

SEPTEMBER 2026 INDEPENDENT LIVING ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>SEPTEMBER BIRTHDAYS</u> MARGARET HARRIS 2ND - IL MONTE MATHEWS 3RD - HC 	DEE JOHNSTON 6TH - AL DONNA WOODARD 6TH - HC JAN SCHULTZ 7TH - IL 	LINDA GRIMES 9TH - IL JOHN POOL 12TH - HC JUDY BAKER 12TH - HC DALE BELCHER 12TH - AL 	JOANNE BURGESS 15TH - HC MARGARET WIESE 23RD - IL ANNABELLE GLASER 24TH - IL 	<u>1</u> 1:30 Scrabble - outside of Chapel 2:00 Dominos - 2nd Floor Game Room
<u>LEGEND</u> CR = Community Room DR = Dining Room IL = Independent Living AL = Assisted Living HC = Health Center CS = Coffee Shop	 	<u>1</u> 10:00 MEN'S BIBLE STUDY - CHAPEL 10:30 Exercises - Community Room 1:15 Bell Choir practice - Chapel 2:00 BBB practice - DR 3:00 "Chicken Soup for the Soul" - Dining Room 6:00 Cribbage - Community Room	<u>2</u> 9:00 Bank Iowa - lobby 2:00 Pegs & Jokers 2:30 Bingo - AL Dining Room	<u>3</u> 10:30 Exercises - Community Room 1:00 Skipbo - Assisted Living Dining Room 2:00 Women of Faith Bible Study - CR 2:30 Bingo - HC Dining Room 4:00 Devotions - Chapel	<u>4</u> 9:30 Shopping trip - Walmart 3:00 Happy Hour - cheese, sausage, crackers - lobby	<u>5</u> 1:30 Scrabble - outside of Chapel 2:00 Dominos - 2nd Floor Game Room
<u>6</u> 9:45 Church Service - Chapel 9:15-9:45 Praying the Rosary (Catholic)-CR 9:45 Catholic Service - CR	<u>7</u> 	<u>8</u> 10:30 Exercises -CR 1:15 Bell Choir practice - Chapel 2:00 BBB practice - DR 6:00 Cribbage - CR	<u>9</u> 9:00 Bank Iowa - lobby 2:00 Pegs & Jokers 2:30 Bingo - AL DR	<u>10</u> 10:30 Exercises -Community Room 1:00 Skipbo - Assisted Living Dining Room 2:30 Bingo - HC DR 4:00 Devotions- Chapel	<u>11</u> 10:00-11:30 Altoona Public Library - Chapel 3:00 Happy Hour - Iowa/Iowa State themed WEAR IOWA/IOWA STATE GEAR TODAY!	<u>12</u> 1:30 Scrabble - outside of Chapel 2:00 Dominos - 2nd Floor Game Room 6:30 Iowa State vs. Iowa Game on NBC 

SEPTEMBER
2026

INDEPENDENT LIVING
ACTIVITY CALENDAR

Becky - Activity Director (515) 412-1385
 Dawn- Activity Assistant (515) 412-1378

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 9:45 Church Service - Chapel 9:15-9:45 Praying the Rosary (Catholic)-CR 9:45 Catholic Service - CR 3:00 MOVIE - "SECONDHAND LIONS" - INDEPENDENT LIVING DINING ROOM 	14 1:15 Sing-a-long with Pat Hand - Chapel NO BINGO IN ASSISTED LIVING TODAY 	15 10-11 Men's Bible Study - Chapel 10:30 Exercises - CR 1:15 Bell Choir Practice - Chapel 2:00 Bean bag baseball practice - DR 6:00 Cribbage - CR	16 9:00 Bank Iowa -lobby 2:00 Pegs & Jokers – 2nd floor Game room NO BINGO IN ASSISTED LIVING TODAY	17 10:00 Parkinson's Meeting - Chapel 10:30 Exercises - CR NO SKIPBO TODAY IN ASSISTED LIVING 2:30 Bingo - HC DR 4:00 Devotions- Chapel	18 9:30 Shopping - Fareway 3:00 Happy Hour - AL parking lot with Car Show for AL Week - Snack mix 	19 1:30 Scrabble - outside of Chapel 2:00 Dominos - 2nd Floor Game Room
20 9:45 Church Service - Chapel 9:15-9:45 Praying the Rosary - CR 9:45 Catholic Service - CR	21 1:15 Resin Craft w/ Dawn - Community Room 2:30 Bingo - Assisted Living Dining	22 10:30 Exercises - Community Room 1:15 Bell Choir practice-Chapel 2:00 Bean bag baseball practice - DR 6:00 Cribbage - CR FALL BEGINS 	23 9:00 Bank Iowa - lobby 10:00 Catholic Mass - Chapel 2:00 Pegs & Jokers 2:00 Bean bag baseball game - TBA 2:30 Bingo - AL Dining Room	24 10:30 Exercises - CR 1:00 Skipbo- Assisted Living Dining Room 2:30 Bingo - HC Dining Room 3:00 Chit Chat & Casey's Pizza - DR 4:00 Devotions - Chapel	25 2:00 Bingo - DR 3:00 Happy Hour - popcorn - lobby 3-3:30 Green's Green's Flowers for sale at Happy Hour	26 1:30 Scrabble - outside of Chapel 2:00 Dominos - 2nd Floor Game Room 2:30 Bingo - HC Dining Room
27 9:45 Church Service - Chapel 9:15-9:45 Praying the Rosary (Catholic) - CR 9:45 Catholic Service - Community Room	28 2:30 Bingo - AL DR 2:30 Music in Health Center Dining Room—Ed Kelly/Jane Tody 4:00 Supper Outing - Bordenaro's Pizza & Pasta-Des Moines 	29 10-11 Men's Bible Study - Chapel 10:30 Exercises - CR 1:15 Bell Choir practice-Chapel 2:00 Bean bag baseball practice - DR 6:00 Cribbage - CR	30 9:00 Bank Iowa - lobby 2:00 Pegs & Jokers 2:00 Bean bag baseball game - TBA 2:30 Bingo - AL Dining Room	ORANGE = PLEASE SIGN UP FOR OUTINGS IN THE OUTING BOOK IN THE MAIL ROOM!	Activities are subject to change due to weather or other circumstances. Changes will be posted.	EVERY FRIDAY 3:00-4:00PM Green's Green's Flowers for sale at Happy Hour - LOBBY 