

July 2026

WESTLAKE SENIOR ACTIVITY CENTER
2001 JONES ST
337-312-1053



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1 Bean bag baseball 8:30 – 9:30 GAME ACTIVITIES 9:30 - NOON Chair Exercise	2 July 4th Celebration Bingo 10:00 a.m. – 11:00 a.m. Leslie Cabbage Holly Hill & Rosewood	3 Closed in observance of Independence Day	
	6 Bean bag baseball 8:30 – 9:30 Chair Exercise GAME ACTIVITIES 9:30 – 11:30 a.m.	7 8:30 – 9:30 a.m. Coffee w/Mayor Chair Exercise Bingo 10:00 a.m. – 11:00 a.m. Hixson's Funeral Home	8 Bean bag baseball 8:30 – 9:30 Chair Exercise GAME ACTIVITIES 9:30 – 11:30 a.m.	9 Bean bag baseball 8:30 – 9:30 Chair Exercise Bingo 10:00 a.m. – 11:00 a.m. CPSO Katie	10 Bean bag baseball 8:30 – 9:30 Chair Exercise GAME ACTIVITIES 9:30 – 11:30 a.m.	
	13 Bean bag baseball 8:30 – 9:30 Chair Exercise GAME ACTIVITIES 9:30 – 11:30 a.m.	14 Bean bag baseball 8:30 – 9:30 Chair Exercise Bingo 10:00 a.m. – 11:00 a.m. Lakin Mazilly High Hope	15 Lunch at Jeanne's BBQ 11:00 a.m.	16 Bean bag baseball 8:30 – 9:30 Chair Exercise Bingo 10:00 a.m. – 11:00 a.m. TaShawna Chrétien The Verandah	17 Food for Seniors 8am-9:30am	Happy Birthday Margie Welch 20th Alan Borel 20th Luisa Bertrand 24th Theresa Cox 27th
	20 Bean bag baseball 8:30 – 9:30 Chair Exercise GAME ACTIVITIES 9:30 – 11:30 a.m.	21 Bean bag baseball 8:30 – 9:30 Chair Exercise Bingo 10:00 a.m. – 11:00 a.m. Debie Raggio Johnson's Funeral Home	22 Bean bag baseball 8:30 – 9:30 GAME ACTIVITIES 9:30 - NOON Crafting Circle 10:00a.m. – noon	23 CPSO ANNUAL BINGO FREEDOM HALL CENTER WILL BE CLOSED	24 BBB with Iowa at Iowa 9:00 am.	
	27 Beanbag baseball with CPSO 9:30 a.m.	28 Bean bag baseball 8:30 – 9:30 Chair Exercise Bingo 10:00 a.m. – 11:00 a.m. Ashlee Guidry Sage Oak	29 Bean bag baseball 8:30 – 9:30 Chair Exercise Bingo 10:00 a.m. - 11:00 a.m. Kaleb Brinkley	30 Bean bag baseball 8:30 – 9:30 Chair Exercise Bingo 10:00 a.m. – 11:00 a.m. Rochelle Mallett JD Bank	31 Bean bag baseball 8:30 – 9:30 Chair Exercise GAME ACTIVITIES 9:30 – 11:30 a.m.	

VOLUNTEERS NEEDED

This center relies on volunteers to help with special events...serve food, help clean up afterwards and seasonal decorations. If you would like to consider being a volunteer, please call 337-312-1053 office; or 337-419-9765 cell.

Sponsorship / Investors

Investors/Sponsors are needed to help make our events successful for our seniors. We are looking for individuals or businesses who want to participate in a long-term relationship with us and are willing to invest \$100 monthly or \$1200 annually to defer the cost of items needed for trips, bingo, Pokeno, birthday celebrations, luncheons, and other special events such as Older American Month, Senior Center Month, and other events throughout the year. *Please call or email the center for more information at pgolding@calcoa.org or lgaskin@calcoa.org*

WISH LIST / DONATIONS

The items listed below, is a wish list for activities, ongoing classes, and upcoming events at our center. We also accept **monetary donations**.

Sponsors for Bingo - Bingo gifts are \$2.00 - \$3.00 Items such as: potatoes, onions, paper towels, stamps, coffee & creamer, laundry detergent, fabric softener, dish washing liquid, bleach, personal hygiene items (shampoo with conditioner, lotion, body wash, etc.) cough drops, meal in a box (Betty Crocker, etc.) fresh fruits, juice, cake mix with icing, pancake mix with syrup, canned meat, food storage containers, bottled water, juice, soda, tea, gift certificates to restaurants, car wash, etc. 1 consolation prize valued at least \$10.00.

Activity items needed: vinyl and HTV vinyl, cardstock, scrapbook paper & embellishments, ribbon, beads, acrylic paint, variety of birthday and get-well cards, and any other craft items.

Major Activity item Wanted: Shuffleboard Table and/or Foldable Indoor Table Tennis Table; Dart Board

Please call 337-312-1053 or 337-419-9765 if you or someone you know would like to donate any of the following items on this Wish List.

Thank You
Pam Golding, Program Coordinator
pgolding@calcoa.org
(337) 312-1053 office

Happy 250th Birthday America

"Freedom is never more than one generation away from extinction. We didn't pass it to our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same." — Ronald Reagan