GOAL CHART DIRECTIONS

Help your little one build confidence and celebrate their wins with this simple and fun goal chart! Setting small, achievable goals teaches kids the power of working toward something and feeling proud of their progress. Here's how to get started:

Step 1: Choose a Goal

Sit down with your child and talk about what they'd like to accomplish. Keep it simple and age-appropriate, like:

- Cleaning up their toys
- Trying a new food
- Practicing sharing with a sibling or friend

Step 2: Write the Goal on the Chart

Use the space at the top of the chart to write the goal together. You can even let your child decorate the chart to make it their own!

Step 3: Track Progress

Each time your child takes a step toward their goal, add a sticker or a checkmark in one of the spaces. Celebrate every small win. They're learning that effort adds up!

Step 4: Celebrate Their Achievement

Once the chart is full, it's time to celebrate! You can decide ahead of time how you will celebrate when they fill up their chart. It could be anything from a sticker badge to a fun activity together. Just make sure your child knows how proud you are of their hard work!

Tips for Success

- Keep it Positive: Focus on encouragement and fun. This is about building confidence, not pressure.
- Be Consistent: Make the chart part of your daily routine to keep the momentum going.
- Set New Goals: Once they've reached one goal, help them choose another!

With this chart, your child will see how their efforts lead to success, helping them build a foundation of confidence, resilience, and self-belief. Let the goal-setting fun begin!

Mindset 4 Minis

_____'S GOAL CHART



GOAL

CELEBRATION

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15

_____'S GOAL CHART



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