Episode 58: My Forever Home LIVE
White Kitchens

https://www.whitepebbleinteriors.com.au/episode-58-white-kitchens/

Hello, I'm actually coming to you from my garden. It's just such a lovely day today. I had an early morning walk today, and it was just beautiful to see the the pink tinge across the sea, across the bay. And I don't know, I just felt like being outside. So I thought instead of being in my home office, I will come and step outside into the greenery of my garden and chat to you from here."

So I hope you're all having a good week. It's certainly a little bit of r- light relief for me personally, being in metropolitan Melbourne, that we've had some of our restrictions eased. It's, it certainly puts a, a positive slant on whatever's going on for everyone. So today I wanted to chat to you a little bit about something that I recorded on the podcast last week, and that is around kitchen decorating, but also choosing your kitchen colours.

And it seems to be popping up a lot on Facebook groups as well, in terms of how do I choose my kitchen colours, and do I go contrast, dark and light? And I think one of the biggest ones, which I'll just touch on today, is around kitchens that are all white. And I think that's one of the... Hang on.

We have had an issue here with my dog trying to get to our guinea pigs. So I will just quickly keep him out of there. Sorry, that really is live and on location, so apologize for that. With regards to choosing an all-white kitchen, I think that is what a lot of people feel is going to be a safe option for them, that if they have a white kitchen it is going to be timeless.

And look, it can be quite timeless, but I think the thing to consider here is that you don't want a a kitchen that's so clinical, that it is just so all-encompassing white, and a very bright clinical white, that there is no, I don't know. There's just no- feeling to it, that it feels so clinical, there's no personality in it.

So just be mindful when you're choosing a white kitchen. And look, I have got a white kitchen, but I've blended it with contrasting colours, and I've got a splashback that is quite loud, which I know I've

spoken about quite a bit. So you just need to make sure that there's something in there that's going to lift it.

And I chatted on the podcast, which I encourage you to listen to, it's the one that was launched last Thursday, around choosing the colours for your kitchen and also decorating. And so even if you have an all-white kitchen, including the splashback, you can incorporate texture, you can incorporate a tonal change in colour, you can incorporate shape.

So at least it's giving it a little bit of an edge, and it's giving a little bit of point of difference so that it doesn't feel so clinical. You can even just slightly change the tone to make it a little bit softer. And you also don't need to choose a white that is so clinical. It can be an off-white.

There's a colour that we use that is is what we'd call a grey. So it's not quite a, a grey... a, a grey, and it's not quite a beige. And that is an awesome colour to use because it links back into a tonal grey or a tonal beige, depending on what you're going to incorporate with it.

So we use that a lot. Incredibly popular. It's just only from one brand, and it just works beautifully. ... And the other thing that you can do, which I touched on in the podcast, was that the the things that you ... the colours and the other things that you incorporate to your kitchen. So it could greenery, it could be plants, and I talk about how you can do this.

Or it could actually be just the appliances that you use. I know that KitchenAid produce a whole heap of different colours, and it may be that you've got your KitchenAid Mixmaster, your blender, your kettle, your toaster could all be in a bright red, for example. Or they could be in a blue, or they could be black.

So there i- there are ways that don't necessarily need to be in your materials, but they could be in your, In the accessories that you bring into your kitchen that can make a big difference. I also mentioned about just having your Le Creuset or your cast iron pot on your actual stovetop, and that could be a colour, and it just gives you a pop.

So I'm just going to talk about white. That's what I've wanted to chat about today. But I really encourage you to get on the Your Forever Home podcast. It's available on Google and Apple and all the other podcast channels. And and really get into the detail about what I get into around colours, how you incorporate contrast colours, light and dark whether it's above or below, incorporating timber.

It's all covered off in the podcast on Your Forever Home last week. And then the other thing is don't forget that there's a kitchen design sanity check that I do. So I actually did one today, this morning before I got on, and that is where I actually go through your layout of your kitchen and also the the actual elevations in detail and mark it up and really look at it to see.

It's another set of eyes. It's an interior designer set of eyes that goes over that f- your kitchen design to see if it's if it's really going to work as hard for you as what it needs to. Just on the one that I was

looking at today, they've got a corner appliance cupboard, and it was like, we're not going to be able to get into the corner of that appliance cupboard anyway.

My suggestion has been to actually have a corner step-in pantry there that is also then an appliance... You can have a bench there with an appliance bench, an appliance, so it's almost serving the purpose of a pantry and an appliance cupboard all in one. So that is definitely going to be the feedback that I've got for this particular client, rather than having an appliance cupboard stuck in the corner that you're not going to be able to access easily anyway.

So just utilizing the space in a different way that may not have been obvious at the time. By all means, that's on the website under Services, the Kitchen Design Sanity Check. And the podcast, you can also listen to that on the website, so that's under Resources and Podcast, Your Forever Home, or just go to any of the podcasts.

But I hope that you can get some information from there with regards to how to choose your colours, and I talk about the leading piece. I talk about how to make, Hello, Fabi. How to make a white kitchen not clinical and sterile and also talking about using pieces that you love, which for those of you who follow me know that I am always talking about incorporating things that you love.

So that's all that I wanted to talk about today from my garden, my sunny garden. I had to be outside today, and I hope that that's given you a bit of inspo. Don't forget, next week, twelve-thirty. It's not cup day next week. Twelve-thirty, I'll be here again on Insta. All right. Bye for now. Have a great day.

END OF TRANSCRIPT

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