







MAY 2026

HEALTH CENTER ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER OR OTHER CIRCUMSTANCES. CHANGES WILL BE POSTED.	LEGEND IL = INDEPENDENT LIVING AL = ASSISTED LIVING DR = DINING ROOM RLR = REHAB LIVING ROOM CS = COFFEE SHOP	MAY BIRTHDAYS JOANNE PINKERTON 1ST - HC 	GARY THOMAS 24TH - HC DOLLIE FISCHER 30TH - HC	9:00-11:00 SE Polk <u>1</u> SENIOR SCIP DAY - Seniors will decorate front of building sidewalk w/ chalk art, etc. 3:00 Happy Hour - lobby	 <u>2</u>
9:45 Church service - Chapel <u>3</u> 9:15-9:45 Praying the Rosary (Catholic) - CR 9:45 Catholic Service - Community Room	2:30 Bingo - Assisted Living Dining Room <u>4</u>	11:00 Devotions - Rehab living room <u>5</u> 1:15 PVV Bell Choir practice - Chapel	9:00 Bank Iowa - lobby <u>6</u> 2:30 Bingo-Assisted Living Dining Room	10:00 Sing-a-long Songs from the past - Chapel <u>7</u> 2:30 Bingo - DR 4:00 Devotions - Chapel	9:00 Nail care <u>8</u> 10-11:30 Altoona Public Library - Chapel 2:00 Bingo -Independent Living Dining Room 3:00 Happy Hour - lobby	 <u>9</u>
9:45 Church service - Chapel <u>10</u> 9:15-9:45 Praying the Rosary (Catholic) - CR 9:45 Catholic Service - Community Room MOTHER'S DAY ***	1:15 Sing a long w/Pat Hand - Chapel <u>11</u> 2:30 Bingo - Assisted Living Dining Room	10-11 Men's Bible Study - Chapel <u>12</u> 11:00 Devotions - Rehab Living Room 1:15 Prairie Vista Bell Choir practice - Chapel	9:00 Bank Iowa-lobby <u>13</u> 2:30 Bingo - Assisted Living Dining Room	9:00 Nail care - DR <u>14</u> 9:30 Bank CSB - lobby 10:00 Sing-a-long - Songs from the past - Chapel <u>15</u> 2:30 Bingo - DR 4pm Devotions - Chapel	3:00 Happy Hour - lobby	2:30 Bingo - Dining Room <u>16</u>
9:45 Church service - Chapel <u>17</u> 9:15-9:45 Praying the Rosary (Catholic) - CR 9:45 Catholic Service - Community Room	11:00 Picnic at Copper Creek Lake <u>18</u> 2:30 Bingo - Assisted Living Dining Room	11:00 Devotions - Rehab living room <u>19</u> 1:15 Prairie Vista Bell Choir practice - Chapel	9:30 Show n' Tell -bring a special item to talk about <u>20</u> 10:00 Catholic Mass-Chapel 11:45 Chair Yoga - DR 2:30 Bingo - AL Dining Rm	10:00 Parkinsons' Meeting - Chapel <u>21</u> 2:30 Bingo - DR 4:00 Devotions - Chapel	9:00 Nail care <u>22</u> 2:00 Bingo -Independent Living Dining Room 3:00 Happy Hour - lobby	2:30 "Grace Ballet" Dance Studio Performances - Independent Living Dining Room <u>23</u>
9:45 Church service - Chapel <u>24</u> 9:15-9:45 Praying the Rosary (Catholic) - CR 9:45 Catholic Service-Community Rm <u>31</u>	 MEMORIAL DAY <u>25</u>	10:00 Mens Bible Study/Chapel <u>26</u> 11:00 Devotions - RLR 1:15 Prairie Vista Bell Choir practice - Chapel 2:30 Res Council-Rehab DR	9:00 BANK IOWA <u>27</u> 9:30 Sequence - Dining Room 11:45 Chair Yoga - DR 2:30 Bingo - Assisted Living Dining Room	9:30 Bank CSB-lobby <u>28</u> 10:00 Sing-a-long - Songs from the past - Chapel <u>29</u> 2:30 Bingo - DR 4:00 Devotions - Chapel	9:00 Nail care <u>29</u> 2:00 Bingo - Independent Living Dining Room 3:00 Happy Hour - lobby	 <u>30</u>

*** NATIONAL SKILLED NURSING CARE WEEK - - - - - SEE FLYERS FOR THIS WEEKS SPECIAL EVENTS***