

# Does My Baby Need A Pediatric Occupational Therapist?

In Home Services in Scottsdale, AZ + Surrounding Areas • Text or Call 480-269-0173



## Poor Coordination or Body Awareness

- Frequently startles, stiffens, or flops during movement or when handled
- Difficulty lifting head during tummy time or holding upright positions
- Avoids rolling, reaching, or exploring their surroundings
- Struggles to sit up or maintain balance during play

## Hand Development and Fine Motor Delays

- Not grasping toys or bringing hands together by 3–4 months
- Limited interest in banging, shaking, or stacking toys
- Doesn't use both hands together during play
- Difficulty holding a rattle, passing toys between hands, or pointing



## Sensory Processing Difficulties

- Strong reactions to touch, lights, or sounds (e.g., frequent crying, startling easily)
- Avoids certain textures like blankets or sticky materials
- Becomes upset in new settings or around loud noises
- Hard time calming after being overstimulated

## Delayed Play Skills

- Shows little interest in cause-and-effect toys like rattles or mirrors
- Isn't exploring toys with hands and mouth by 6–8 months
- Avoids tummy time or exploring new positions
- Repeats simple actions (e.g., mouthing toys) instead of interactive play

