WEEK OF October 4th

Week 1

Fall with Flavor

Seasoned with Love

SUN 4	MON 5	TUE 6	WED 7	THU 8	FRI 9	SAT 10
Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Breakfast Pastry**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Pancake**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Omelet**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Sausage Gravy & Biscuit**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Waffles**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Breakfast Potatoes**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Muffin**
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Black-Eyed Pea Soup	Garden Vegetable Soup	Chicken Wild Rice Soup	Minestrone Soup	French Onion Soup	Chicken Noodle Soup	Broccoli Cheddar Soup
Pot Roast with Gravy Harvest Roasted Potatoes, Carrots & Onions **OR** Chicken Cordon Bleu Wild Rice Broccoli Florets **Pie Ala Mode**	Honey Glazed Pork Loin Baked Sweet Potato Sesame Green Beans Dinner Roll **OR** Chili Shredded Cheese Diced Onion Cornbread Toss Salad/Dressing **Blueberry Buckle**	Hard Shell Taco Pinto Beans Corn Black Bean Salad **OR** Sweet Sausage Manicotti Zucchini Parmesan **Coffee Cream Dessert**	Turkey Pot Pie Beet Salad **OR** Beef Burgundy Noodles Spinach **Caramel Apple Crisp**	BBQ Chicken Loaded Baked Potato Roasted Brussel Sprout Halves Parmesan Rolls **OR** French Dip Tater Tots Carrot Raisin Salad **Apple Peanut Butter Cake**	Blackened Salmon w/Tomato Hollandaise Sauce Red Beans with Rice Roasted Aspargus Cornbread **OR** Fried Chicken Bowl **Cookie Fluff**	Maple Glazed Meatloaf Garlic Parmesan Mashed Potatoes Spinach w/ Vinegar Roll/Butter **OR** Chicken Bacon Alfredo Pizza Italian Green Salad/Dressing **Gelatin Parfait**
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Reuben Sandwich Potato Salad Three Bean Salad **OR** Shrimp & Vegetables Rice Noodles Egg Roll **Toffee Desert**	Pancakes/Syrup Scramble Eggs w/ Ham **OR** Philly Chicken Sandwich w/ Peppers & onions Potato Chips Seasonal Veg **Berry Cup**	Luncheon Steak with Onion Gravy Cheddar Mashed Potatoes Seasoned Peas Bread/Butter **OR** Creamy Turkey Tetrazzini Stewed Tomatoes Bread/Butter **Lemon Trifle**	Italian Grinder Italian Pasta Salad Creamy Cucumber Salad **OR** Ham and Bean Soup Cornbread **Mandarin Oranges**	Tuna Melt Lettuce & Tomato Slice Coleslaw Potato Chips **OR** Chicken, Rice & Broccoli Casserole Garden Salad **Puppy Chow Krispie**	Southwest Soup Herbed Fresh Baked Bread Toss Salad with Dressing **OR** Grilled Turkey & Swiss Sandwich Potato Salad Pea Salad **Ice Cream**	Ham Salad On Croissant Sweet Potato Puffs Relish Plate **OR** Polish Sausage Sauerkraut Sweet Potato Puffs **Peanut Butter Cup Dessert**

