

The **Little** **Shakers** Term 3.

The trusted Little Shakers class spine — Warm Up, Themed Movement, Gross Motor, Pom Poms, Jazz and Cool Down — runs in the same order every week so children build confidence, coordination and familiarity across the term. Inside you'll find a full week-by-week running order for all ten weeks, plus a detailed activity guide mapped to the five EYLF V2.0 Learning Outcomes.

O1 · Identity

O2 · Community

O3 · Wellbeing

O4 · Confident learners

O5 · Communicators

AGE GROUP

2.5–5 years

CLASS LENGTH

30 minutes

TERM

Term 3 · 10 weeks

FRAMEWORK

EYLF V2.0

SAME SEQUENCE, EVERY WEEK

Seven segments, always in the same order.

Consistency is the curriculum. Children settle when they know what comes next, so every Term 3 class moves through the same seven segments in the same order. Within that trusted spine, a small number of activities alternate week to week to keep bodies challenged and minds curious — these are clearly identified throughout this plan.

01 Warm Up Pointe & Flex · Kissing Fingers · Wand Walks / Ribbons (alt.)	02 Themed Movement Rotating animal & nature exploration by week	03 Gross Motor Gallops / Agility Dance (alt.)	04 Pom Poms Exercise A / Exercise B (alternating)	05 Jazz Dance Happy · Bula Bounce · I Like To Move It (rotating)	06 Cool Down Same calming sequence each week	07 Conclusion Stickers for everyone
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● Activities that alternate weekly

- **Pointe & Flex** — feet together (Weeks 1–3), then alternating feet (Weeks 4–10).
- **Wand Walks / Ribbons** — alternate each week: Ribbons on Weeks 1, 3, 5, 7, 9; Wand Walks on Weeks 2, 4, 6, 8, 10.
- **Gallops / Agility Dance** — alternate each week: Gallops on Weeks 1, 3, 5, 7, 9; Agility Dance on Weeks 2, 4, 6, 8, 10.
- **Pom Pom A / B** — Exercise A on odd weeks, Exercise B on even weeks.
- **Jazz Dance** — rotates Happy → Bula Bounce → I Like To Move It.

● Themed Movement by week

- **Weeks 1, 4 & 7** — Giraffes, Tigers & Elephants.
- **Weeks 2, 5 & 8** — Australian Bush Adventure.
- **Weeks 3, 6 & 9** — Under the Sea (*content to be added*).
- **Week 10** — Child Favourite Theme (children revisit & lead).

How to read this plan · First, a week-by-week running order for all ten weeks. Then a detailed activity guide where every exercise is written exactly as delivered in class, with educator observations and its EYLF V2.0 Learning Outcomes. Activities that alternate are marked with an **amber** badge.

WEEKS 1–10 · WHAT RUNS WHEN

The whole term on one page.

A dot means the activity runs that week as written. A label shows which variation is delivered. Amber rows are the activities that alternate week to week — pin this page to your planning wall.

SEGMENT · ACTIVITY	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10
WARM UP Pointe & Flex <i>RAD</i>	Together	Together	Together	Alt feet	Alt feet	Alt feet	Alt feet	Alt feet	Alt feet	Alt feet
Kissing Fingers <i>RAD</i>	●	●	●	●	●	●	●	●	●	●
Wand Walks <i>alternating</i>		●		●		●		●		●
Ribbons <i>alternating</i>	●		●		●		●		●	
THEMED Themed Movement <i>rotating</i>	Safari	Bush	Sea*	Safari	Bush	Sea*	Safari	Bush	Sea*	Fav.
GROSS MOTOR Gallops <i>alternating</i>	●		●		●		●		●	
Agility Dance <i>alternating</i>		●		●		●		●		●
POM POMS Pom Pom A <i>alternating</i>	●		●		●		●		●	
Pom Pom B <i>alternating</i>		●		●		●		●		●
JAZZ Jazz Dance <i>rotating</i>	Happy	Bula	Move It	Happy	Bula	Move It	Happy	Bula	Move It	Happy
COOL DOWN Cool Down <i>same each week</i>	●	●	●	●	●	●	●	●	●	●
FINISH Stickers <i>every child</i>	●	●	●	●	●	●	●	●	●	●

● Runs as written this week □ Alternating activity Safari Giraffes, Tigers & Elephants Bush Australian Bush Adventure

Sea* Under the Sea (to be added)

Note · The alternating pattern shown here is the recommended Term 3 rhythm. Centres may shift which weeks Wand Walks/Ribbons, Gallops/Agility and Pom Pom A/B fall on to suit their group — the principle is simply that these activities rotate rather than running every single week.

WEEK 01 · 30-MINUTE SESSION · EYLF V2.0

THEME Safari

JAZZ Happy

POM POM A

01 Settling In

Familiar faces & favourite props — build confidence and learn the weekly flow. Themed movement: Giraffes, Tigers & Elephants. Odd week — Ribbons + Pom Pom A.

01

WARM UP

Pointe & Flex

Weeks 1–3 · feet together

Point and flex, repeat, shake legs, hide into a ball sitting up, legs & arms shoot out — TA-DA.

NO EQUIPMENT · REF 01

06

POM POMS · **ALTERNATING**

Pom Pom Exercise A

Pom poms up in a V (8), down in a V (8), repeat, march in a circle x2, knee bops (8) — repeat from the beginning.

♪ **Shake It Off · Taylor Swift**

POM POMS x2 · REF 11

02

WARM UP

Kissing Fingers

Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.

NO EQUIPMENT · REF 02

07

JAZZ DANCE

Jazz Dance

This week · **Happy**

Perform the “Happy” jazz routine — the performance highlight of the class.

