

UpLap

PUBLISHED MONTHLY BY THE OKLAHOMA CITY BOAT CLUB, INC. P.O. BOX 20245, OKLAHOMA CITY, OK 73156

May 2015

VOL. 85 ISSUE 7



Photo by Robin and Patti Phillips

CLUB CALENDAR

**Every Tuesday 1800—Dance
Lessons at OCBC**

Upcoming Parties

Be sure to check the calendar on our web
site to keep up to date on events coming up

Above: Refreshing sight to see, water at the
entrance to the harbor. Not sure how much
we will get, but at least there is enough to get
centerboards out for racing.

Remember the Eight Bells Ceremony May
21 at 1900

Remember the Crawfish Boil May 23

IMPORTANT EVENTS

COMMODORE'S REPORT

Terry Parker
(405) 650-3789
Parkert1@cox.net



We have water!!! We would like to have practice races on Wednesday, May 20th and May 27th, with the racing series beginning in June. Memorial Day Regatta will be held on Saturday, May 23rd. Watch for more announcements from the Race Committee.

We had a beautiful day for Splash Day! It was good to see everyone. Champagne, good food, good friends, and dancing to the Mystery Dates made for a wonderful afternoon/evening. Thank you to all who helped make the day a success!

The Ladies Brunch was held on Saturday, May 9th. We had a nice turnout with over 20 ladies in attendance. OCBC must have some of the best cooks in the state. The food was outstanding! The mimosas, good company, and informational speakers made for a perfect morning. Anita Endres did a fantastic job pulling the morning together.

The 8 Bells Memorial Service will be held on Thursday, May 21st at 19:00. The sounding of a ship's bell is well established in tradition. The bell divided the day into shifts or watches for the crew. At the end of the last watch, eight bells rang signaling a sailor's time for rest. "Eight Bells and All is Well." Each year, OCBC honors and remembers our members and family of members who have sailed on with a very touching ceremony. The ceremony lasts less than 30 minutes and consists of the firing of the cannon, prayer, reading the names of the members and family members we have lost, reading 8 touching poems with the bell sounding after each. Afterward participants share a toast of wine or champagne to those we are honoring and enjoy light hors d'oeuvres. I encourage each of you to attend. It's a nice way to honor those no longer with us and to support the family members who have had losses. There are always some of the best boat club stories you will ever hear after the ceremony, as some of our members from the past are remembered!

And I finally get to end an article with.....

Hope to see you on the water!!

Terry Parker
OCBC Commodore
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Stan Nieves
405-474-2860

Vice Commodore's Report

C. Scott Law
slaw@ilinkusa.net
405-520-2442



First off, I would like to say to Billy Pratt what an excellent job he is doing for the Position of Rear Commodore. What a hard job, to step up to a position in mid-stream and having to work with a lot of ideas that were basically mine, that I had already put in place. But non- the –less he is doing a quite capable job of it. Excellent work Billy! We are in the final stages of getting this web site thing finished and turned around, it has been quite the side project, with a tremendous more amount of personal time than I ever had imagined. There are a lot of things from the old site that simply do not mesh with the new programming language that we are dealing with. Also we had a long term planning meeting on the day of the work party. Not much really came out of the meeting, the majority of the opinions were centered on fix the Sea Wall issues, and the current dues structure only allowing so much repair and upgrades because the Budget is too tight. With regard to the Sea Wall issue, we are very aware that the wall in the Youth area has further blown out due to the rain. We are still waiting on the Engineering Study, but what we have seems to be positive in nature. We will obviously have to wait and see now with the recent influx of water back into the Harbor. A mixed blessing, for me, for sure. While I would love to sail, I also would love to finish what we have started. We now have to work to expedite a walk way down to “C” dock, the walkway has been built but the foundation has not. This is due to heavy rains, and Club House volunteers finding the time to get this done. While at 1195 this will not last for long, so let’s go make the best of it and move forward! We might get lucky with some more Rain fall, Justin Howard tells me that Edmond just had a major water bill increase and mandatory odd/even watering schedules. Maybe this will help with the levels in Lake Hefner? We can only hope.

Thanks,

Scott Law

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green3000@sbcglobal.net

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BY APPOINTMENT

Rear Commodore's Report

Billy Pratt
captainbilly0043@att.net
405-706-4941



I first want to thank everyone who came out to help on the work day April 18. There are 57 names on the sign in sheet and I am sure some people did not get listed. It was the most well attended work day I have seen. We got a lot done and I appreciate all the work every one of you did. This is a sweat equity club and we showed it that day. People showed up and just started doing things they saw needed to be done. As a result, everything on our list got done and then some. Everything looked great for Splash Day. I want to thank Art Caples and crew for a great breakfast of eggs, sausage and biscuits and gravy. I apologize that I don't remember who all cooked, but you were greatly appreciated.

