

WAY FORTH

The Substrate

May 16, 2026 · Finca Cuarzo, Guanacaste

MOVEMENT I

Body Intelligence & Healing Mechanics

9:30 – 12:30

The body is a mandala, a portal into the subtlest architectures of consciousness itself, and a hologram that carries the memory of all of waves' collapses, crystallizing infinite potential into form, revealing the geometry of consciousness as much as the shadow of subjectivity. Familiarizing with its language is a journey towards empowerment and the capacity to access the cockpit of self-healing. In this initiatory workshop, we will dive into the inner workings of this magical vehicle and the possibilities that this opens to metabolize and alchemize life's lessons and karma.

Through a synergical blend of techniques to work with the body, mind, and energy complex, participants will leave with the basis of a solid practice to cultivate self-healing, purification, and spiritual development, integrating all of this into daily life.

MOVEMENT II

Plant Technology

2:00 – 4:00

The study of the elements and plant allies is a rite of remembrance and impeccability that requires integration of all spectrums of life. Things like spiritual dieting, plant and elemental dieting, right relationship with these beings, and building our own myth with all of these portals is of utmost importance to access the innate potential and memories of nature. In this ecological workshop, we will dive into that nearly-forgotten, instinctual study and right relationship with plants, the lands, and the crude substances of life. New rites rising.

By activating our communication pathways with the elements, getting to know plants of these lands in an intimate way, making our own medicines, preparations and ritual preparations, and understanding the diverse ways of how we can commune with these, such as plant baths, lotions, blowing waters and such, we will initiate a journey into reconnecting with our natural instinct of healing and craft.

MOVEMENT III

Satsang Ritual

4:30 – 6:30 · Playa Cuarzo

Creation implies destruction, transformation implies nakedness, and stepping onto that fire, as uncomfortable as it already is, requires divine folly. These are all implications of authorship, self-governance, and our dutifulness towards the great mystery. Here, ritual becomes the bridge that instinctually spurs from our guts to catalyze forth the latent majesty of our spirits.

In this last ceremonial workshop, we will awaken the artistry of gathering around a fire, praying, and revealing our decree to life. Through the fire ceremony that will be birthed through the group, we will cook our medicines, pray to the elements, sing and awaken the potency of prayer as we learn to commune with the sacraments and the fire.
