support</b>	<b>Value</b>
A clear route towards understanding what is really happening beneath the surface, so change is grounded in truth, not guess work.	A calm, confidential and practical relationship that keeps you moving when old patterns try to pull you back.	Designed around helping you deliver for others by getting clarity around the value you bring.

## **The core promise**

You are not here to become dependent on another professional. You are here to understand yourself with more accuracy, build confidence in your own judgement and create the next stage of your life, work or practice from a stronger foundation.

The focus is not on labelling you or giving you a script to follow. It is on helping you access better information, make clearer choices and build change that feels genuinely yours.

# Business development packages

For practitioners, founders and professionals who want to build something strong, commercially clear and emotionally resonant. These packages take the 1:1 self-development work into your business.

Think of this as business therapy, unlike dry strategy-based business coaching, this is about integration and alignment, so business and life co-exist, instead of battling against each other.

These business development packages are grounded in mentoring, closing the gap through understanding how your mind interacts in your business and life choices.

Discovering how to close the gap through action and insight not just theoretical knowledge.

You already have the answers, let me help you unlock it.

Confidence Programme	Elite Mentorship	Bespoke Development
<b>£997 - £1,497</b>	<b>£1,979 - £3,575</b>	<b>By consultation</b>
<i>4-6 weeks</i>	<i>8-12 weeks</i>	<i>Built around the outcome</i>
<ul style="list-style-type: none"><li>• Initial scoping call</li><li>• Weekly constructive mentoring</li><li>• WhatsApp support</li><li>• AI tools</li><li>• Brand and service clarity</li><li>• Clear roadmap</li></ul>	<ul style="list-style-type: none"><li>• Confidence Programme plus</li><li>• Deeper mentoring strategy</li><li>• Build visibility</li><li>• Communicate better</li></ul>	<ul style="list-style-type: none"><li>• For founders, leaders and professionals</li><li>• Commercial clarity without losing integrity</li><li>• Leadership development</li><li>• Relationship building</li></ul> <p>This package is designed around your specific needs</p>

## What makes this different

This is not about copying someone else's approach, funnel, voice or framework. The work helps you extract what is already strong in you, shape it into a clear offer and build a business, brand or service that belongs to you.

# Clinical supervision and mentoring

For practitioners who want clearer thinking, stronger confidence and better client outcomes in their hypnotherapy or transformation practice.

Working with a qualified and experienced supervisor fills in the gaps that training doesn't cover, giving you the confidence to move your practice forward and ensure your clients get the best experience.

The first few years of building your hypnotherapy business can feel daunting, supervision helps support you by understanding how to serve your clients but also helps reduce burn out.

For experienced practitioners, this work can help you gain more clarity and direction.

<p><b>Clarity Foundations</b></p> <p><b>£447</b></p> <p><i>6 Sessions (Typical Session is 1 hour)</i></p> <ul style="list-style-type: none"><li>• Pay-as-you-go style supervision package</li><li>• Direction, clinical clarity and immediate insight</li><li>• A short-term intervention to deepen understanding in practice</li><li>• Ideal when you need simple, practical professional support</li><li>• Can be used from clinical practice support, emotional support (not therapy), business direction.</li></ul> <p><b>Ongoing sessions post the first 6 weeks then drop to £347</b></p>	<p><b>Practitioner Mentoring</b></p> <p><b>By consultation</b></p> <p><i>Tailored</i></p> <ul style="list-style-type: none"><li>• Move from knowledge into confident application</li><li>• Create clinical strength and emotional resonance</li><li>• Build your own method, voice and decision-making</li><li>• Support across confidence, cases, practice and growth</li><li>• Combine clinical oversight with business development</li></ul>
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This strand is designed for people who are in training, already qualified or have practice experience, but want more confidence, sharper assessment and better integration. The aim is to help you become clearer, not dependent.

Marcus Matthews is a fully accredited and insured Advanced Clinical Hypnotherapist, Clinical Hypnotherapy Supervisor, Professional Trainer – PSA Accredited through CNHC.

He is also the Mentoring Psychology Lead for National Mentoring Day, the world's leading authority on mentoring excellence.



# Proof, trust and the next step

Real change is personal. The right professional relationship matters.



That is why the next step is not about pressure, promises or being pushed into a programme.

**It is about clarity. A conversation gives you the space to understand what is really happening, what needs to change, and whether Marcus is the right person to help you move forward.**

When the fit is right, the work becomes focused, practical and deeply personal, helping you build confidence, create momentum and make changes that last.

**Book your free consultation today and take the first step towards the clarity, confidence and change you have been looking for.**

<https://themindmentor.co.uk/booking>

All prices are indicative and final recommendations are made after consultation. Subject to terms and conditions.