NO EQUIPMENT · REF 13

03

WARM UP · **ALTERNATING**

Ribbons

Arms float up & down, circle right then left arm, side-step with each arm, feet together, arms up to a V, turn — repeat.

RIBBON BRACELETS · REF 04

08

COOL DOWN

Cool Down

Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.

♪ **Younger You · Miley Cyrus**

NO EQUIPMENT · REF 14

04

THEMED MOVEMENT

Giraffes, Tigers & Elephants

Giraffe stretch tall on tip-toes (8), elephant trunk sway side to side (8), tiger roar & step (8), run on the spot, jump legs out, roar.

NO EQUIPMENT · REF 05

09

CONCLUSION

Stickers for Everyone

A sticker for every child — celebrate a great class together.

STICKERS · REF 15

05

GROSS MOTOR · **ALTERNATING**

Gallops

Gallop forward (8), big plié jump to face right, repeat around back to the front, gallop another (8) — “WOAH Pony!”

GLITTER STICKS · REF 09

● EQUIPMENT THIS WEEK

- Ribbon bracelets · 1 each
- Glitter sticks · 1 each
- Pom poms · 2 each
- Stickers · 1 each

● EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to the natural world through giraffe, elephant & tiger movement.

This week · Themed Movement is the **Giraffes, Tigers & Elephants**. Pointe & Flex uses the feet-together version. Ribbons feature in the warm up and Gallops in the gross motor segment, alongside Pom Pom Exercise A; Wand Walks and Agility Dance rest this week. Jazz Dance: **Happy**.

WEEK 02 · 30-MINUTE SESSION · EYLF V2.0

THEME Bush

02 Big Brave Movers

JAZZ Bula Bounce

Bigger shapes and bolder gross-motor movement across the room. Themed movement: Australian Bush Adventure. Even week — Agility + Pom Pom B.

POM POM B

01

WARM UP

Pointe & Flex

Weeks 1–3 · feet together

Point and flex, repeat, shake legs, hide into a ball sitting up, legs & arms shoot out — TA-DA.

NO EQUIPMENT · REF 01

06

POM POMS · ALTERNATING

Pom Pom Exercise B

Arms up/down, overhead circle with a jump, shake in front, diagonal arms each side, two kicks, turn, march arms up then down (8).

POM POMS ×2 · REF 12

02

WARM UP

Kissing Fingers

Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.

NO EQUIPMENT · REF 02

07

JAZZ DANCE

Jazz Dance

This week · Bula Bounce

Perform the “Bula Bounce” jazz routine — the performance highlight of the class.

♪ Waka Waka · Shakira

NO EQUIPMENT · REF 13

03

WARM UP · ALTERNATING

Wand Walks

Tip-toe walks for 8 counts, tap the wand on the ground for 8 counts — repeat 4 times.

FAIRY WANDS · REF 03

08

COOL DOWN

Cool Down

Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.

♪ Younger You · Miley Cyrus

NO EQUIPMENT · REF 14

04

THEMED MOVEMENT

Australian Bush Adventure

Kangaroo bounce changing direction (16), kookaburra flap & bounce, snake arms across the body (×8), emu single-leg balance each side (×4).

NO EQUIPMENT · REF 06

09

CONCLUSION

Stickers for Everyone

A sticker for every child — celebrate a great class together.

STICKERS · REF 15

05

GROSS MOTOR · ALTERNATING

Agility Dance

Run on the spot, diagonal jumps, turning jumps both sides, feet in/out each side (×4), one-foot bounce, jump & shake (×4), crouch — pose.

♪ We Go Together

NO EQUIPMENT · REF 10

● EQUIPMENT THIS WEEK

- Fairy wands · 1 each
- Pom poms · 2 each
- Stickers · 1 each

● EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to Country & Australian animals (kangaroo, kookaburra, snake, emu).

This week · Themed Movement is the **Australian Bush Adventure**. Pointe & Flex uses the feet-together version. Wand Walks feature in the warm up and Agility Dance in the gross motor segment, alongside Pom Pom Exercise B; Ribbons and Gallops rest this week. Jazz Dance: **Bula Bounce**.

WEEK 03 · 30-MINUTE SESSION · EYLF V2.0

03 Listen & Follow

Tuning into the music — listening skills and following instructions. Themed movement: Under the Sea. Odd week — Ribbons + Pom Pom A.

THEME Under the Sea

JAZZ I Like To Move It

POM POM A

01

WARM UP

Pointe & Flex

Weeks 1–3 · feet together

Point and flex, repeat, shake legs, hide into a ball sitting up, legs & arms shoot out — TA-DA.

NO EQUIPMENT · REF 01

06

POM POMS · ALTERNATING

Pom Pom Exercise A

Pom poms up in a V (8), down in a V (8), repeat, march in a circle x2, knee bops (8) — repeat from the beginning.

♪ Shake It Off · Taylor Swift

POM POMS x2 · REF 11

02

WARM UP

Kissing Fingers

Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.

NO EQUIPMENT · REF 02

07

JAZZ DANCE

Jazz Dance

This week · I Like To Move It

Perform the “I Like To Move It” jazz routine — the performance highlight of the class.

NO EQUIPMENT · REF 13

03

WARM UP · ALTERNATING

Ribbons

Arms float up & down, circle right then left arm, side-step with each arm, feet together, arms up to a V, turn — repeat.

RIBBON BRACELETS · REF 04

08

COOL DOWN

Cool Down

Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.

♪ Younger You · Miley Cyrus

NO EQUIPMENT · REF 14

04

THEMED MOVEMENT

Under the Sea · to be added

Under the Sea themed sea-creature movement — content to be added (substitute Safari or Bush until confirmed).

