

Does My Baby Need A Pediatric Physical Therapist?

In Home Services in Scottsdale, AZ + Surrounding Areas • Text or Call 480-269-0173

Asymmetry



- Roll in 1 direction
- Fall in 1 direction while sitting/ standing/walking
- Unable to hold a toy in each hand for same duration
- Hand preference before 2 years of age; reaching, hand to mouth, eating
- Transition through just 1 side; in/out of sitting, army crawl with 1 side leading, hitch crawl; pull to stand & cruising on just 1 side

Torticollis and Plagiocephaly

- Prefer to look and interact with environment on just 1 side
- Head tilt noticed in pictures
- Don't tolerate tummy time
- Handouts are insufficient without hands on demonstration
- Untreated causes asymmetries and delays in future milestones
- DOC band only most effective if finished before 12 months



Lack Desire to Move or Reach for Toys



- Parents refer to child as 'lazy,' a 'limp noodle,' or 'stiff'
- Limited head control with tummy time, pull to sit and supported sitting >4 months
- Unable to coordinate reaching for toys
- Cry when prompted to move outside of base of support
- Won't attempt to hold bottle or bring hands to midline

Delayed Standing/Walking & Toe Walking

- 12 months and is unable or unwilling to stand with assistance
- 15 months and unable to walk independently
- Have been in supported standing for over 2 months, on toes over 50% of the time
- Spend over 20 mins/day in containers