WEEK OF OCTOBER 11th

Week 2

Fall with Flavor

Seasoned with Love

SUN 11	MON 12	TUE 13	WED 14	THU 15	FRI 16	SAT 17
Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Pastry**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Pancake**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Spinach Frittata**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Sausage Gravy & Biscuit**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Scones**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Breakfast Sandwich**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, Fruit **Danish**
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Tangy Garden Vegetable Soup	Tomato Soup	Vegetable Barley Soup	Ham & Bean	Italian Wedding Soup	Chicken & Dumpling Soup	Chefs Choice Soup
Smoked Beef Brisket French Onion Mashed Potatoes Steamed Whole Baby Carrots **OR** Turkey & Stuffing Cranberry Sauce Mixed Vegetables **Cream Pie**	Chicken Fried Chicken Mashed Potatoes Country Gravy Lima Beans Dinner Roll **OR** Everything Ham & Cheese Slider Deviled Egg Potato Salad Sweet Pepper Slaw **Blueberry Cheesecake**	Taco Salad Chips & Salsa Fruit **OR** Pineapple Ham Loaf Baked Potato Casserole Cascade Blend Vegetables **Vanilla Almond Cake**	Chicken Cacciatore Garlic Parmesan Pasta Italian Blend Vegetables **OR** Beef Pot Pie Cranberry Fruit Salad **Sherbet**	Salisbury Steak Mashed Potatoes Beef Gravy Creamed Corn Bread/Butter **OR** Pulled Pork Potato Salad Baked Beans Dill Pickle Spear **Warm Turtle Bread Pudding**	Catch Of The Day White Cheddar Macaroni & Cheese Seasoned Cabbge Bread/Butter **OR** Chili Dog Tater Tots Carrot/Celery Sticks Vegetable Dip **Pineapple Upside Down Cake**	Smothered Pork Chop Hashbrown Casserole Roasted Beets Dinner Roll **OR** Stuffed Green Pepper Corn **Strawberry Crunch**
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Cheeseburger Bowl* Caesar Salad **OR Deli Sandwich Soup of the Day **Chocolate Mint Brownie**	Cheesy Tuna Noodle Casserole Broccoli Bread/Butter **OR** Chef's Choice **Rosy Applesauce**	BBQ Pork Ribette Smokey Mac & Cheese Seasoned Peas Dinner Roll **OR** Soup of the Day Turkey & Cheese Club Sandwich Marinated Vegetables **Chocolate Eclair**	Cheddar Burger Curly Fries Three Bean Salad **OR** Autumn Cobb Salad Muffin **Peaches**	Tomato Soup Grilled Cheese Sandwich Crackers Creamy Cucumber Salad **OR** Pizza Garden Salad Bowl **Iced Oatmeal Cookie Bar**	Shrimp Pasta Alfredo Parslied Cauliflower Garlic Bread **OR** Swedish Meatballs Rice Pilaf Green Beans **Lemon Bar**	Roast Turkey French Dip Potato Chips Tomato Slices **OR** Chicken Tenders French Fries Vegetable Blend **Gelatin Parfait with Whipped Topping**

WEEK OF OCTOBER 18TH

Week 3

Fall with Flavor

Seasoned with Love

SUN 18	MON 19	TUE 20	WED 21	THU 22	FRI 23	SAT 24
Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Cinnamon Roll**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Pancake**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Omelet**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Sausage Gravy & Biscuit**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **French Toast**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Breakfast Sandwich**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, Fruit **Banana Bread**
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Creamy Tuscan Soup	Corn Chowder	Cabbage Soup	Mushroom Barley Soup	Potato Soup	Chicken & Vegetable Soup	Broccoli Cheddar Soup
Chicken & Noodles Carrots Bread/Butter **OR** Pineapple Glazed Ham Baked Sweet Potato Broccolini **Assorted Pie**	Open Face Hot Turkey Sandwich Mashed Potatoes & Gravy Spinach with Vinegar **OR** White Chicken Chili Herb Biscuits Garden Salad Bowl **Peach Cobbler**	Shredded Beef Burrito Salad w/ Southwest Dressing **OR** Fried Pork Chop Au Gratin Potatoes Harvard Beets **Cherry Pretzel Dessert**	Spaghetti with Meat Sauce Italian Blend Vegetables Garlic Cheese Bread **OR** Navy Beans & Ham Toss Salad/Dressing Cornbread Muffin **Chocolate Gooey Cake**	Fried Chicken Southern Baked Macaroni & Cheese Cascade Blend **OR** Hot Turkey Slider Sweet Pepper Slaw Italian Pasta Salad **Sherbet**	Salmon with Sun Dried Tomato Cream Sauce Roasted Red Potatoes Bread **OR** Herbed Pork Loin Garlic Buttered Rice Carrots & Apples w/ Brown Sugar Glaze **Cherry Cheesecake Fluff**	Country Style Ribs Baked Beans Corn on the Cobb **OR** Smash CheeseBurger on Bun Tomato/Lettuce/ Onion/Pickle Potato Wedges **Root Beer Float**
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Monte Cristo Sandwich Tater Tots Brussel Sprouts w/ Craisins **OR** Hot Dog on a Bun Baked Beans Potato Salad **Chocolate Chip Cookie**	Pork Stroganoff Noodles Seasoned Peas Roll **OR** Fish & Chips Coleslaw **Peanut Butter Brownie**	BBQ Sloppy Joe on Bun Potato Wedges Scalloped Corn **OR** Chef's Choice **Banana Cream Tart**	Baked Potato Dice Ham Shredded Cheese Black Olives Sour cream Steamed Broccoli **OR** Breaded Pork Tenderloin on Bun Tomato/Lettuce/ Onion Deviled Egg Potato Salad **Choc Chip Cookie**	French Dip with Au Jus Potato Chips Creamy cucumber salad **OR** Chicken, Rice & Broccoli Casserole Roll/Butter Pickled Beets **Lemon Burst Cake**	Baked Chicken Legs Sour Cream Mashed Potatoes Lima Beans Roll **OR** Cheesy Tuna Noodle Casserole Basil Tomatoes **Spice Cookie**	Cranberry Chicken Salad on Croissant Baked Chips **OR** Swedish Meatballs Mashed Potatoes Mixed Vegetables Bread/Butter **Strawberry Fruit Whip**