NO EQUIPMENT · REF 07

09

CONCLUSION

Stickers for Everyone

A sticker for every child — celebrate a great class together.

STICKERS · REF 15

05

GROSS MOTOR · ALTERNATING

Gallops

Gallop forward (8), big plié jump to face right, repeat around back to the front, gallop another (8) — “WOAH Pony!”

GLITTER STICKS · REF 09

EQUIPMENT THIS WEEK

- Ribbon bracelets · 1 each
- Glitter sticks · 1 each
- Pom poms · 2 each
- Stickers · 1 each

EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to the natural world through the Under the Sea theme (to be added).

This week · Themed Movement is **Under the Sea** (content to be added — substitute a Safari or Bush adventure until confirmed). Pointe & Flex uses the feet-together version. Ribbons feature in the warm up and Gallops in the gross motor segment, alongside Pom Pom Exercise A; Wand Walks and Agility Dance rest this week. Jazz Dance: **I Like To Move It**.

WEEK 04 · 30-MINUTE SESSION · EYLF V2.0

THEME Safari

JAZZ Happy

POM POM B

04 Stretch & Reach

Cross-body coordination and growing body awareness. Themed movement: Giraffes, Tigers & Elephants. Even week — Agility + Pom Pom B.

01 WARM UP
Pointe & Flex
Weeks 4–10 · alternating feet
Alternating point & flex on each foot, repeat, shake legs, hide into a ball, legs & arms shoot out — TA–DA.
NO EQUIPMENT · REF 01

06 POM POMS · ALTERNATING
Pom Pom Exercise B
Arms up/down, overhead circle with a jump, shake in front, diagonal arms each side, two kicks, turn, march arms up then down (8).
POM POMS ×2 · REF 12

02 WARM UP
Kissing Fingers
Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.
NO EQUIPMENT · REF 02

07 JAZZ DANCE
Jazz Dance
This week · Happy
Perform the “Happy” jazz routine — the performance highlight of the class.
NO EQUIPMENT · REF 13

03 WARM UP · ALTERNATING
Wand Walks
Tip-toe walks for 8 counts, tap the wand on the ground for 8 counts — repeat 4 times.
FAIRY WANDS · REF 03

08 COOL DOWN
Cool Down
Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.
♪ Younger You · Miley Cyrus
NO EQUIPMENT · REF 14

04 THEMED MOVEMENT
Giraffes, Tigers & Elephants
Giraffe stretch tall on tip-toes (8), elephant trunk sway side to side (8), tiger roar & step (8), run on the spot, jump legs out, roar.
NO EQUIPMENT · REF 05

09 CONCLUSION
Stickers for Everyone
A sticker for every child — celebrate a great class together.
STICKERS · REF 15

05 GROSS MOTOR · ALTERNATING
Agility Dance
Run on the spot, diagonal jumps, turning jumps both sides, feet in/out each side (×4), one-foot bounce, jump & shake (×4), crouch — pose.
♪ We Go Together
NO EQUIPMENT · REF 10

● EQUIPMENT THIS WEEK

- Fairy wands · 1 each
- Pom poms · 2 each
- Stickers · 1 each

● EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to the natural world through giraffe, elephant & tiger movement.

This week · Themed Movement is the **Giraffes, Tigers & Elephants**. Pointe & Flex uses the alternating-feet version. Wand Walks feature in the warm up and Agility Dance in the gross motor segment, alongside Pom Pom Exercise B; Ribbons and Gallops rest this week. Jazz Dance: **Happy**.

WEEK 05 · 30-MINUTE SESSION · EYLF V2.0

THEME Bush

05 Steady & Strong

Balance, control and holding our shapes a little longer. Themed movement: Australian Bush Adventure. Odd week — Ribbons + Pom Pom A.

JAZZ Bula Bounce

POM POM A

01

WARM UP

Pointe & Flex

Weeks 4–10 · alternating feet

Alternating point & flex on each foot, repeat, shake legs, hide into a ball, legs & arms shoot out — TA-DA.

NO EQUIPMENT · REF 01

06

POM POMS · ALTERNATING

Pom Pom Exercise A

Pom poms up in a V (8), down in a V (8), repeat, march in a circle ×2, knee bops (8) — repeat from the beginning.

♪ Shake It Off · Taylor Swift

POM POMS ×2 · REF 11

02

WARM UP

Kissing Fingers

Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.

NO EQUIPMENT · REF 02

07

JAZZ DANCE

Jazz Dance

This week · Bula Bounce

Perform the “Bula Bounce” jazz routine — the performance highlight of the class.

♪ Waka Waka · Shakira

NO EQUIPMENT · REF 13

03

WARM UP · ALTERNATING

Ribbons

Arms float up & down, circle right then left arm, side-step with each arm, feet together, arms up to a V, turn — repeat.

RIBBON BRACELETS · REF 04

08

COOL DOWN

Cool Down

Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.

♪ Younger You · Miley Cyrus

NO EQUIPMENT · REF 14

04

THEMED MOVEMENT

Australian Bush Adventure

Kangaroo bounce changing direction (16), kookaburra flap & bounce, snake arms across the body (×8), emu single-leg balance each side (×4).

NO EQUIPMENT · REF 06

09

CONCLUSION

Stickers for Everyone

A sticker for every child — celebrate a great class together.

STICKERS · REF 15

05

GROSS MOTOR · ALTERNATING

Gallops

Gallop forward (8), big plié jump to face right, repeat around back to the front, gallop another (8) — “WOAH Pony!”