With the extensive rains we have had, the grass and weeds in our dry slips has sprung up with a vengeance. If you can't see your trailer for the weeds, you need to get it cut down. Please keep an eye on your dry slips and cut them as needed. Remember, if you can't get yours cut, Matt Baldwin will cut it for you. Contact him and work it out with him.

Some water has been coming into the lake because of the rains, and we are thankful for whatever we get. The boats that were left in the harbor are floating. Whether or not it makes the harbor useable, it will be enough for the youth to get their catamarans and centerboard boats over the coffer dam and in the water, so that is good. Gene McClendon sent me an article that was printed in the Oklahoman about water resources and some conservation efforts. It is an interesting read. I reprinted it later in this issue of YeLogge. Thanks Gene for the info.

In addition, be sure to read the information about the Lake Hefner Challenge Cup later in this issue, It will be fun. The member of the month is Sue Ogrocki who spent the afternoon of Splash Day taking photographs of members for the online roster. Thank her when you see her.

We have water coming in. Take advantage of it and sail when you can.

Billy Pratt

MAY QUOTE OF YE MONTHE



Photo credit: OCBC Facebook Page

“He that will not sail till all dangers are over must never put to sea.”

- Dr. Thomas Fuller

Quote of the Month and accompanying photos are submitted by Cindy Friedemann, OCBC Public Relations.

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PAT WHITE “ERROR IN JUDGMENT in Perpetuity” Award:
Commodore Terry Parker





June 6 & 7, 2015

Lake Thunderbird BoatHouse, Norman, Oklahoma

The Thunderbird Sailing Club and the Leukemia & Lymphoma Society are teaming up for **TSC's First Leukemia Cup Regatta, on June 6 and 7, 2015**. This event is a thrilling series of sailing events that combines the joy of boating with the important task of raising money to cure cancer. Since its inception, the Leukemia Cup Regatta has raised millions of dollars for lifesaving research and patient services, bringing help and hope to patients and their families.

Skippers register their boats and recruit friends and colleagues to help crew and to raise funds. Crew members seek donations from friends, family, co-workers and employers to sponsor their boat. National and local event sponsors also support the Leukemia Cup Regatta. **Look for links to our online registration, the Leukemia & Lymphoma Society (LLS) information and donation page, and NOR posted at www.thunderbirdsailingclub.org. Net proceeds from the regatta will be donated to the LLC.**

This is going to be a fun event that will raise money to fight cancer. We plan two days of racing with a cook-out, silent auction and live entertainment on Saturday! Registered skippers should look for an email from LLS that will offer a fundraising page that will help in fundraising efforts. There will be instructions on how to use and customize your page to tell your own story if you choose, and helpful tips on your fundraising.

So, get your crew together! Come on out and sail, dance, and party for the fight against cancer!

For more information, contact:

James Anderson - Race Committee Chair

(405-249-1768)

jandersonone@gmail.com

The Fit and Healthy Sailor

A Monthly Column on Wellness

Nancy Shidler, Exercise Physiologist

Nshidler@cox.net



Happy May to everyone!

As I was preparing for this article, I was thinking very “first aid” based and what could we talk about next. BUT....we have water in the lake!!!! So, we need to have a different conversation.

Always a disclaimer - “this is basic first aid information – should you be seriously injured or are experiencing a true medical emergency, call 911 to receive immediate assistance. And, always follow the advice of your physician if your circumstance is specific to a medical problem you have.” In addition, OCBC had guidelines and does it’s best to ensure the safety of all, but we all must take personal responsibility as well.

First of all, we should all have a first aid kit on our boat. You can purchase a pre-packaged kit at Academy or Dick’s Sporting Goods, or you can put one together yourself. Most importantly, keep it in a water proof bag or container of some kind. There are many “dry bags” out there that you can use – or use a freezer quality Ziploc baggie.

Think about the things that occur out there on the water. I see people cutting themselves so I would think you’d want to have bandages, tape, wrap, etc. kinds of things in your kit. A chemical freeze product is smart in case you need to ice something right away. We always have duct tape on a boat and in a pinch; it’ll work if you have nothing else. Remember though, it’s going to hurt when you rip it off to apply a real bandage.

Another thing to consider/review – take a look at the man overboard drill. We’ve not been on the water for a while, so it sure wouldn’t hurt to practice it a few times. Better to be safe than sorry. (My fav moto!)

