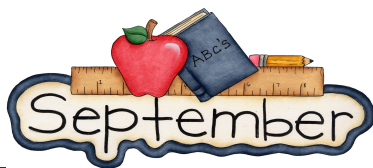




STANDARD MENU
LUNCH ONLY MENU



CENTER NAME : _____

		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Breakfast	Grains / Meat										
	Veg/ Fruit										
	Milk										
Lunch & Supper	Meat / Alt		Beef Taco (Ground Beef)		Tuna Salad		Hot Turkey Sliders		Turkey Pepperoni Flatbread Pizza		
	Grain		WG Tortilla		WG Tortilla		WG Rolls		WG Flatbread		
	Veg		Sweet Corn		Garden Salad		Green Beans		Broccoli		
	Fruit		Fresh Fruit, Canteloupe		Fresh Fruit, Banana		Fresh Fruit, Honeydew		Fresh Fruit, Oranges		
	Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		
Snack	Grain										
	Fruit										
		7	MONDAY	8	TUESDAY	9	WEDNESDAY	10	THURSDAY	11	FRIDAY
Breakfast	Grains / Meat										
	Veg/ Fruit										
	Milk										
Lunch & Supper	Meat / Alt	CLOSED : LABOR DAY		Fish Fillet Sandwich		Cheesesteak Slider Rolls		Teryaki Chicken		Cheese Pizza	
	Grain			WG Hamburger Bun		WG Rolls		Brown Rice		WG Flatbread	
	Veg			Tater Tots		Mixed Vegetable		Green Beans		Broccoli	
	Fruit			Fresh Fruit, Canteloupe		Fresh Fruit, Banana		Fresh Fruit, Honeydew		Fresh Fruit, Oranges	
	Milk			1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk	
Snack	Grain										
	Fruit										
		14	MONDAY	15	TUESDAY	16	WEDNESDAY	17	THURSDAY	18	FRIDAY
Breakfast	Grains / Meat										
	Veg/ Fruit										
	Milk										
Lunch & Supper	Meat / Alt	Spaghetti w/ Beef Marinara		Beef Taco (Ground Beef)		Turkey & Cheese Wrap		Chicken Casserole		Turkey Pepperoni Flatbread Pizza	
	Grain	WG Pasta		WG Tortilla		WG Tortilla		Brown Rice		WG Flatbread	
	Veg	Vegetable Medley		Sweet Corn		Garden Salad		Green Beans		Broccoli	
	Fruit	Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Banana		Fresh Fruit, Honeydew		Fresh Fruit, Oranges	
	Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk	
Snack	Grain										
	Fruit										
		21	MONDAY	22	TUESDAY	23	WEDNESDAY	24	THURSDAY	25	FRIDAY
Breakfast	Grains / Meat										
	Veg/ Fruit										
	Milk										
Lunch & Supper	Meat / Alt	Mac & Cheese		Beef Burger w/ Cheese Option		Ranch Chicken Snack Wrap		BBQ Chicken Drumsticks		Cheese Pizza	
	Grain	WG Pasta		WG Hamburger Bun		WG Tortilla		WG Buttered Noodles		WG Flatbread	
	Veg	Vegetable Medley		Tater Tots		Garden Salad		Green Beans		Broccoli	
	Fruit	Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Banana		Fresh Fruit, Honeydew		Fresh Fruit, Oranges	
	Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk	
Snack	Grain										
	Fruit										
		28	MONDAY	29	TUESDAY	30	WEDNESDAY	31	THURSDAY	30	FRIDAY
Breakfast	Grains / Meat										
	Veg/ Fruit										
	Milk										
Lunch & Supper	Meat / Alt	Spaghetti w/ Beef Marinara		Beef Taco (Ground Beef)		Tuna Salad					
	Grain	WG Pasta		WG Tortilla		WG Tortilla					
	Veg	Vegetable Medley		Sweet Corn		Garden Salad					
	Fruit	Fresh Fruit, Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Banana					
	Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk					
Snack	Grain										
	Fruit										

Ranch
WG