GLITTER STICKS · REF 09

● EQUIPMENT THIS WEEK

- Ribbon bracelets · 1 each
- Glitter sticks · 1 each
- Pom poms · 2 each
- Stickers · 1 each

● EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to Country & Australian animals (kangaroo, kookaburra, snake, emu).

This week · Themed Movement is the **Australian Bush Adventure**. Pointe & Flex uses the alternating-feet version. Ribbons feature in the warm up and Gallops in the gross motor segment, alongside Pom Pom Exercise A; Wand Walks and Agility Dance rest this week. Jazz Dance: **Bula Bounce**.

06 Flow & Float

WEEK 06 · 30-MINUTE SESSION · EYLF V2.0

Smooth, expressive movement and a real sense of rhythm. Themed movement: Under the Sea. Even week — Agility + Pom Pom B.

THEME Under the Sea

JAZZ I Like To Move It

POM POM B

01

WARM UP

Pointe & Flex

Weeks 4–10 · alternating feet

Alternating point & flex on each foot, repeat, shake legs, hide into a ball, legs & arms shoot out — TA-DA.

NO EQUIPMENT · REF 01

06

POM POMS · ALTERNATING

Pom Pom Exercise B

Arms up/down, overhead circle with a jump, shake in front, diagonal arms each side, two kicks, turn, march arms up then down (8).

POM POMS ×2 · REF 12

02

WARM UP

Kissing Fingers

Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.

NO EQUIPMENT · REF 02

07

JAZZ DANCE

Jazz Dance

This week · I Like To Move It

Perform the “I Like To Move It” jazz routine — the performance highlight of the class.

NO EQUIPMENT · REF 13

03

WARM UP · ALTERNATING

Wand Walks

Tip-toe walks for 8 counts, tap the wand on the ground for 8 counts — repeat 4 times.

FAIRY WANDS · REF 03

08

COOL DOWN

Cool Down

Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.

♪ Younger You · Miley Cyrus

NO EQUIPMENT · REF 14

04

THEMED MOVEMENT

Under the Sea · to be added

Under the Sea themed sea-creature movement — content to be added (substitute Safari or Bush until confirmed).

NO EQUIPMENT · REF 07

09

CONCLUSION

Stickers for Everyone

A sticker for every child — celebrate a great class together.

STICKERS · REF 15

05

GROSS MOTOR · ALTERNATING

Agility Dance

Run on the spot, diagonal jumps, turning jumps both sides, feet in/out each side (×4), one-foot bounce, jump & shake (×4), crouch — pose.

♪ We Go Together

NO EQUIPMENT · REF 10

● EQUIPMENT THIS WEEK

- Fairy wands · 1 each
- Pom poms · 2 each
- Stickers · 1 each

● EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to the natural world through the Under the Sea theme (to be added).

This week · Themed Movement is **Under the Sea** (content to be added — substitute a Safari or Bush adventure until confirmed). Pointe & Flex uses the alternating-feet version. Wand Walks feature in the warm up and Agility Dance in the gross motor segment, alongside Pom Pom Exercise B; Ribbons and Gallops rest this week. Jazz Dance: **I Like To Move It**.

WEEK 07 · 30-MINUTE SESSION · EYLF V2.0

THEME Safari

JAZZ Happy

POM POM A

07 Tall & Mighty

Strength, extension and confident, powerful movement. Themed movement: Giraffes, Tigers & Elephants. Odd week — Ribbons + Pom Pom A.

01

WARM UP

Pointe & Flex

Weeks 4–10 · alternating feet

Alternating point & flex on each foot, repeat, shake legs, hide into a ball, legs & arms shoot out — TA-DA.

NO EQUIPMENT · REF 01

06

POM POMS · ALTERNATING

Pom Pom Exercise A

Pom poms up in a V (8), down in a V (8), repeat, march in a circle x2, knee bops (8) — repeat from the beginning.

♪ Shake It Off · Taylor Swift

POM POMS x2 · REF 11

02

WARM UP

Kissing Fingers

Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.

NO EQUIPMENT · REF 02

07

JAZZ DANCE

Jazz Dance

This week · Happy

Perform the “Happy” jazz routine — the performance highlight of the class.

NO EQUIPMENT · REF 13

03

WARM UP · ALTERNATING

Ribbons

Arms float up & down, circle right then left arm, side-step with each arm, feet together, arms up to a V, turn — repeat.

RIBBON BRACELETS · REF 04

08

COOL DOWN

Cool Down

Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.

♪ Younger You · Miley Cyrus

NO EQUIPMENT · REF 14

04

THEMED MOVEMENT

Giraffes, Tigers & Elephants

Giraffe stretch tall on tip-toes (8), elephant trunk sway side to side (8), tiger roar & step (8), run on the spot, jump legs out, roar.

NO EQUIPMENT · REF 05

09

CONCLUSION

Stickers for Everyone

A sticker for every child — celebrate a great class together.

STICKERS · REF 15

05

GROSS MOTOR · ALTERNATING

Gallops

Gallop forward (8), big plié jump to face right, repeat around back to the front, gallop another (8) — “WOAH Pony!”

GLITTER STICKS · REF 09

EQUIPMENT THIS WEEK

- Ribbon bracelets · 1 each
- Glitter sticks · 1 each
- Pom poms · 2 each
- Stickers · 1 each

EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to the natural world through giraffe, elephant & tiger movement.

This week · Themed Movement is the **Giraffes, Tigers & Elephants**. Pointe & Flex uses the alternating-feet version. Ribbons feature in the warm up and Gallops in the gross motor segment, alongside Pom Pom Exercise A; Wand Walks and Agility Dance rest this week. Jazz Dance: **Happy**.

