

5.5 Link-uri utile

Link Grup Facebook

<https://www.facebook.com/groups/290648610256288/>

Link Grup Whatsapp

<https://chat.whatsapp.com/LkLu4mg15RK5Qk17LdhPIJ>

Link de programare la consultanță

<https://link.aetherdigital.ro/widget/bookings/comunitati>

Iar pt mai multe video de nutritie si sport

YouTube Diana

<https://youtube.com/@diana.nedescu?si=IFc1BY30ByVh-ja6>

Instagram

https://www.instagram.com/diana.nedescu?igsh=NW9mYTh4NGh1anhj&utm_source=qr

Facebook

<https://www.facebook.com/diana.nedescu>

Tiktok

<https://www.tiktok.com/@diana.nedescu? t=8ogrko8ibZp& r=1>

Experienta Chefi la cutite

https://www.instagram.com/s/aGlnaGxpZ2h0OjE4MDEyNDc4MDE1ODQyMzg4?story_me dia_id=3183715712765482572&igsh=Z2s4ZXZiOHVlcDUx

Mini-curs gratuit

<https://www.facebook.com/share/g/q6LbWzE6YP6YLMdD/?mibextid=K35XfP>