Certificate of Adoption

This certificate lovingly welcomes

SAGE SOLSTICE

Keeper of the Healer’s Heart

into the care and companionship of

Alan Ogden

Species: Passion Fruit Turtle | Calling: Guardian of the Giver

THE SACRED ADOPTION PROMISE

Sage arrives not to ask for more of Alan, but to remind him that his own heart deserves the kindness he has offered so freely to others. He brings permission to rest, to receive, to laugh, and to be cared for without having to earn it.

“Even the healer deserves to be held. Even the one who carries everyone else deserves somewhere to rest.”

Adoption date: _____

Alan Ogden, Keeperling Guardian: _____

Harmony Woodington, Keeperlings Creator: _____

The Turtle Who Learned to Hold the Healers

Long ago, where the last light of sunset settled over a hidden orchard, there grew a remarkable passion fruit vine. Its fruit held the colours of twilight, its leaves whispered in the wind, and beneath its roots lived a small turtle named Sage Solstice.

Sage was unlike the other turtles. While they wandered the orchard looking for adventure, Sage listened. He heard the tired sighs of those who worked through the night. He noticed the quiet sadness of people who always knew how to comfort others but rarely asked for comfort themselves.

One evening, the sun seemed to pause on the horizon. The orchard elders called this the Solstice Stillness, the sacred moment when even the sun was allowed to stop. Sage looked up and asked, “Who looks after the ones who look after everyone?”

The orchard fell silent. Then the oldest tree bent its branches toward him and answered, “Perhaps that is why you are here.”

From that day, Sage carried a little sanctuary wherever he went. His passion fruit shell glowed with the warmth of a thousand sunsets. It could not solve every problem, undo every loss, or make the world gentle. But beside Sage, people remembered how to breathe, how to soften their shoulders, and how to let themselves be human.

He travelled far, seeking a particular kind of person: someone who had dedicated his life to helping others, who had faced hardship and rebuilt, and who had continued sharing wisdom even when the road had been painfully steep.

Then Sage heard about Alan.

He heard of a man who first tried to help people through pharmacy, who endured a devastating illness and the loss of his business, and who found another path to service through natural health, education, and guidance. He

heard of decades spent supporting people and sharing what he had learned.

Sage understood immediately. This was not someone who needed another responsibility. This was someone who deserved a companion with no expectations at all.

And so Sage made his way to Alan, bringing the oldest gift in the orchard: a place to be still, a little joy, and a reminder that the giver matters too.

A Special Message for Alan

Dear Alan,

You have spent so much of your life wanting to make a difference. When the path you chose no longer felt like the way you wanted to help, and life put you through challenges that could have changed everything, you found a way to keep moving forward.

You built a new chapter around learning, teaching, guiding, and helping people. Over the years, you have shared your knowledge and your heart with so many. You have also been a spiritual guide, a business guide, and a friend to me. The seven years we spent in business together are part of a connection I continue to value deeply.

I made Sage Solstice for you because people who devote themselves to caring for others are so often the last to stop and receive care themselves.

Sage has a very important job. He is not here for you to heal, teach, fix, or guide. He is here simply to be with you. To keep you company on the quiet days. To remind you to take a moment for yourself. To hold a little space for the man behind all the wisdom and all the giving.

His shell is your symbolic sanctuary. His gentle presence is a reminder that your worth has never depended on how many people you help, how much you accomplish, or how strong you are for everyone else.

You are allowed to rest. You are allowed to receive. And you deserve the same tenderness you have spent a lifetime offering to others.

Thank you for the years of friendship, guidance, laughter, and shared adventures. May Sage bring you a smile whenever you need one.

With love and gratitude,

Harmony

Sage’s Sacred Purpose

To comfort the comforter. To accompany the healer. To offer a soft place to land for the person who has spent a lifetime being that place for others.

Sage is not another soul for Alan to care for. He is a gentle reminder that the healer deserves companionship, tenderness, stillness, and joy without having to give anything in return.