WEEK 08 · 30-MINUTE SESSION · EYLF V2.0

THEME Bush

08 Hop, Leap & Bound

JAZZ Bula Bounce

POM POM B

Agility and locomotor skills — travelling with control. Themed movement: Australian Bush Adventure. Even week — Agility + Pom Pom B.

01

WARM UP

Pointe & Flex

Weeks 4–10 · **alternating feet**

Alternating point & flex on each foot, repeat, shake legs, hide into a ball, legs & arms shoot out — TA-DA.

NO EQUIPMENT · REF 01

06

POM POMS · **ALTERNATING**

Pom Pom Exercise B

Arms up/down, overhead circle with a jump, shake in front, diagonal arms each side, two kicks, turn, march arms up then down (8).

POM POMS ×2 · REF 12

02

WARM UP

Kissing Fingers

Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.

NO EQUIPMENT · REF 02

07

JAZZ DANCE

Jazz Dance

This week · **Bula Bounce**

Perform the “Bula Bounce” jazz routine — the performance highlight of the class.

♪ **Waka Waka · Shakira**

NO EQUIPMENT · REF 13

03

WARM UP · **ALTERNATING**

Wand Walks

Tip-toe walks for 8 counts, tap the wand on the ground for 8 counts — repeat 4 times.

FAIRY WANDS · REF 03

08

COOL DOWN

Cool Down

Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.

♪ **Younger You · Miley Cyrus**

NO EQUIPMENT · REF 14

04

THEMED MOVEMENT

Australian Bush Adventure

Kangaroo bounce changing direction (16), kookaburra flap & bounce, snake arms across the body (×8), emu single-leg balance each side (×4).

NO EQUIPMENT · REF 06

09

CONCLUSION

Stickers for Everyone

A sticker for every child — celebrate a great class together.

STICKERS · REF 15

05

GROSS MOTOR · **ALTERNATING**

Agility Dance

Run on the spot, diagonal jumps, turning jumps both sides, feet in/out each side (×4), one-foot bounce, jump & shake (×4), crouch — pose.

♪ **We Go Together**

NO EQUIPMENT · REF 10

● EQUIPMENT THIS WEEK

- Fairy wands · 1 each
- Pom poms · 2 each
- Stickers · 1 each

● EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to Country & Australian animals (kangaroo, kookaburra, snake, emu).

This week · Themed Movement is the **Australian Bush Adventure**. Pointe & Flex uses the alternating-feet version. Wand Walks feature in the warm up and Agility Dance in the gross motor segment, alongside Pom Pom Exercise B; Ribbons and Gallops rest this week. Jazz Dance: **Bula Bounce**.

09 Bringing It Together

WEEK 09 · 30-MINUTE SESSION · EYLF V2.0

Sequencing the whole class with real performance energy. Themed movement: Under the Sea. Odd week — Ribbons + Pom Pom A.

THEME Under the Sea

JAZZ I Like To Move It

POM POM A

01 WARM UP
Pointe & Flex
Weeks 4–10 · alternating feet
Alternating point & flex on each foot, repeat, shake legs, hide into a ball, legs & arms shoot out — TA-DA.
NO EQUIPMENT · REF 01

06 POM POMS · ALTERNATING
Pom Pom Exercise A
Pom poms up in a V (8), down in a V (8), repeat, march in a circle x2, knee bops (8) — repeat from the beginning.
♪ Shake It Off · Taylor Swift
POM POMS x2 · REF 11

02 WARM UP
Kissing Fingers
Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.
NO EQUIPMENT · REF 02

07 JAZZ DANCE
Jazz Dance
This week · I Like To Move It
Perform the “I Like To Move It” jazz routine — the performance highlight of the class.
NO EQUIPMENT · REF 13

03 WARM UP · ALTERNATING
Ribbons
Arms float up & down, circle right then left arm, side-step with each arm, feet together, arms up to a V, turn — repeat.
RIBBON BRACELETS · REF 04

08 COOL DOWN
Cool Down
Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.
♪ Younger You · Miley Cyrus
NO EQUIPMENT · REF 14

04 THEMED MOVEMENT
Under the Sea · to be added
Under the Sea themed sea-creature movement — content to be added (substitute Safari or Bush until confirmed).
NO EQUIPMENT · REF 07

09 CONCLUSION
Stickers for Everyone
A sticker for every child — celebrate a great class together.
STICKERS · REF 15

05 GROSS MOTOR · ALTERNATING
Gallops
Gallop forward (8), big plié jump to face right, repeat around back to the front, gallop another (8) — “WOAH Pony!”
GLITTER STICKS · REF 09

● EQUIPMENT THIS WEEK

- Ribbon bracelets · 1 each
- Glitter sticks · 1 each
- Pom poms · 2 each
- Stickers · 1 each

● EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 02 Community** — connection to the natural world through the Under the Sea theme (to be added).

This week · Themed Movement is **Under the Sea** (content to be added — substitute a Safari or Bush adventure until confirmed). Pointe & Flex uses the alternating-feet version. Ribbons feature in the warm up and Gallops in the gross motor segment, alongside Pom Pom Exercise A; Wand Walks and Agility Dance rest this week. Jazz Dance: **I Like To Move It**.

WEEK 10 · 30-MINUTE SESSION · EYLF V2.0

10 Our Little Shakers Showcase

Child-led favourites and a big, proud celebration of the term. Themed movement: Child Favourite Theme. Even week — Agility + Pom Pom B.

THEME Favourites

JAZZ Happy

POM POM B

01

WARM UP

Pointe & Flex

Weeks 4–10 · alternating feet

Alternating point & flex on each foot, repeat, shake legs, hide into a ball, legs & arms shoot out — TA-DA.

