

DIGNITY EXTENSIVISTS OF CENTRAL TEXAS

Remote Patient Monitoring (RPM) & Chronic Care Management (CCM)

Program Specifications

OVERVIEW

Dignity Extensivists of Central Texas provides continuous at-home monitoring and structured chronic care oversight for patients managing complex or multiple long-term health conditions. Our goal is to enhance quality of life, prevent avoidable emergency room visits, and reduce hospital readmissions across the Austin and Central Texas areas.

PART I · RPM

Cellular-connected devices that send daily vital readings to our clinical team.

PART II · CCM

Ongoing, proactive management for patients with two or more chronic conditions.

I REMOTE PATIENT MONITORING (RPM)

RPM utilizes FDA-cleared, cellular-connected medical devices supplied directly to the patient's residence. Devices require no internet or complex setup and automatically transmit vital readings to our dedicated Central Texas clinical team.

MONITORED BIOMETRIC INDICATORS

- Blood Pressure & Heart Rate (Cellular BP Cuffs)
- Blood Glucose Levels (Cellular Glucometers)
- Pulse Oximetry & Oxygen Saturation (Cellular Pulse Oximeters)
- Weight Changes & Fluid Retention (Cellular Body Weight Scales)

CLINICAL WORKFLOW & INTERVENTION

1. **Automated Data Collection:** Daily readings automatically populate into our secure clinical dashboard.
2. **Immediate Threshold Alerts:** If a vital sign falls outside safe baseline parameters, our clinical team is immediately notified.
3. **Proactive Outreach:** A nurse or practitioner contacts the patient or facility caregiver to assess symptoms, adjust medications, or coordinate a same-day clinical evaluation.

II CHRONIC CARE MANAGEMENT (CCM)

CCM provides continuous, proactive management for patients diagnosed with two or more chronic conditions expected to last at least 12 months (e.g., Congestive Heart Failure, Diabetes, COPD, Hypertension, Chronic Kidney Disease).

KEY PROGRAM FEATURES

- **Comprehensive 24/7 Care Plan:** A personalized care plan accessible anytime by the patient, family caregivers, and primary care physicians.
- **Dedicated Care Coordinator:** Regular monthly clinical touchpoints to review symptoms, verify medication adherence, and order prescription refills.
- **Sub-Specialist Alignment:** Seamless communication and data sharing between cardiologists, pulmonologists, nephrologists, and facility staff.
- **Community Resource Integration:** Assistance with Austin-area transportation, meal delivery programs, and home health services.

ENROLLMENT & COVERAGE INFORMATION

- **Medicare & Insurance Coverage:** RPM and CCM are recognized Medicare benefits and are widely covered by commercial insurance plans in Texas.
- **How to Enroll:** Call our Austin administrative office at (512) 503-1169 or request enrollment online at www.dignityextensivists.com.

Ready to enroll or learn more?

admin@dignityextensivists.com · dignityextensivists.com

(512) 503-1169