



Iowa Senior Center
120E. 1st Street
Iowa, La. 70647



July 2026

250 Years of Freedom Happy 4th of July

337-312-1781

SUN	MON	TUE	WED	Thu	FRI	SAT
	Tammy Vidrine 2nd Sylvia Guidry 7th Henry Kimball 7th Debbie Dorman 9th Anita Ramirez 22nd		1 8am Dominoes & Chair Exercise 8:30 Walk Exercise 9am Noodle V-Ball 9:30 Beanbag	2 8am Dominoes 9am Games 10 Red, White & Blue Bingo w/ Mandi Burke 4 th of July Lunch	3 Closed in Observance of 4th of July	
Blood Pressure check Tues. with Chanda w/Goodwill	6 8am Dominoes 8:30 Walk Exercise 9am Bingocize 9:30 Beanbag Baseball	7 8am Dominoes 10 Bingo w/Derrick from Freedom Behavior Blood Pressure Check w/ GW 11am Pokeno	8 8am Dominoes & Chair Exercise 8:30 Walk Exercise 9am Noodle V-Ball 9:30 Beanbag	9 8am Dominoes 9am Games 10am Speaker & Bingo w/ All about you Home Health	10 AARP Driver's Safety Class 8am until 12pm 10am Beanbag with Power center (away)	
	13 8am Dominoes 8:30 Walk Exercise 9am Bingocize 9:30am Beanbag Baseball	14 8am Dominoes 10am Bingo sponsored by Mary Fruge 11am Pokeno Monthly Birthday Celebration	15 8am Dominoes & Chair Exercise 8:30 Walk Exercise 9am Noodle V-Ball 9:30 Beanbag Baseball	16 8am Dominoes 9am Games 10am Bingo w/ Brittany Chavis Law 11am Corn Hole	17 8am Dominoes & Breakfast 8:30 Walk Exercise 9am Beanbag Baseball	
	20 8am Dominoes 8:30 Walk Exercise 9am Bingocize 9:30am Beanbag Baseball	21 8am Dominoes 10am Bingo w/Mary from Alzheimer's Association 11am Pokeno	22 8am Dominoes & Chair Exercise 8:30 Walk Exercise 9am Noodle V-ball 9:30 Beanbag 11 Roy's Kinder lunch w/Dequincy BB Players	23 8am Dominoes 9am Games 10am Bingo w/ Johnson Funeral Home 11am Corn Hole	24 8am Dominoes & Breakfast 8:30 Walk Exercise 9am Beanbag Baseball with Westlake Senior Center (Home)	
	27 8am Dominoes 8:30 Walking Exer. 9am Bingocize 9:30 Beanbag Baseball	28 8am Dominoes 10am Bingo w/ Riley Smith & Sons Funeral Home 11am Pokeno	29 8am Breakfast with Elected Officials 10am Beanbag	30 8am Dominoes 9am Games 10am Speaker & Bingo w/ Tashawna from The Verandah 11am Corn Hole	31 8am Dominoes & Breakfast 8:30 Walk Exercise 9am Beanbag Baseball	

VOLUNTEERS NEEDED

This center relies on volunteers to help with special events...serve food and help clean up afterwards. If you would like to volunteer, please call 312-1781.

Sponsorship / Investors

Sponsors are needed to help make our events successful for our seniors. We are looking for sponsors who can commit to a monthly donation for items needed for Bingo, Pokeno, Monthly Birthday celebrations and other special events such as Older American Month and events throughout the year. We would be needing and anticipating forming lasting partnerships that will be long term sponsorships with businesses or individuals who are willing to invest \$50 to \$100 monthly to defer cost of various activities, trips supplies, etc.

Wish List / Donations

The items listed below are a wish list for activities and upcoming events at our center. We also except monetary donations. Sponsors for Bingo and Pokeno-Bingo gifts are \$2.00-\$3.00 per item. Wish list of items are such as paper towels, toilet tissue, coffee, creamer, laundry detergent, fabric softener, dish washing liquid, bleach, meal in a box (Betty Crocker), 5-lb. sugar, 5-lb. rice, cake mix with icing, soups, juice, storage containers, cooking oil, bread, snacks, peanut butter crackers, instant packets, cereal, trash bags, etc... Pokeno items\$3.00 to \$10.00 House deco, gift certificates for restaurants...

ACTIVITY ITEMS NEEDED- vinyl for Cricut, hot glue sticks, ribbon, acrylic paints, and other craft items.

Please call 337-312-1781 if you or someone you know would like to donate any of the following items.

Thank you,

Colleen Johnson,
Iowa Senior Center Coordinator

We Find Joy in the Little Things!!