NO EQUIPMENT · REF 01

06

POM POMS · ALTERNATING

Pom Pom Exercise B

Arms up/down, overhead circle with a jump, shake in front, diagonal arms each side, two kicks, turn, march arms up then down (8).

POM POMS ×2 · REF 12

02

WARM UP

Kissing Fingers

Pointer to thumb “kiss”, repeat all fingers, then the other hand, then both hands together; gather up sparkles & throw into the air.

NO EQUIPMENT · REF 02

07

JAZZ DANCE

Jazz Dance

This week · Happy

Perform the “Happy” jazz routine — the performance highlight of the class.

NO EQUIPMENT · REF 13

03

WARM UP · ALTERNATING

Wand Walks

Tip-toe walks for 8 counts, tap the wand on the ground for 8 counts — repeat 4 times.

FAIRY WANDS · REF 03

08

COOL DOWN

Cool Down

Sway arms side to side (8), sway down low (8), stretch to the roof, touch feet, repeat, bow to each side, clap for everybody, pat your back.

♪ Younger You · Miley Cyrus

NO EQUIPMENT · REF 14

04

THEMED MOVEMENT

Child Favourite Theme

Revisit favourite animal movements from across the term; children demonstrate & lead their favourites for the group.

NO EQUIPMENT · REF 08

09

CONCLUSION

Stickers for Everyone

A sticker for every child — celebrate a great class together.

STICKERS · REF 15

05

GROSS MOTOR · ALTERNATING

Agility Dance

Run on the spot, diagonal jumps, turning jumps both sides, feet in/out each side (×4), one-foot bounce, jump & shake (×4), crouch — pose.

♪ We Go Together

NO EQUIPMENT · REF 10

● EQUIPMENT THIS WEEK

- Fairy wands · 1 each
- Pom poms · 2 each
- Stickers · 1 each

● EYLF V2.0 OUTCOMES THIS WEEK

- 03 Wellbeing** — gross & fine motor control, balance and coordination across the warm up, gross motor and pom pom segments.
- 04 Confident & involved learners** — children build mastery through the repeated weekly spine and grow in independence.
- 05 Communication** — listening, counting and responding to musical cues and educator prompts throughout.
- 01 Identity** — agency & pride as children choose and lead their favourite movements.

This week · Themed Movement is the **Child Favourite Theme**. Pointe & Flex uses the alternating-feet version. Wand Walks feature in the warm up and Agility Dance in the gross motor segment, alongside Pom Pom Exercise B; Ribbons and Gallops rest this week. Jazz Dance: **Happy**.

01

WARM UP · SKILL DEVELOPMENT

Pointe & Flex

· RAD Syllabus

No equipment

Every week

THE EXERCISE

WEEKS 1–3

- Pointe and flex
- Repeat
- Shake legs
- Hide into a ball sitting up
- Legs and arms shoot out
- TA-DA

WEEKS 4–10

- Alternating pointe and flex on each foot
- Repeat
- Shake legs
- Hide into a ball sitting up
- Legs and arms shoot out
- TA-DA

Body awareness

Coordination

Following instructions

WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

Watch for children isolating the foot at the ankle — pointing through the toes, then flexing back. From Week 4, look for the growing control needed to alternate one foot at a time. The "TA-DA" releases tension and builds *joyful, confident* participation.

EYLF V2.0 LEARNING OUTCOMES

O3

O4

O3 strong sense of wellbeing — fine & gross motor control and body awareness; **O4** persistence through repetition.

02

WARM UP · SKILL DEVELOPMENT

Kissing Fingers

· RAD Syllabus

No equipment

Every week

THE EXERCISE

- Pointer finger to thumb making a kissing noise
- Repeat all fingers
- Repeat other hand
- Repeat both hands together
- Gather up sparkles
- Throw sparkles into the air

Fine motor

Imagination

Creative movement

WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

Look for finger isolation — each finger meeting the thumb in turn — then both hands working together (bilateral coordination). "Gathering sparkles" and throwing them invites *imaginative, expressive* movement and a moment of shared delight.

EYLF V2.0 LEARNING OUTCOMES

O3

O4

O5

O3 fine motor & body awareness; **O4** imagination & focus; **O5** non-verbal expression.

03 WARM UP · SKILL DEVELOPMENT

Wand Walks · Fairy Wands

Fairy wands — 1 each

Alternating weeks

● THE EXERCISE

- Tip toe walks for 8 counts
- Tap wand on the ground for 8 counts
- Repeat 4 times

Balance

Listening skills

Spatial awareness

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

Tip-toe walking builds *balance* and ankle strength; the eight-count structure develops listening and counting. Watch children hold the wand steady while travelling, and tap in time on the count — early rhythm and instruction-following.

● EYLF V2.0 LEARNING OUTCOMES

O3

O4

O5

O3 balance & locomotion; **O4** sustained involvement; **O5** responding to counts & rhythm.

04 WARM UP · SKILL DEVELOPMENT

Ribbons · Ribbon Bracelets

Ribbon bracelets — 1 each

Alternating weeks

● THE EXERCISE

- Arms float up and then back down
- Repeat
- Circle right arm
- Circle left arm
- Repeat
- Step right and one arm comes up
- Step left and the other arm comes up
- Feet together
- Arms come up to a V
- Turn
- Repeat exercise

Creative movement

Coordination

Spatial awareness

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

Ribbons make movement visible. Watch arm pathways (up, circle, V), weight transfer in the side steps, and the controlled turn. Single-arm circles build *bilateral coordination*; the flowing ribbon encourages free, *expressive* creative movement.