As far as the boat club goes – we have a first aid kit located inside the club. It’s in a fishing tackle box on top of the refrigerator. I personally maintain the kit and welcome any comments about what is available. Remember however, you are responsible for your own health and safety and should not consider the club kit to be your personal first aid kit.

Another cool thing – while doing some research for this conversation, I found this really cool phone app for first aid. It’s available from the American Red Cross. It’s called ‘first aid’ and is easy to download. It has information about specific situations, how to prepare for emergencies, has info on the location of the nearest hospital, and it even has tests about the info it’s provided in the learning section. I’d strongly suggest you check it out. Remember though, if you’re going to rely on it, you need to make sure your phone is in a water proof bag on the boat. Otherwise it does you no good.

Have fun out there, but be “safety aware.”

Crawfish & Shrimp Boil

Sponsored by the OCBC
Handicap Fleet

When: May 23, 2015 @ 1830hrs or 6:30

Where: Oklahoma City Boat Club

On the east side of Lake Hefner

Why: Support Lighthouse Charities Inc.

White Fields home for boys with special needs

Who's Cooking: Clint (*he's from Louisiana*)

What else: Hurricanes and a Jazz Band

Price: \$20 per person.

Tickets are available from Gene McClendon



LAKE HEFNER CHALLENGE CUP

The 2015 Lake Hefner Challenge Cup will be held on the afternoon and evening of June 20th.

The price to enter a boat/crew is \$500

REMEMBER: THIS IS A FUND RAISER FOR THE WHITE FIELDS BOYS HOME. GET INVOLVED, THEY'RE WORTH IT!

The more sponsorships you can secure , the better.

A crew consists of 6 crew members of which two must be female.

The competition includes 3 separate events. 2 members of the crew will compete in each event.

Events include - Bicycling poker ride, a rather unique walking race and of course some sailing (rain gutter regatta)

Events will start and finish at the club house and the Rain Gutter Regatta will be held at the club house. *(Beer will be provided by Coops)*

Be there to **CHEER ON YOUR FAVORITE TEAM.**

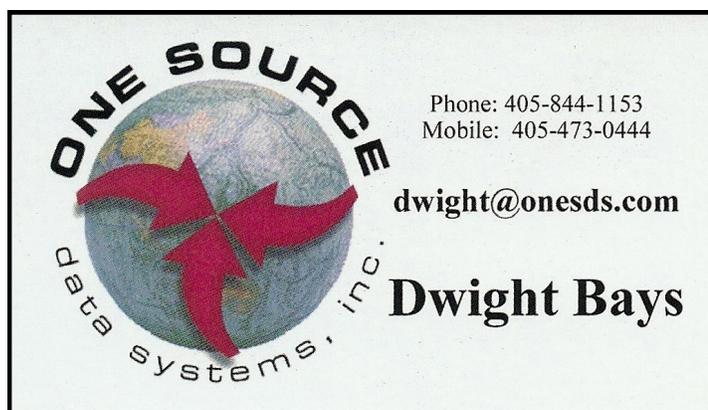
All scores will be added together with the lowest total points being the winner and so on.

The evening will include dinner provided by the Hefner Grill. *Thank these guys every time you get the chance.*

Music will be the Mystery Dates (great for dancing)

Trophies will be awarded for:

- Lowest score in each event
- Lowest overall score
- Most money raised by a crew
- BEST DRESSED CREW!**



One way to ease Oklahoma's water concerns

ByLine

BY TOM M. LUCAS | April 17, 2015

Daily Oklahoman

In 2008, High Plains Resource Conservation & Development in Buffalo, OK, led a project called "Hazardous Fuel for Economic Development." It investigated whether Eastern Red Cedar (ERC), Oklahoma's leading invasive species and resource concern, might have economic value and if its usage could increase the supply of water. Related efforts included mapping ERC in 18 counties, chemical testing of cedar leaves, and the determination of biomass production potential.

High Plains was joined by 21 partners, with funding from Oklahoma Forestry Department, and public and private entities. Notable partners included the Department of Water and Water Utilities, city of Oklahoma City and the Oklahoma Department of Commerce. The partnership included economic developers, scientists, chemists and other professionals.

The demonstration site was north of Woodward on the North Canadian River and had a 90 percent canopy cover of ERC and salt cedar. About 75 acres were cleared, 600 feet on each side of the river for half a mile. The Eastern Red Cedars were cut, allowed to dry and made into lost circulation material for oil-field use.

Scientists determined that 900 million gallons of water per year was not entering the river due to the ERC and salt cedar on the site! The site was about 170 river miles from Lake Overholser. Oklahoma City was using about 100 million gallons of water per day at that time, meaning clearing that small amount of area represented nine days of the city's water supply (evaporation not considered).