WEEK OF OCTOBER 25TH

Week 4

Fall with Flavor

Seasoned with Love

SUN 25	MON 26	TUE 27	WED 28	THU 29	FRI 30	SAT 31
Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Pastry**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Pancake**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Omelet**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Sausage Gravy & Biscuit**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Pancakes**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, and Fruit **Breakfast Potatoes**	Hot or Cold Cereal Choice of: Breakfast Meat, Egg, Fruit **Cinnamon Roll**
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Wisconsin Cheese Soup	Asiago Cauliflower Soup	Chicken Taco Soup	Beef Barley Soup	Tomato Soup	Garden Vegetable Soup	Lentil Soup
Garlic Roasted Pork Cranberry Sauce Stuffing Seasoned Green Beans Roll/Butter **OR** Beef & Vegetable Stew Cornbread **Pie A La Mode**	Swiss Steak w/ Tomatoes Mini Baker Potatoes Squash Parmesan Roll **OR** Cajun Chicken Alfredo Pasta Caesar Salad **Sherbet**	Enchilada Tater Tots **OR** Turkey A La King Puff Pastry Vegetable Blend **Banana Foster Poke Cake**	Sweet & Sour Chicken Asian Blend Veg Veg Egg Roll **OR** Classic Quiche Fresh Fruit Muffin **Cinnamon Roll Cherry Cobbler**	Glazed Meatloaf Mashed Potatoes Green Beans Roll/Butter **OR** Tuna Melt Potato Salad Beet Salad **Peanut Butter Brownie**	Old Bay Seasoned Fish Fried Potatoes Sauteed Red Cabbage Cornbread **OR** Pulled Pork Hoagie Cowboy Beans **Cinnamon Baked Apples**	Lasagna Toss Salad/ Dressing Garlic Roll **OR** Grilled Ham Steak Scalloped Potatoes Broccoli & Cauliflower **Berry Cup**
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Egg Salad Sandwich Club Spinach Fresh Grapes **OR** Cheesy Chicken Casserole Stewed Tomatoes **Chocolate chip Blondie Bar**	Teriyaki Pork Bites Wild Rice Brussel Sprouts **OR** Tomato Basil Soup Grilled Cheese Sandwich **Tapioca Pudding**	Bubble Pizza Toss/Salad Dressing **OR** Brunswick Stew Cheddar Biscuit **Fruit Fluff**	Bacon Cheeseburger on Bun Lettuce/Tomato/ Onion Steak Fries **OR** Ham Tetrazzini Cascade Blend Veg **Fruited Gelatin**	Grandma's Goulash Tossed Greens with Vinegar & Oil Bread/Butter **OR** Potato Soup ½ Deli Sandwich **Mixed Fruit**	Spam Dog on bun Sweet Potato Puffs Pea Salad **OR** Chef's Salad Muffin **Pineapple Chunks**	Chicken Salad on Croissant Vegetable Soup Copper Penny Salad **OR** Turkey Cottage Pie California Blend Veg Bread/Butter **Snickernoodle Cookie**