● EYLF V2.0 LEARNING OUTCOMES

O3

O4

O5

O3 gross motor & spatial awareness; **O4** creative movement; **O5** expressing through a prop.

05 THEMED MOVEMENT EXPLORATION

Giraffes, Tigers & Elephants · Weeks 1, 4 & 7

No equipment

Weeks 1 · 4 · 7

● THE EXERCISE

GIRAFFE

- One arm reaches above head
- Rise onto tip toes
- Hold and stretch for 8 counts

ELEPHANT

- One arm extended in front as a trunk
- Sway side to side for 8 counts

TIGER

- Roar and step like a tiger for 8 counts
- Repeat
- Run on the spot for 8 counts
- Jump legs out
- Roar

Imagination

Balance

Creative movement

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

Each animal explores a different quality of movement — the giraffe stretches tall on tip-toes (*balance* & extension), the elephant sways low and heavy, the tiger is strong and dynamic. Look for children *embodying* each animal and contrasting high/low, light/strong.

● EYLF V2.0 LEARNING OUTCOMES

O2

O4

O5

O2 connection to the natural world (animals); O4 imagination; O5 non-verbal storytelling.

06 THEMED MOVEMENT EXPLORATION

Australian Bush Adventure · Weeks 2, 5 & 8

No equipment

Weeks 2 · 5 · 8

● THE EXERCISE

KANGAROO

- Bounce on the spot changing directions
- Arms bent in front
- Continue for 16 counts

KOOKABURRA

- Flap arms like a bird
- Bounce with legs

SNAKE

- Use arms moving across the body like a snake
- Repeat 8 times

EMU

- One arm reaches up
- Rise onto tip toes
- Balance on one leg
- Repeat on the other side
- Complete x4 times

Balance

Imagination

Connection to Country

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

A journey through Australian animals — the kangaroo bounces and changes direction, the snake crosses the midline, and the emu holds a *single-leg balance* on each side. Watch for body control, balance and the imaginative connection to the animals that share our land.

● EYLF V2.0 LEARNING OUTCOMES

O2

O3

O4

O2 connection to & contribution to our world — Australian animals & Country; O3 balance; O4 imagination.

07 THEMED MOVEMENT EXPLORATION

Under the Sea · Weeks 3, 6 & 9

No equipment

Weeks 3 · 6 · 9

● THE EXERCISE

Content to be added. *The Under the Sea themed movement for Weeks 3, 6 & 9 will be confirmed and added to this plan. It will follow the same Themed Movement structure — a short sequence of imaginative sea-creature movements exploring contrasting levels, dynamics and balance.*

Imagination

Creative movement

Balance

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

On release, observations will mirror the other Themed Movement segments — imaginative embodiment, contrasting movement qualities, and body control through creative play.

● EYLF V2.0 LEARNING OUTCOMES

O2

O4

O5

O2 connection to the natural world; O4 imagination; O5 expression. (Full mapping on release.)

08 THEMED MOVEMENT EXPLORATION

Child Favourite Theme · Week 10

No equipment

Week 10

● THE EXERCISE

- Review favourite animal movements from throughout the term
- Encourage children to demonstrate their favourite movements from the term

Confidence

Identity & agency

Social participation

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

The term comes full circle. Children recall and choose their favourite animal movements and lead them for the group. Look for *confidence, agency and pride* as each child makes a choice, demonstrates it, and is celebrated by their peers.

● EYLF V2.0 LEARNING OUTCOMES

O1

O4

O5

O1 identity & agency — children choose & lead; O4 confident learners; O5 communicating preferences.

09 GROSS MOTOR DEVELOPMENT

Gallops · Glitter Sticks

Glitter sticks — 1 each

Alternating weeks

● THE EXERCISE

- Gallop forward for 8 counts
- Big plié jump to face right
- Repeat until back facing the front
- Gallop for another 8 counts
- Finish by saying "WOAH Pony!"

Gross motor

Spatial awareness

Following instructions

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

Galloping is a key locomotor milestone. Watch the lead foot and the rhythm of the gallop, the plié jump to change direction, and spatial awareness as children travel and turn. The "WOAH Pony!" gives a joyful, shared finish.

● EYLF V2.0 LEARNING OUTCOMES

O3 O4 O5

O3 gross motor, locomotion & spatial awareness; **O4** involvement; **O5** responding to cues.

10 GROSS MOTOR DEVELOPMENT

Agility Dance

♪ We Go Together

No equipment

Alternating weeks

● THE EXERCISE

- Run on the spot
- Jump diagonally
- Jump on the spot turning to the side
- Repeat other side x4
- On the spot feet in and out x4 on the right
- Switch and repeat x4 on the left
- Repeat sequence x2
- Bounce on one foot
- Jump with arms up high and hands shaking x4
- Bounce down into a crouched position
- Pose

Agility

Balance

Following sequences

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

A fast, fun sequence building *agility, balance and coordination*. Watch directional jumps, the in-and-out footwork on each side, and the single-foot bounce. Following the multi-step sequence develops listening and motor planning; the final pose celebrates control.

● EYLF V2.0 LEARNING OUTCOMES

O3 O4 O5

O3 agility, balance & coordination; **O4** sustained effort; **O5** following sequences.

POM POM ACTIVITIES

11 Pom Pom Exercise A

♪ Shake It Off · Taylor Swift

Pom poms — 2 each

Alternating weeks

● THE EXERCISE

- Shake pom poms up in a V for 8 counts
- Shake pom poms down in a V for 8 counts
- Repeat
- March in a circle on the spot shaking pom poms x2
- Bop knees for 8 counts with pom poms on knees
- Repeat from the beginning

Rhythm

Gross motor

Listening skills

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

Pom poms add colour and rhythm. Watch the high/low V shapes (exploring *levels*), the marching circle, and the knee bops in time. The eight-count phrasing develops rhythm and listening; repetition builds confident, *joyful* participation.