The work received statewide news coverage and was selected as a "Creative Moment" by OETA. In July 2008, the results were presented to Oklahomans in a statewide conference: "ERC: From Peril to Profit" with almost 300 attendees. Yet no one has followed up.

Almost all 170 miles of the river route is lined with cedar trees taking precious water from Canton and Oklahoma City. Part of the solution to Canton and Oklahoma City's water supply hangs in the balance. Imagine if only one-eighth of the water along the route could be recovered by destroying the ERC along the river. Twenty to 25 miles of similar growth would amount to a year of Oklahoma City's water supply, not considering tributaries that run into the river.

Don't take my word for it. Ask the Dewey County ranchers where 70,000 acres of ERC burned by a wildfire. In a few days, springs started up again after years of being dry. Take a look on your computer and follow the North Canadian River and you will see varying degrees of canopy cover. While mechanical removal is slow and requires a large investment, the EPA has approved two chemicals for wood that doesn't harm the water and can be sprayed to kill the ERC. Landowners would have to agree to spraying. But we need to do everything we can, absent rain, to increase water supply.

It's no one's fault. We're inadvertently misallocating our water by choosing to allow it to be used to grow Eastern Red Cedars rather than making it available for our people. Is that what we really want?

Lucas, of Woodward, is the former federal coordinator for High Plains RC&D and is now CEO of the Rural Development "A" Team.

Reluctant Racers Phase One Workshop Schedules

Session	Date	Topic
1	May 3, 2015	Beginning racing part 1
2	May 17, 2015	Beginning racing part 2
3	May 24, 2015	Beginning racing part 3
4	May 31, 2015	Rules and signal flags
5	June 7, 2015	Safety

Boat preparation
Weather considerations

All sessions will be from 1700-1745 at the OCBC Clubhouse

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THE TRADING PAGE

Wanted: Used Laser Sailboat Wanted. Looking for a used laser with radial and 4.7 sail. Please call Mike Bruno at 409-4308. ¹

For Sale: 1988 Capri 22 winged keel, 4hp Nissan four stroke, tandem axle shop built trailer, 2 sets of sails, battery, radio/cd player. Running and standing rigging in good condition. CDI roller furling. Needs a coat of bottom paint. \$5,500. Call Vick Colbert (405) 324-6866, vick@olvick.com ²

For Sale: J-24 For Sale: Hull number 3132. In fair condition with two sets of sails, trailer, and all items needed to race. Asking \$3,500. Please call 214-755-7476 or better yet email me at fred.olaughlin@gmail.com ²

For Sale: 1985 Starwind 27 False Echoes. Harken Furler, Dutchman flaking system. Working sails in good shape. Yanmar diesel. Fin keel draws only 3'7". Tandem axle trailer. \$9900.00. Contact Alicia Hunsberger alicia.hunsberger@cox.net or call 316-304-4440 ¹

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Items on the Trading Page will run for three issues. To continue publishing your ad for an additional three issues, or if your item sells, please notify Billy Pratt , Editor.

A logo for Courtney Harlin Photography featuring the name in a cursive font, surrounded by floral illustrations. Below the logo, contact information is listed: COURTNEY HARLIN | 405.517.1331, COURTNEYHARLINPHOTO@GMAIL.COM, and COURTNEYHARLINPHOTO.WEEBLY.COM.

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UCO Advisor	David Bass
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<u>Ye Logge</u>	Billy Pratt

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Editor: Billy Pratt
405-706-4941
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Trading Page: Free to OCBC members. No pictures. Ads will run three times, then must be renewed via email to the Editor.

Personals/Custom Ads/Announcements (Charitable events exempt): 1/4 pg. @ \$30 for 1 month, \$75 for 3 months; 1/2 pg. @ \$45 for 1 month, \$120 for 3 months; Full pg. @ \$75 for 1 month, \$180 for 3 months.

Business Cards: \$30 for 6 months; \$50 for 12 months.

OKLAHOMA CITY BOAT CLUB

P.O. Box 20245, Oklahoma City, OK 73156
9101 East Lake Hefner Parkway, Oklahoma City, OK 73120

EDITOR'S LOGGE:

If you have an article or ad you want to place in the Ye-Logge, please contact me at (405)706-4941 or email me at "captainbilly0043@att.net" If possible submit photos in jpg or pdf format.

I also solicit constructive suggestions of things you would like to see or change.

Billy Pratt

If anyone finds a ballpoint pen made from two rifle cartridges lying around the clubhouse, please contact me. I think I lost it last Saturday while at the HD&A meeting.

Thank you.
Billy Pratt