● EYLF V2.0 LEARNING OUTCOMES

O3

O4

O5

O3 gross motor & rhythm; **O4** enthusiasm & involvement; **O5** moving to musical cues.

POM POM ACTIVITIES

12 Pom Pom Exercise B

Pom poms — 2 each

Alternating weeks

● THE EXERCISE

- Arms up
- Arms down
- Repeat
- Arms circle overhead with a jump
- Shake in front
- Repeat from the start
- Diagonal arms with right arm up
- Repeat on left side
- Two kicks
- Turn around
- Repeat
- March on the spot with arms coming up for 8 counts
- Repeat with arms coming down
- March on the spot for 8 counts

Coordination

Sequencing

Creative movement

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

A longer, livelier routine. Watch the overhead circle-and-jump, the diagonal arms on each side, the kicks and the turn. The sequence challenges *coordination and motor planning*; by the back half of term children perform it from memory with growing flair.

● EYLF V2.0 LEARNING OUTCOMES

O3

O4

O5

O3 coordination & sequencing; **O4** mastery via repetition; **O5** responding to music.

13

JAZZ DANCE

Jazz Dance

· Happy · Bula Bounce · I Like To Move It

No equipment

Rotating weekly

● THE EXERCISE

THIS TERM ROTATES BETWEEN

- Happy
- Bula Bounce — Waka Waka · Shakira
- I Like To Move It

BULA BOUNCE · FORWARD STEPS

- Step forward with one foot
- Arms go to the sky
- Repeat on the other leg
- Repeat sequence

BACKWARD STEPS

- Step backwards
- Arms come down
- Repeat sequence
- Complete x4

RAINBOW ARMS

- Rainbow arms over to the right
- Rainbow arms over to the left
- Repeat x4

ROLY POLY MARCH

- Roly poly marching on the spot backwards
- Clap
- Repeat the other way
- Complete x4

HIP CIRCLES

- Shake hips in a circle
- Repeat x2

FINISH

- Pose to finish

Gross motor

Coordination

Rhythm & timing

Bilateral movement

Balance

Confidence

Creative expression

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

The jazz dance is the performance highlight, rotating three routines across the term. The *Bula Bounce* choreography — forward and backward steps, rainbow arms, the roly-poly march and hip circles — builds gross motor control, coordination, rhythm and timing and *bilateral movement patterns*. Watch for memory, balance and body awareness, and the growing confidence and creative expression as children perform rather than follow.

● EYLF V2.0 LEARNING OUTCOMES

O1

O3

O4

O5

O1 identity as a performer; O3 wellbeing — gross motor, rhythm & balance; O4 confident & involved learners; O5 expression & communication.

14

COOL DOWN

Cool Down

· Same each week

♪ Younger You · Miley Cyrus

No equipment

Every week

● THE EXERCISE

- Sway arms side to side for 8 counts
- Sway down low for 8 counts
- Stretch arms to the roof
- Come down to touch feet
- Repeat
- Take a bow to each side
- Clap for everybody
- Pat yourself on the back

Self-regulation

Body awareness

Social participation

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

A calming, predictable close. Swaying and stretching bring the heart rate down and build *body awareness*; the bow, the clap for everybody and the pat on the back nurture *self-regulation*, *gratitude* and *positive self-regard*.

● EYLF V2.0 LEARNING OUTCOMES

O1 O3 O5

O3 self-regulation & wellbeing; O1 positive self-regard; O5 shared closing ritual.

15

LESSON CONCLUSION

Stickers for Everyone

Stickers

Every week

● THE EXERCISE

- Stickers for everyone

Belonging

Confidence

Positive reinforcement

● WHAT TO LOOK FOR · EDUCATOR OBSERVATIONS

Every child finishes the class celebrated. The sticker is a small, consistent ritual that says "you belong, and your effort matters" — building *belonging*, *self-confidence* and a positive association with movement that brings children back each week.

● EYLF V2.0 LEARNING OUTCOMES

O1 O3

O1 strong sense of identity & belonging; O3 positive self-regard.

DOCUMENTATION & REVIEW

Every class, mapped & ready to document.

Term 3 delivers all five EYLF V2.0 Learning Outcomes every week. Use the per-activity observations as documentation prompts, and record the children seen against the Little Shakers Observation & Reflection sheet after each session.

● What this plan delivers

- All 5 EYLF V2.0 Learning Outcomes addressed every single week.
- Confidence, coordination, balance & body awareness throughout.
- Listening, following instructions & social participation.
- Imagination & creative movement in every Themed segment.
- Allocated music for key routines & the full Bula Bounce choreography.

● Use alongside

- **EYLF Outcomes Sheet** — the activity-by-outcome matrix.
- **Observation & Reflection** — per-class & end-of-term record.
- **Educator Information Sheet** — props, cues & room setup.
- **10-Week Program** — the year-round cycle overview.

Move. Learn. Grow.

This Term 3 lesson plan preserves the Little Shakers structure, terminology and EYLF alignment in full — exercises are delivered exactly as written, and all five EYLF V2.0 Learning Outcomes are addressed every week, building confidence, coordination, balance, body awareness, listening, social participation, imagination and creative movement. Use alongside the EYLF Outcomes Sheet, the Observation & Reflection record and the Educator Information Sheet.

 EDUCATOR

 CENTRE

 DATE
